

SYMPOSIUM
on **YOUNG**
AMERICAN
MEN



THE LAFAYETTE COMPANY • RELEASED SEPTEMBER 24, 2026

YOUNG AMERICAN MEN SURVEY 2026

Survey of Registered Voters, Men Ages 18 to 30 • National

— September 15 – 18, 2026 | n=800 | $\pm 3.46\%$ | youngamericanmen.com/data/2026

TERMS OF USE

USING THIS DATA

ALWAYS LINK TO THE SOURCE

Every use links to youngamericanmen.com/data/2026, or to the question's own page, given on each slide. In print or on air, name youngamericanmen.com.

CREDIT THE SYMPOSIUM

Credit the Symposium on Young American Men, Young American Men Survey 2026. Cygnal fielded the survey; name it as the pollster where you name one.

REPORT THE SAMPLE

Quote figures as published, with the sample: 800 registered voters, men aged 18 to 30, fielded September 15–18, 2026, margin of error $\pm 3.46\%$.

USE CHARTS UNALTERED

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CREDIT LINE TO USE

Source: Symposium on Young American Men, Young American Men Survey 2026, youngamericanmen.com/data/2026. Fielded by Cygnal, Sept. 15–18, 2026; 800 registered voters, men 18–30; $\pm 3.46\%$.

KEY FINDINGS

Heading into the November midterms, Democrats hold a 17-point lead (D+17) on the generic ballot (57-40) among the likely voting electorate of young men age 18-30, which are those who are the most determined to vote (9-10).

Men with mid determination (6-8) split almost evenly, 47% R to 45% D. Republicans hold a 12-point lead (39-26) among the 28% of men who aren't likely to vote at all. Combined, it lands at 44% D - 41% R. The Republican share of these men is real, but badly distributed and concentrated among those history says will stay home, while the men most certain to vote are the most Democratic.

55% of young men say their life is on track vs 40% off track, and that belief tracks directly with vote determination.

Men in the likely voting electorate in November are +21 on this question (59-38), while the unmotivated, likely non-voters are more evenly divided (46-46). The men staying home are more likely to feel their lives aren't working, and nothing about the upcoming election has convinced them that their vote can change anything.

KEY FINDINGS

Republicans lead by 5 among non-college men in the likely voting electorate in November (39%).

Democrats lead by 36 among the 22% with some college, and by 32 among the 38% with a degree. No party or figure tested is well liked here (Trump at -17 net favorability, Vance at -10, the Republican Party at -9 and the Democratic Party at -1). Among the men in the likely voting electorate in November, the Democratic Party is the only one above water at +14, against Trump at -19, Vance at -15 and the Republican Party at -12. Republican strength sits where turnout is hardest to produce.

63% of young men want the federal government doing more about the problems facing young men, including 67% of Republican-ballot men and 67% of Democratic-ballot men.

Inflation is the top vote driver at 29%, rising to 35% among men certain to vote, with housing second at 14%. Trump 2024 voters who aren't voting Republican say the same thing in the open ends, citing broken promises and nothing delivered rather than any ideological break. This is not a demand for a smaller federal role.

INSIGHTS & ANALYSIS

KEY FINDINGS

43% of young men believe the rules in this country are set up against young men like them, while 47% say the rules work for them.

Belief that the rules work for them runs highest among men tied to institutions and relationships: current or former fraternity members (60%), college graduates (56%), and men who are married (52%) or in a relationship (56%), compared with 41% of single men. Men who say the rules definitely work for them are the most motivated voters: 64% are highly determined to vote, compared with about 40% of everyone else. Men who say the rules only mostly work for them (41%) are no more motivated than men who say the rules are against them.

46% of young men say most Americans see them as people worth investing in.

40% say a problem to be managed. On-track men take the positive view (54-34). Off-track men reverse it (38-50). Among men who say the rules are set against them, 55% say Americans see young men as a problem, against 32% of men who say the rules work for them. What moves is perceived regard, not material position.

KEY FINDINGS

42% of career-track men say the rules are set up against them, against 50% of men who are not working.

An 8-point gap is not much for a question that sounds like it should split on circumstance. 38% of men whose own lives are on track still say the rules work against them. On the ballot the belief is invisible, with each party drawing 43% of its support from these men. The grievance is real and it is widely held, but it does not sort by who is succeeding and it does not sort by party.

Whether a young man is working at all separates on-track from off-track far more than what kind of work he has.

64% of the 48% on a career track say their life is on track. So do 55% of the 25% holding a job that pays the bills and is not a career. The 17% not working fall to 32%. Household and financial standing cut deeper (59% on track among men paying their own way, 50% among men living with parents, and 65% of the 72% who feel control over their financial future against 31% of the 25% who do not).

KEY FINDINGS

46% of young men have belonged to an organization that made a real difference in their life, most commonly a religious group (25%), sports team (18%), or jobs (17%).

Organizational belonging predicts other kinds of thriving. Men who belong are more likely to be on a career track (59% vs. 41% of non-members), to have a mentor (70% vs. 39%) and to be highly determined to vote (52% vs. 38%).

39% of young men say their closest male friendships were built through doing things together.

Male attachment is a byproduct of shared activity, which is why physical space matters. Work is where 46% spend time around mostly other men, then sports or the gym (38%) and school (19%). 21% are never regularly around just other men. And this group is less engaged elsewhere, 39% are unlikely to vote, compared to 25% of those who have male-only spaces. Nonworking men are worse off, with 49% never in male-only spaces.

KEY FINDINGS

53% have a male mentor outside the home who cares how they turn out.

17% want one and do not have one. The men who want one and lack it are more likely to say their life is off track (55%). Further out, 15% don't turn to anyone in their life when something goes seriously wrong. 10% have nobody they could call at 2 AM. Men with no one to turn to are just as likely to be on a career track and be in financial control of their life, but are much more likely to lack maleonly spaces (34%) compared those with people to turn to (19%).

56% of young men talk about faith, religion, or spirituality with their male friends at least sometimes.

29% go to a church or religious leader when they want to learn more and 27% go to family, both ahead of social media (18%) and podcasts or YouTube (18%). Among men 18 to 21, social media draws roughly even with church or a religious leader (23% and 22%).

KEY FINDINGS

Lowering the cost of groceries and everyday goods is the change 38% of young men say would most affect their own life.

Cheaper housing follows at 32%, then tax cuts (19%), and entry-level jobs that do not require a degree (18%). Personal priorities line up the same way. Earning enough to cover costs is the most important thing to get right for 21%, ahead of mental health (17%) and physical health (14%).

58% of young men think women their age expect them to make good money, 14 points ahead of being able to protect and take care of them (44%).

Only 22% say women expect them to split things fifty-fifty. The expectation these men perceive is provision. It sits directly on top of the cost-of-living pressure they name as the central obstacle in their own lives.

KEY FINDINGS

68% of young men would feel out of place working in at least one female-dominated field.

Childcare (31%) and nursing and healthcare (31%) lead. The discomfort is not confined to caregiving work. Skilled trades draw the opposite reaction, with 31% actively interested in trade work, 13% already doing it, and 35% who would take it if forced.

30% of young men want to get married and are confident they will, while 25% want marriage, but don't see it happening for them.

The doubtful group is more single (81% against 65% overall) and likelier to be off track (45%). But their work situation is identical to everyone else's (49% career track). Where they differ is in perceived regard and support. 39% think the country sees young men as worth investing in (versus 55% of the confident group), and 24% want a mentor they do not have (11% of confident men).

TRUMP-ALIGNED REPUBLICANS

42%

of young men

They post a 92% Republican generic ballot, a 76-21 Trump image and 72% who backed Trump in 2024. They are also the most institutionally anchored group in the study. 64% say life is on track, 58% report a mentor, 52% name work as where they spend time around other men and 51% say the rules work for someone like them. Inflation (27%), housing (15%) and jobs (11%) drive their vote, and 67% still want government doing more than it is doing now. The group tends to be Republican, conservative, suburban, lower to middle income, white, and non-college educated.

CHECKED-OUT NONVOTERS

10%

of young men

They have no formed politics at all. 84% hold no ballot preference, 64% report low determination to vote, 47% did not vote in 2024 and 41% have no opinion of Trump. The detachment is social as much as political. 48% say there is nowhere they spend time around other men, 24% report no close male friendships, 42% live with family, 28% are not working and 35% don't look for faith anywhere. The group tends to be politically independent, younger (35% are 18-21), lower income (60% under \$50k), more racially diverse, and non-college educated.

DEMOCRATIC YOUNG MEN

47%

of young men

deliver an 87% Democratic ballot, a 9-90 Trump image and 40% who are certain they will vote, the highest of any segment. They are the most politically engaged group and the least confident about their own lives. Only 52% say life is on track against 47% off track, 20% name mental health as their top personal priority and 32% say children are not something they plan on. Their politics is economic before ideological. Inflation is the top vote driver (34%), 44% name grocery costs and 33% housing, and 67% want government doing more. The group tends to be liberal, suburban, lower to middle income, and college educated.

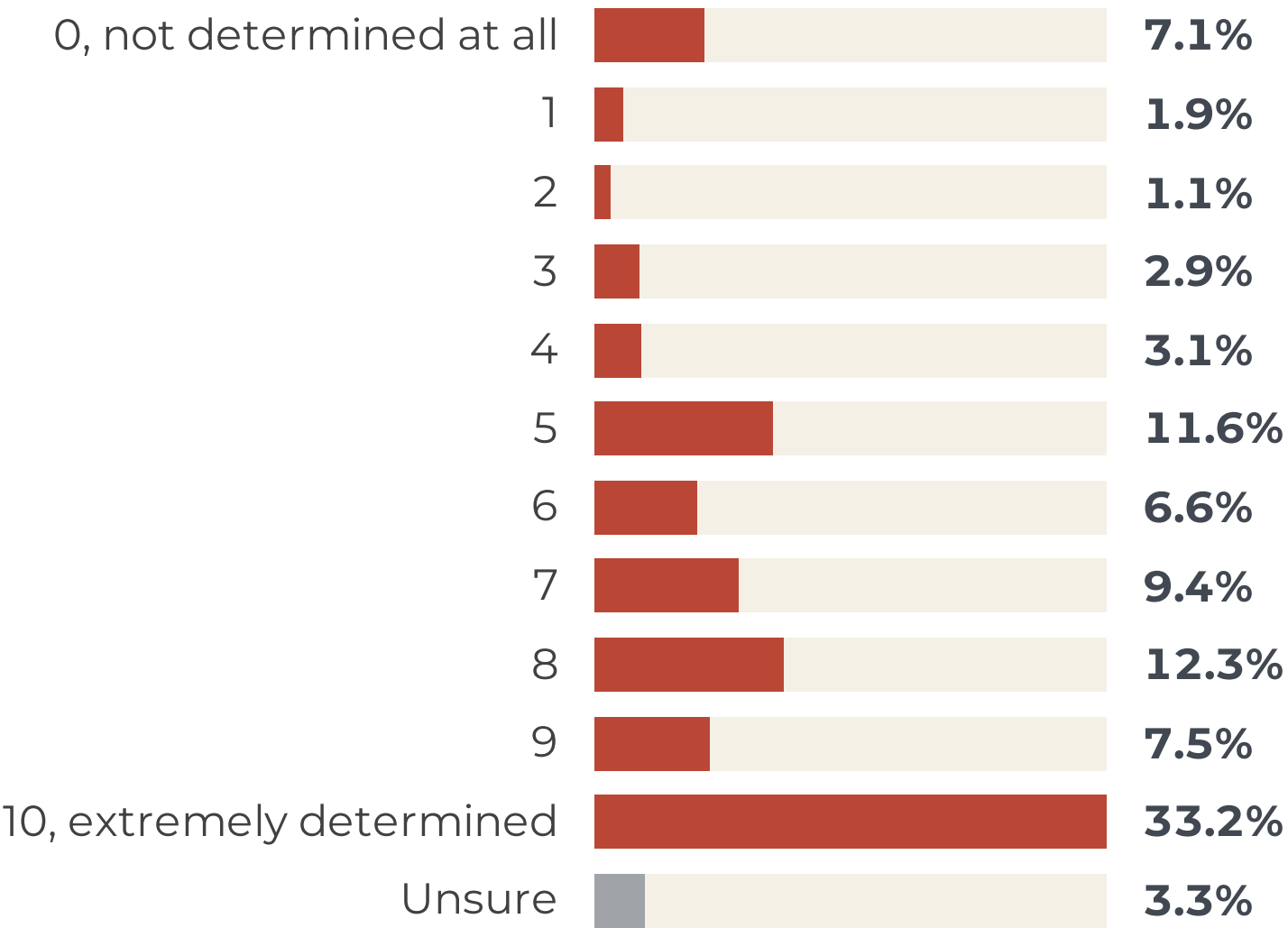
POLITICS

ELECTION DETERMINATION

On a scale of 0 to 10, how determined are you to vote in the November 3rd general election for U.S. House of Representatives and other state offices, with 0 meaning not determined at all and 10 meaning extremely determined?

Cite and link:

youngamericanmen.com/data/2026/election-determination



POLITICS

ELECTION DETERMINATION: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

		Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Low Determination: 0-5		28%	34%	26%	25%	23%	39%	15%	35%	25%	16%	21%	24%	38%	44%	23%	32%	32%	26%	37%	24%	24%	26%	27%	22%	31%	28%	19%	34%	14%	22%	26%	36%	30%	37%	22%	17%	20%	26%	31%	23%	13%	24%	27%	19%	24%	33%
Mid-Determination: 6-8		28%	30%	33%	24%	31%	29%	29%	32%	24%	30%	31%	30%	21%	29%	27%	23%	30%	19%	30%	30%	34%	23%	26%	32%	29%	30%	27%	35%	27%	27%	33%	28%	25%	30%	32%	29%	34%	27%	30%	26%	29%	23%	30%	29%		
High Determination: 9-10		41%	30%	38%	49%	44%	30%	53%	32%	42%	58%	46%	43%	32%	30%	44%	39%	39%	43%	39%	43%	45%	37%	45%	49%	33%	40%	47%	35%	42%	46%	46%	26%	39%	35%	46%	48%	50%	38%	40%	45%	60%	45%	41%	57%	43%	35%
	0	7%	10%	6%	7%	4%	11%	2%	10%	5%	3%	4%	5%	13%	15%	5%	8%	12%	6%	14%	5%	4%	6%	10%	5%	9%	8%	4%	7%	0%	6%	7%	5%	12%	10%	4%	5%	4%	4%	10%	3%	1%	4%	7%	3%	6%	7%
	1	2%	1%	2%	2%	0%	2%	2%	2%	1%	2%	1%	8%	2%	1%	2%	0%	2%	1%	2%	2%	2%	1%	2%	1%	1%	2%	4%	3%	3%	2%	1%	1%	2%	2%	1%	2%	2%	2%	1%	1%	3%	1%	1%	2%	2%	
	2	1%	2%	1%	1%	1%	1%	2%	1%	0%	1%	2%	2%	0%	1%	1%	2%	1%	1%	1%	1%	0%	1%	1%	1%	1%	1%	3%	0%	1%	1%	1%	1%	2%	1%	0%	1%	2%	1%	1%	0%	1%	0%	1%	2%		
	3	3%	3%	3%	3%	3%	4%	2%	3%	3%	2%	2%	4%	2%	4%	3%	3%	2%	3%	7%	2%	3%	3%	2%	3%	2%	3%	2%	5%	3%	3%	2%	5%	2%	5%	1%	1%	2%	2%	4%	4%	3%	3%	3%	1%	3%	3%
	4	3%	5%	3%	2%	3%	4%	2%	5%	2%	1%	2%	2%	5%	5%	3%	3%	6%	2%	7%	2%	2%	3%	3%	3%	3%	3%	3%	4%	4%	2%	5%	3%	3%	3%	1%	2%	4%	4%	2%	1%	2%	3%	2%	2%	4%	
	5	12%	13%	13%	10%	12%	17%	6%	13%	11%	9%	10%	10%	8%	17%	10%	14%	10%	12%	7%	11%	11%	10%	9%	15%	12%	8%	13%	4%	6%	12%	18%	11%	15%	9%	8%	10%	13%	11%	12%	7%	12%	11%	12%	10%	15%	
	6	7%	7%	9%	5%	5%	8%	8%	6%	7%	6%	10%	4%	3%	4%	7%	7%	7%	5%	7%	6%	11%	6%	7%	6%	6%	7%	8%	13%	7%	6%	8%	6%	7%	8%	3%	10%	4%	7%	7%	5%	8%	6%	4%	6%	9%	
	7	9%	11%	8%	9%	10%	11%	9%	11%	11%	5%	7%	15%	10%	6%	11%	7%	7%	10%	5%	10%	9%	12%	8%	8%	13%	10%	9%	8%	7%	8%	9%	14%	8%	8%	11%	8%	7%	11%	10%	9%	7%	5%	11%	13%	9%	9%
	8	12%	12%	15%	10%	15%	9%	13%	12%	14%	13%	13%	12%	17%	11%	12%	13%	9%	13%	9%	13%	14%	11%	9%	11%	14%	12%	14%	11%	14%	12%	12%	11%	14%	10%	11%	21%	12%	19%	10%	14%	14%	17%	11%	6%	14%	11%
	9	8%	4%	9%	8%	8%	5%	10%	6%	9%	10%	8%	11%	4%	3%	9%	7%	6%	8%	3%	8%	9%	7%	6%	9%	6%	6%	12%	7%	12%	9%	7%	7%	8%	5%	11%	8%	9%	5%	9%	8%	11%	11%	7%	7%	7%	9%
	10	33%	27%	28%	41%	36%	25%	43%	26%	33%	48%	38%	32%	29%	27%	36%	32%	33%	35%	36%	35%	35%	31%	39%	41%	27%	34%	36%	28%	30%	37%	39%	20%	31%	30%	35%	40%	41%	32%	31%	36%	49%	34%	34%	50%	36%	26%
	Unsure	3%	5%	4%	2%	2%	3%	2%	4%	2%	2%	2%	0%	5%	3%	2%	6%	2%	5%	2%	1%	3%	5%	2%	4%	2%	4%	4%	10%	5%	2%	5%	3%	3%	2%	3%	2%	3%	3%	2%	1%	2%	3%	1%	3%	2%	

POLITICS

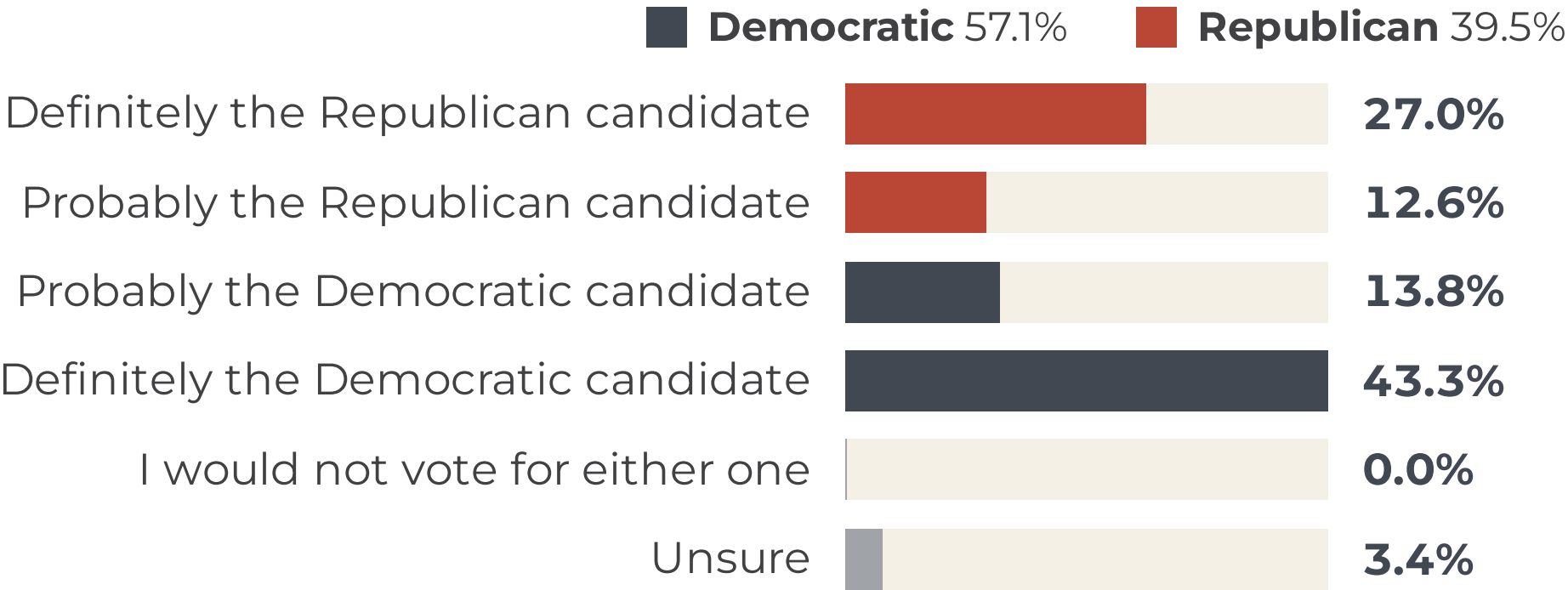
GENERIC BALLOT
(HIGH
DETERMINATION: 9–
10)

If the election was held today, and you had to make a choice, would you vote for the Republican or Democratic candidate for U.S. House of Representatives?

The 41% of young men who rate their determination to vote 9 or 10 out of 10. Cygnal calls this group the likely voting electorate.

Cite and link:

youngamericanmen.com/data/2026/generic-ballot-high



POLITICS

GENERIC BALLOT (HIGH DETERMINATION: 9–10): BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican Independent	Democrat No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage		
Republican candidate	40%	34%	40%	41%	94%	25%	3%	50%	31%	33%	42%	37%	25%	44%	47%	28%	45%	38%	39%	39%	40%	32%	43%	47%	21%	48%	23%	31%	27%	35%	38%	40%	51%	38%	39%	43%	49%	44%	29%	88%	4%	53%	35%	47%	41%	33%
Democratic candidate	57%	54%	58%	57%	5%	62%	97%	45%	67%	65%	55%	61%	75%	50%	51%	67%	49%	59%	48%	58%	55%	66%	55%	50%	76%	50%	73%	62%	73%	61%	60%	56%	44%	58%	60%	50%	48%	52%	67%	12%	94%	45%	62%	50%	57%	60%
Definitely the Republican candidate	27%	19%	26%	30%	71%	8%	1%	35%	20%	22%	26%	27%	4%	39%	31%	20%	33%	26%	24%	27%	26%	19%	34%	33%	13%	32%	18%	22%	17%	21%	28%	29%	32%	29%	25%	27%	35%	27%	20%	62%	2%	34%	25%	29%	30%	18%
Probably the Republican candidate	13%	15%	14%	11%	24%	17%	2%	15%	11%	11%	15%	9%	21%	5%	15%	8%	12%	13%	15%	12%	14%	13%	9%	14%	8%	16%	5%	9%	10%	14%	10%	10%	19%	10%	14%	16%	14%	17%	9%	25%	3%	18%	10%	18%	11%	15%
Probably the Democratic candidate	14%	17%	13%	13%	2%	28%	16%	10%	20%	14%	14%	13%	13%	13%	13%	16%	17%	13%	7%	14%	10%	17%	19%	13%	14%	8%	18%	22%	39%	14%	14%	11%	14%	15%	16%	8%	15%	16%	13%	6%	17%	8%	16%	7%	15%	13%
Definitely the Democratic candidate	43%	37%	45%	44%	3%	34%	81%	35%	47%	51%	41%	48%	62%	37%	39%	51%	33%	45%	41%	44%	45%	49%	36%	37%	62%	41%	55%	40%	34%	47%	46%	45%	30%	43%	45%	42%	34%	37%	54%	5%	77%	37%	46%	44%	42%	47%
I would not vote for either one	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	
Unsure	3%	12%	2%	2%	1%	13%	0%	5%	2%	2%	3%	2%	0%	6%	2%	5%	5%	3%	13%	2%	5%	2%	2%	3%	2%	3%	3%	6%	0%	4%	2%	4%	4%	4%	1%	7%	3%	4%	4%	1%	2%	2%	3%	3%	2%	7%

POLITICS

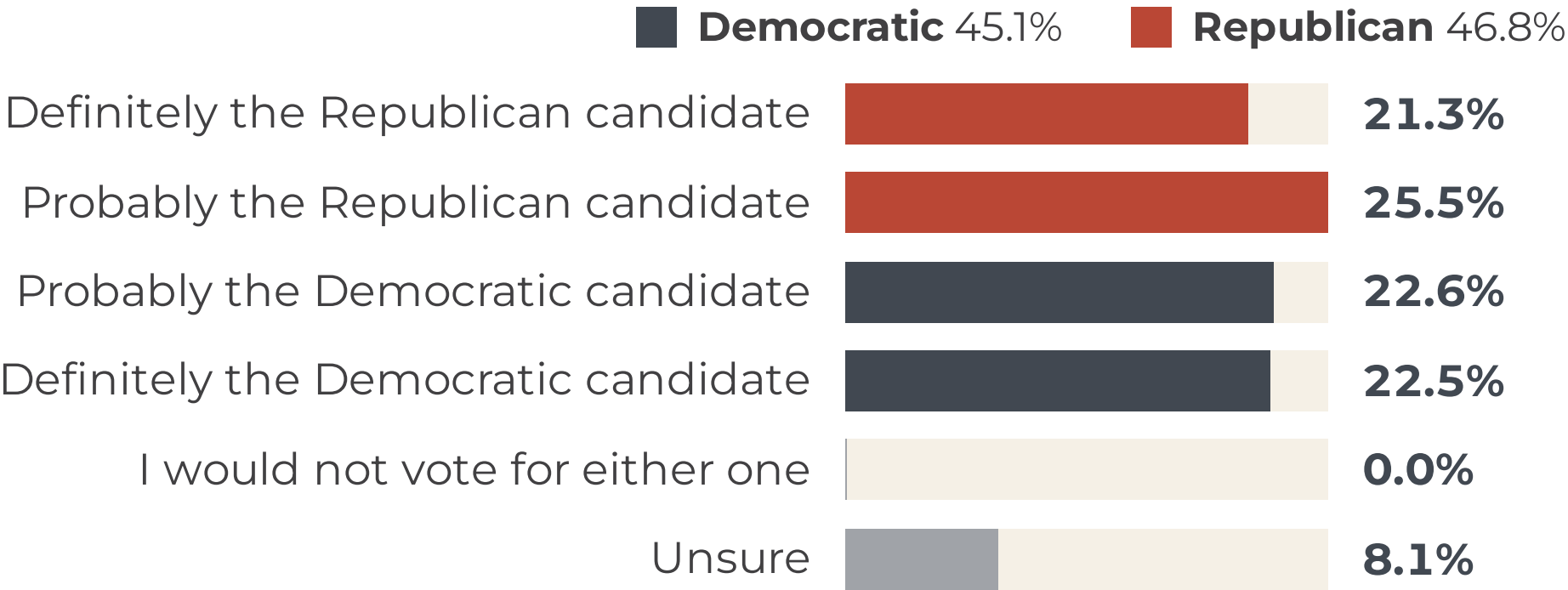
GENERIC BALLOT
(MID
DETERMINATION: 6–8)

If the election was held today, and you had to make a choice, would you vote for the Republican or Democratic candidate for U.S. House of Representatives?

The 28% of young men who rate their determination to vote 6, 7 or 8 out of 10.

Cite and link:

youngamericanmen.com/data/2026/generic-ballot-mid



GENERIC BALLOT (MID DETERMINATION: 6–8): BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Republican candidate	47%	53%	48%	41%	89%	45%	8%	48%	40%	51%	48%	47%	55%	39%	48%	47%	52%	47%	31%	50%	50%	50%	43%	51%	40%	53%	39%	37%	22%	44%	47%	49%	46%	44%	48%	52%	58%	52%	37%	72%	17%	50%	45%	55%	48%	44%
Democratic candidate	45%	33%	47%	51%	7%	36%	92%	43%	52%	43%	46%	49%	34%	45%	45%	46%	38%	46%	62%	44%	45%	40%	46%	45%	49%	39%	52%	58%	69%	47%	45%	48%	39%	47%	48%	35%	35%	45%	52%	21%	81%	45%	46%	45%	49%	40%
Definitely the Republican candidate	21%	29%	20%	18%	52%	9%	2%	22%	14%	28%	25%	19%	21%	12%	25%	16%	24%	22%	5%	24%	23%	21%	22%	28%	13%	27%	17%	8%	0%	15%	16%	28%	31%	17%	22%	29%	32%	22%	15%	36%	5%	28%	20%	31%	23%	17%
Probably the Republican candidate	26%	24%	29%	23%	37%	36%	6%	26%	27%	23%	23%	28%	33%	27%	24%	31%	28%	25%	26%	27%	28%	29%	21%	23%	27%	26%	21%	30%	22%	30%	31%	21%	14%	27%	26%	22%	26%	30%	21%	36%	11%	22%	26%	24%	25%	27%
Probably the Democratic candidate	23%	16%	23%	27%	6%	27%	35%	18%	32%	25%	25%	27%	12%	12%	23%	24%	23%	23%	19%	23%	23%	25%	18%	24%	21%	17%	29%	33%	51%	25%	22%	28%	14%	19%	30%	18%	17%	28%	23%	17%	28%	25%	22%	17%	29%	14%
Definitely the Democratic candidate	22%	17%	24%	24%	1%	8%	57%	25%	20%	19%	21%	22%	22%	33%	22%	22%	15%	22%	43%	21%	22%	15%	29%	21%	27%	22%	23%	25%	18%	23%	23%	20%	26%	28%	18%	17%	18%	17%	29%	5%	53%	20%	24%	28%	20%	26%
I would not vote for either one	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	
Unsure	8%	14%	5%	8%	5%	20%	0%	8%	7%	6%	6%	4%	12%	16%	7%	7%	10%	7%	6%	6%	5%	10%	11%	4%	11%	8%	9%	5%	9%	8%	8%	3%	15%	9%	3%	13%	7%	3%	11%	7%	3%	5%	9%	0%	3%	16%

POLITICS

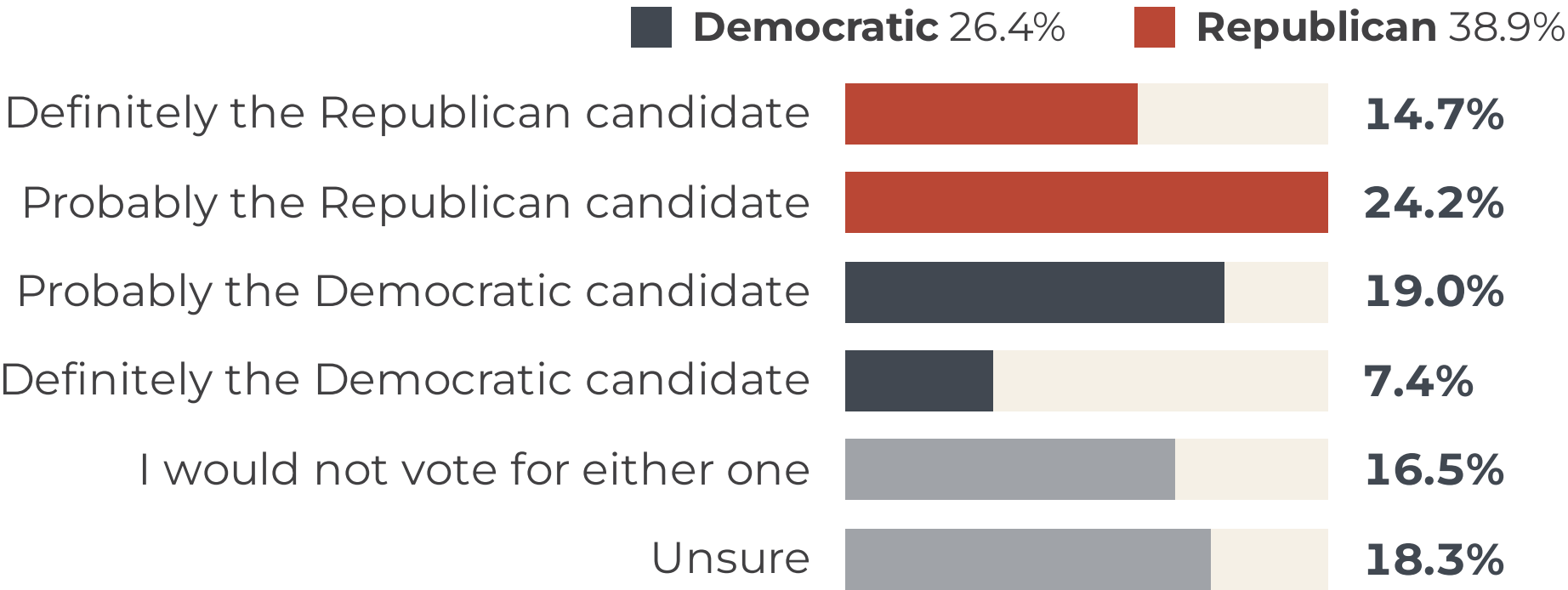
GENERIC BALLOT
(LOW
DETERMINATION: 0–5)

If you did end up voting this November, would you vote for the Republican or Democratic candidate for U.S. House of Representatives?

The 28% of young men who rate their determination to vote 5 or below. They were asked who they would pick if they voted anyway.

Cite and link:

youngamericanmen.com/data/2026/generic-ballot-low



GENERIC BALLOT (LOW DETERMINATION: 0–5): BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican Independent	Democrat No College	Some College	College Grad	Career Track	Pays the Bills In School	Not Working On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage				
Republican candidate	39%	34%	38%	43%	84%	24%	26%	44%	26%	42%	44%	45%	36%	37%	47%	33%	37%	41%	54%	39%	45%	43%	34%	42%	37%	40%	43%	34%	69%	32%	33%	47%	44%	38%	47%	30%	51%	52%	33%	72%	19%	40%	40%	39%	47%	38%
Democratic candidate	26%	29%	25%	25%	9%	23%	68%	25%	32%	24%	28%	26%	17%	29%	25%	29%	19%	28%	13%	30%	32%	25%	21%	29%	24%	22%	29%	42%	31%	28%	25%	31%	22%	27%	24%	30%	21%	29%	28%	10%	63%	35%	26%	16%	26%	28%
Definitely the Republican candidate	15%	10%	17%	16%	33%	8%	10%	17%	7%	16%	18%	11%	14%	17%	18%	11%	10%	16%	27%	14%	20%	15%	9%	19%	16%	16%	11%	16%	0%	12%	6%	16%	30%	16%	17%	8%	17%	20%	12%	31%	4%	21%	13%	13%	18%	12%
Probably the Republican candidate	24%	24%	21%	27%	50%	16%	16%	27%	19%	26%	26%	34%	23%	20%	28%	22%	27%	26%	27%	25%	25%	28%	25%	23%	22%	24%	32%	19%	69%	20%	28%	31%	13%	23%	31%	22%	34%	32%	21%	41%	15%	19%	27%	26%	28%	26%
Probably the Democratic candidate	19%	20%	20%	18%	6%	16%	52%	18%	23%	20%	20%	22%	13%	20%	21%	18%	15%	21%	8%	22%	22%	18%	19%	21%	18%	15%	26%	32%	31%	22%	18%	23%	13%	20%	20%	16%	14%	25%	20%	8%	50%	28%	19%	16%	16%	25%
Definitely the Democratic candidate	7%	9%	6%	8%	3%	7%	16%	7%	9%	5%	8%	4%	4%	9%	4%	11%	5%	7%	6%	8%	10%	7%	2%	8%	6%	7%	3%	9%	0%	6%	7%	7%	9%	7%	4%	14%	7%	4%	8%	2%	12%	7%	8%	0%	10%	3%
I would not vote for either one	16%	16%	15%	18%	2%	27%	2%	17%	17%	14%	14%	13%	18%	23%	7%	26%	25%	14%	22%	14%	9%	24%	29%	15%	18%	20%	6%	15%	0%	22%	16%	10%	20%	18%	13%	10%	18%	10%	18%	6%	5%	13%	16%	15%	16%	18%
Unsure	18%	21%	21%	14%	5%	26%	4%	14%	25%	20%	14%	16%	28%	11%	21%	11%	18%	17%	11%	18%	15%	8%	16%	14%	20%	17%	22%	9%	0%	17%	26%	12%	14%	16%	15%	31%	10%	8%	22%	12%	13%	12%	17%	30%	11%	16%

POLITICS

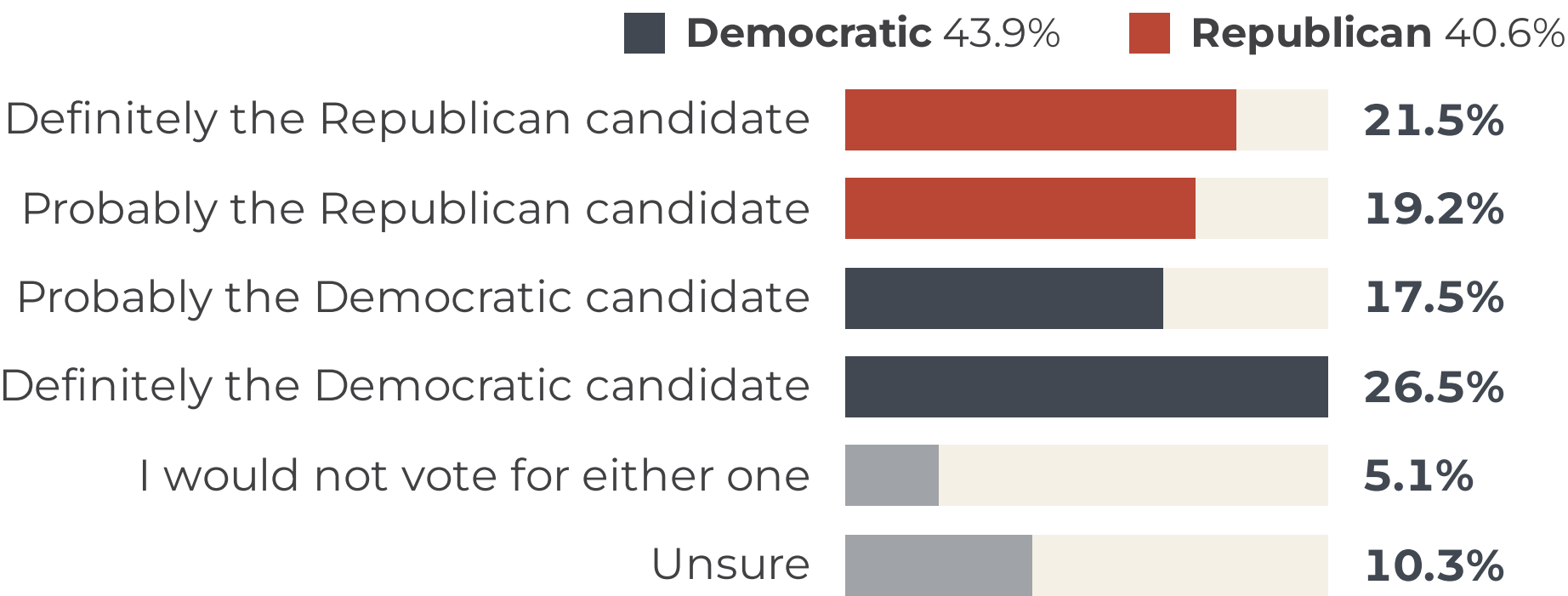
COMBINED
GENERIC BALLOT

The three determination groups combined: every young man's answer to whichever version of the ballot question he was asked.

All 800 young men, the three determination groups added back together at their real sizes: 41% most determined to vote, 28% in the middle, 28% not likely to vote, and the 3% who are unsure how determined they are.

Cite and link:

youngamericanmen.com/data/2026/combined-generic-ballot



COMBINED GENERIC BALLOT: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican Independent	Democrat No College	Some College	College Grad	Career Track	Pays the Bills In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage				
Republican candidate	41%	39%	42%	41%	89%	30%	8%	46%	32%	39%	44%	41%	38%	38%	46%	35%	44%	41%	43%	42%	44%	41%	40%	46%	32%	47%	32%	33%	28%	35%	39%	44%	48%	39%	43%	43%	52%	48%	32%	79%	9%	48%	39%	47%	44%	38%
Democratic candidate	44%	37%	45%	47%	6%	38%	91%	36%	53%	52%	46%	48%	41%	38%	42%	49%	34%	46%	36%	46%	46%	41%	44%	50%	38%	57%	52%	62%	48%	46%	43%	35%	43%	48%	41%	39%	43%	50%	14%	86%	42%	46%	43%	46%	43%	
Definitely the Republican candidate	21%	19%	22%	23%	56%	8%	2%	24%	14%	23%	24%	20%	13%	22%	26%	16%	23%	22%	22%	23%	23%	18%	24%	28%	14%	26%	16%	15%	7%	16%	19%	23%	33%	20%	22%	25%	31%	23%	16%	47%	3%	29%	20%	26%	25%	15%
Probably the Republican candidate	19%	21%	20%	18%	33%	22%	5%	22%	18%	16%	20%	21%	25%	16%	20%	19%	21%	19%	21%	20%	21%	23%	16%	18%	18%	21%	16%	18%	21%	19%	20%	21%	15%	19%	21%	19%	25%	16%	32%	6%	19%	19%	21%	19%	22%	
Probably the Democratic candidate	17%	17%	18%	18%	4%	23%	28%	15%	25%	18%	18%	20%	13%	15%	18%	19%	16%	18%	9%	19%	17%	20%	18%	17%	18%	13%	22%	27%	42%	19%	17%	21%	13%	18%	21%	13%	15%	22%	17%	10%	24%	18%	18%	12%	19%	17%
Definitely the Democratic candidate	26%	20%	27%	29%	2%	15%	63%	22%	28%	35%	27%	28%	28%	23%	24%	31%	18%	28%	26%	27%	29%	26%	23%	26%	32%	25%	35%	25%	20%	29%	29%	23%	22%	25%	27%	28%	23%	21%	32%	4%	62%	24%	28%	31%	26%	26%
I would not vote for either one	5%	6%	4%	5%	1%	11%	0%	7%	5%	2%	3%	4%	7%	11%	2%	8%	10%	4%	8%	4%	2%	7%	9%	4%	6%	6%	2%	7%	0%	6%	5%	4%	6%	7%	3%	2%	4%	3%	6%	2%	1%	3%	5%	3%	5%	6%
Unsure	10%	18%	9%	7%	4%	21%	1%	11%	10%	7%	7%	7%	14%	13%	9%	8%	13%	9%	13%	8%	8%	6%	10%	6%	11%	9%	10%	9%	10%	11%	11%	9%	11%	11%	6%	14%	6%	6%	13%	5%	4%	7%	9%	7%	6%	13%

IMAGE TESTS

Favorable or unfavorable opinion of...	Favorable	Unfavorable	Net, all	Net, likely voters
Donald Trump	37.8%	55.3%	-17.5	-19
JD Vance	37.0%	46.8%	-9.8	-15
The Republican Party	40.2%	48.6%	-8.3	-12
The Democratic Party	44.0%	45.2%	-1.2	+14

Net favorability is favorable minus unfavorable, as printed by Cygnal. Likely voters are men rating their determination to vote 9 or 10 (deck p.2).

IMAGE TESTS: FAVORABLE: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

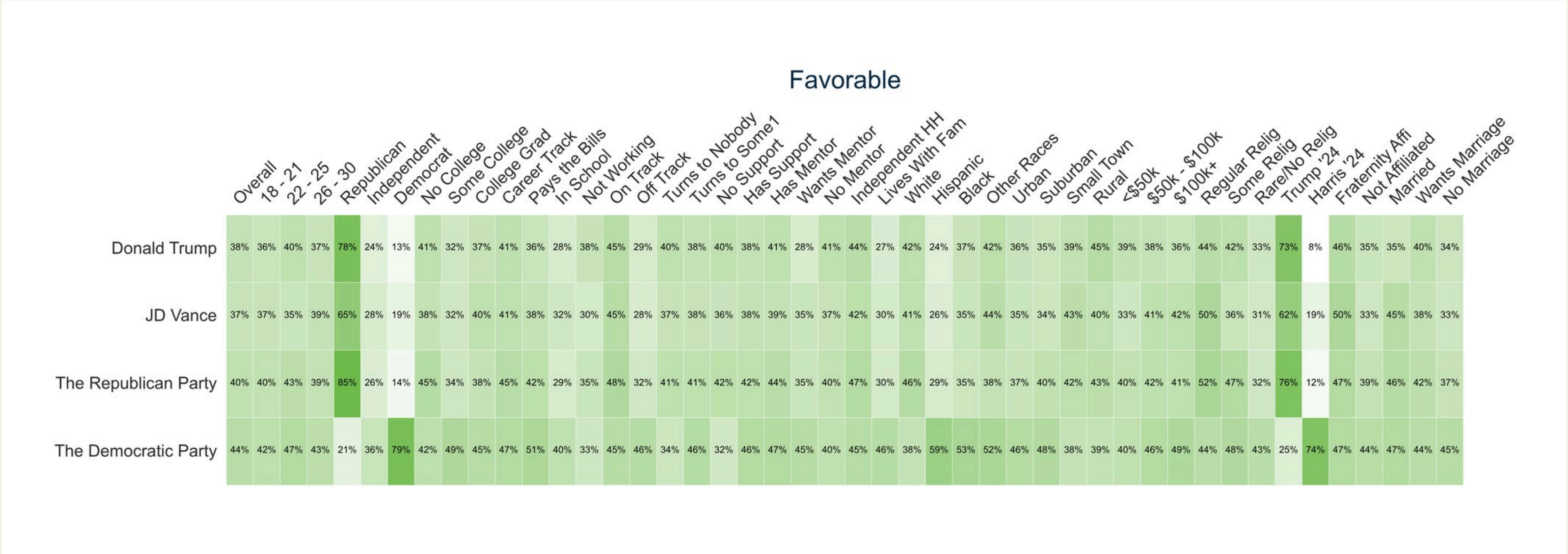
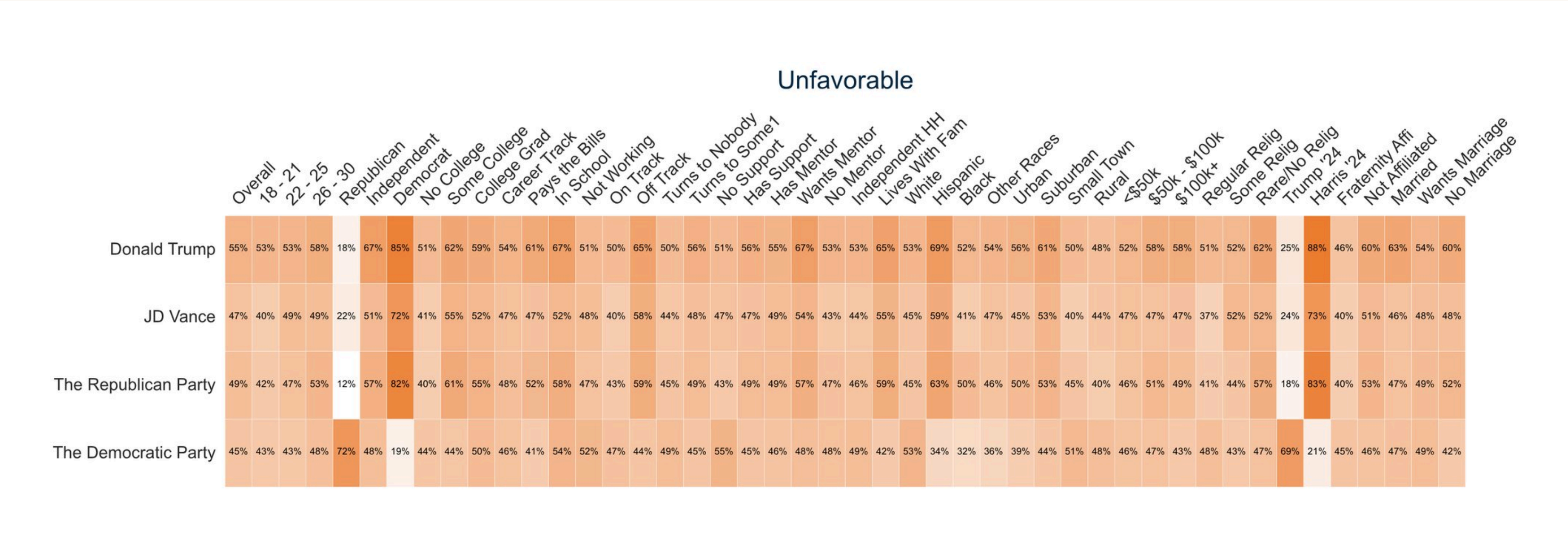


IMAGE TESTS: UNFAVORABLE: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.



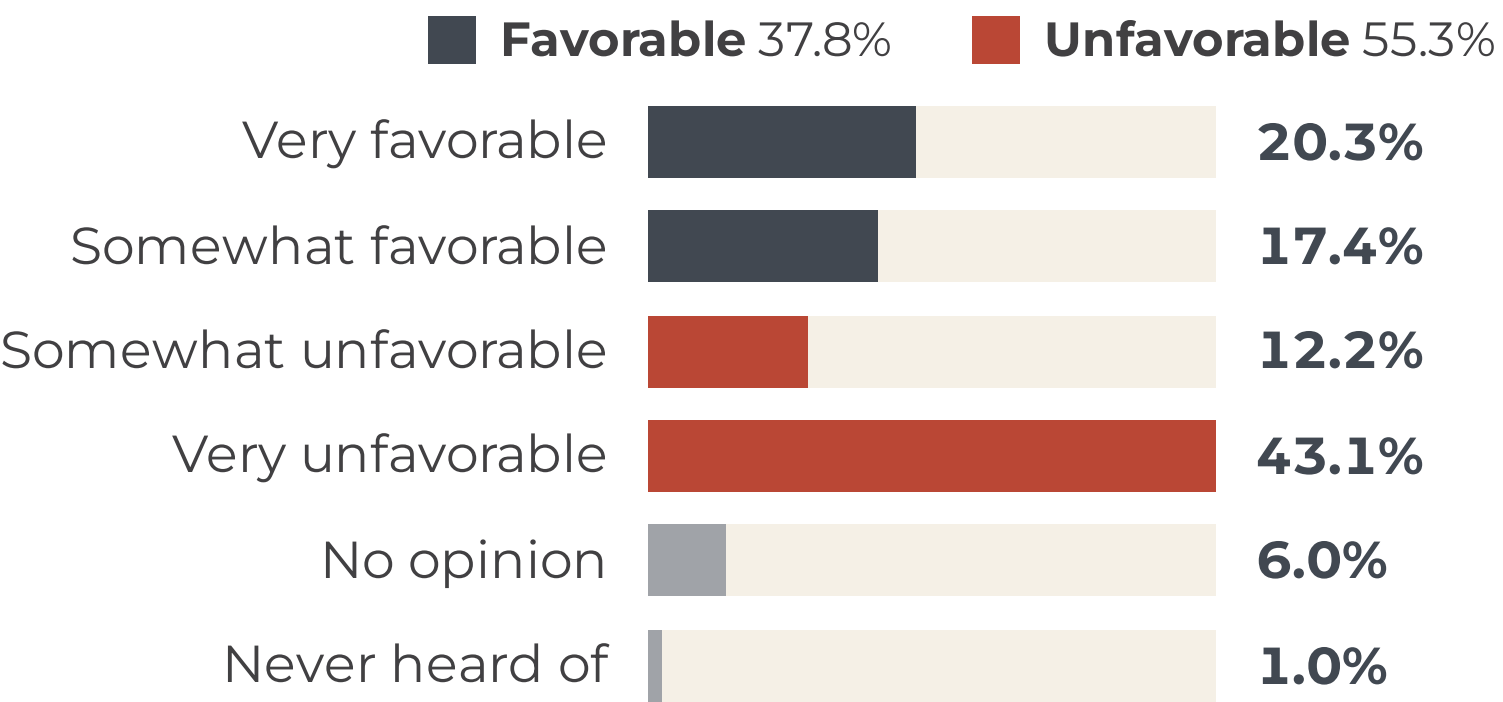
POLITICS

IMAGE: DONALD TRUMP

Do you have a favorable or unfavorable opinion of Donald Trump?

Cite and link:

youngamericanmen.com/data/2026/image-donald-trump



POLITICS

IMAGE: DONALD TRUMP: BY GROUP

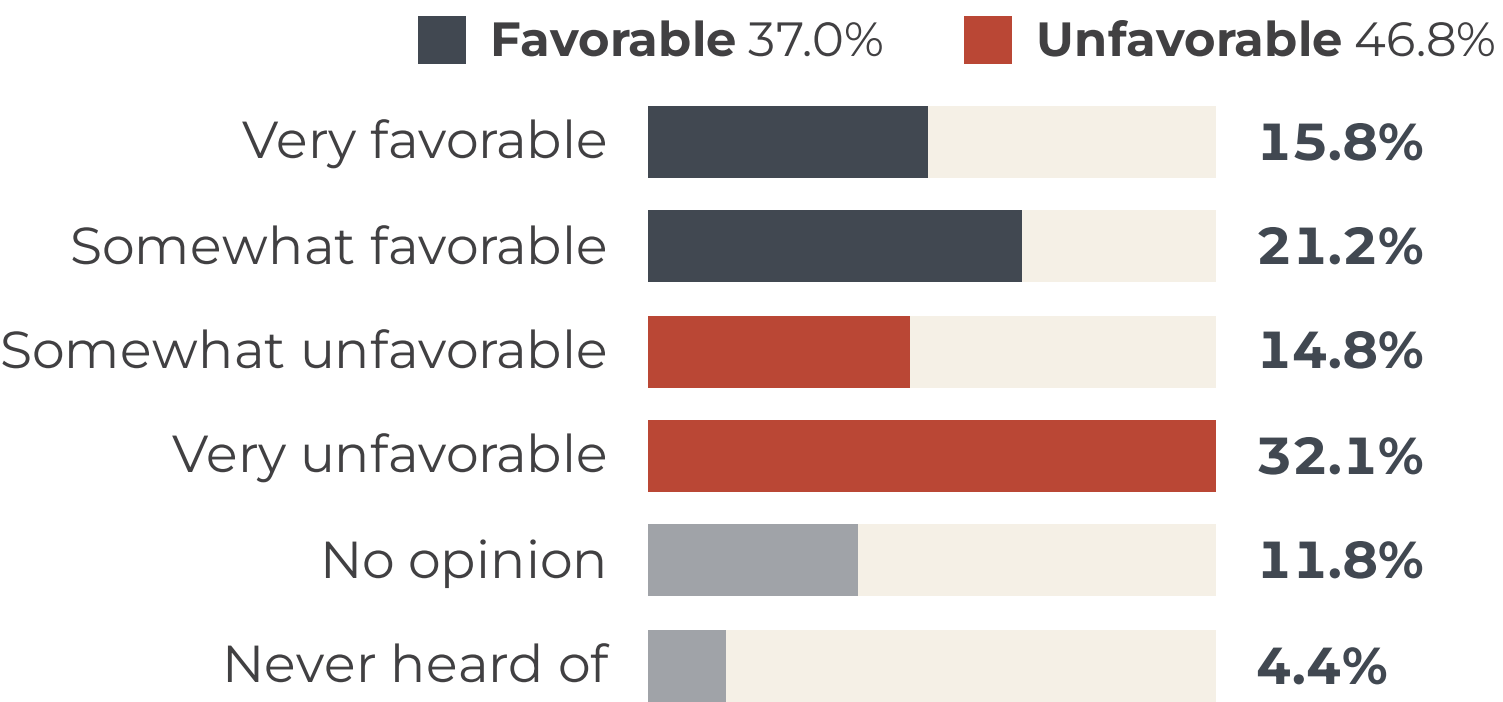
Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Favorable Total	38%	36%	40%	37%	78%	24%	13%	41%	32%	37%	41%	36%	28%	38%	45%	29%	40%	38%	40%	38%	41%	28%	41%	44%	27%	42%	24%	37%	42%	36%	35%	39%	45%	39%	38%	36%	44%	42%	33%	73%	8%	46%	35%	35%	40%	34%
Unfavorable Total	55%	53%	53%	58%	18%	67%	85%	51%	62%	59%	54%	61%	67%	51%	50%	65%	50%	56%	51%	56%	55%	67%	53%	53%	65%	53%	69%	52%	54%	56%	61%	50%	48%	52%	58%	58%	51%	52%	62%	25%	88%	46%	60%	63%	54%	60%
Very favorable	20%	19%	18%	23%	48%	8%	6%	23%	15%	21%	23%	18%	12%	21%	26%	15%	19%	21%	27%	20%	22%	15%	23%	26%	11%	23%	12%	21%	17%	20%	19%	22%	23%	20%	21%	21%	27%	25%	15%	44%	3%	24%	19%	26%	21%	20%
Somewhat favorable	17%	17%	22%	14%	30%	16%	8%	18%	17%	17%	17%	19%	17%	16%	19%	15%	21%	17%	14%	18%	19%	13%	18%	18%	16%	19%	12%	16%	26%	16%	16%	18%	23%	19%	17%	16%	17%	17%	18%	29%	5%	22%	16%	8%	20%	14%
Somewhat unfavorable	12%	11%	12%	13%	7%	19%	12%	13%	13%	11%	12%	16%	18%	8%	13%	13%	8%	13%	7%	12%	11%	16%	12%	11%	13%	12%	13%	12%	9%	10%	14%	13%	11%	11%	13%	16%	16%	14%	10%	12%	9%	11%	13%	15%	11%	14%
Very unfavorable	43%	42%	41%	45%	11%	48%	73%	38%	49%	48%	42%	45%	49%	43%	37%	52%	42%	43%	44%	44%	43%	51%	41%	43%	52%	41%	56%	39%	45%	46%	47%	37%	37%	41%	45%	43%	35%	38%	52%	13%	79%	35%	47%	48%	43%	45%
No opinion	6%	10%	5%	5%	4%	7%	2%	7%	5%	4%	4%	2%	4%	11%	5%	5%	8%	5%	5%	4%	4%	4%	2%	6%	5%	7%	10%	4%	7%	4%	11%	5%	8%	4%	5%	4%	6%	5%	2%	4%	7%	4%	2%	5%	5%	
Never heard of	1%	2%	1%	1%	0%	2%	0%	1%	0%	0%	1%	0%	1%	0%	1%	1%	2%	1%	4%	0%	1%	1%	1%	0%	1%	1%	0%	2%	0%	2%	0%	0%	2%	1%	0%	1%	1%	0%	0%	0%	1%	1%	1%	1%	1%	

POLITICS

IMAGE: JD VANCE

Do you have a favorable or unfavorable opinion of JD Vance?



Cite and link:

youngamericanmen.com/data/2026/image-jd-vance

POLITICS

IMAGE: JD VANCE: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Favorable Total	37%	37%	35%	39%	65%	28%	19%	38%	32%	40%	41%	38%	32%	30%	45%	28%	37%	38%	36%	38%	39%	35%	37%	42%	30%	41%	26%	35%	44%	35%	34%	43%	40%	33%	41%	42%	50%	36%	31%	62%	19%	50%	33%	45%	38%	33%
Unfavorable Total	47%	40%	49%	49%	22%	51%	72%	41%	55%	52%	47%	47%	52%	48%	40%	58%	44%	48%	47%	47%	49%	54%	43%	44%	55%	45%	59%	41%	47%	45%	53%	40%	44%	47%	47%	47%	37%	52%	52%	24%	73%	40%	51%	46%	48%	48%
Very favorable	16%	14%	15%	17%	34%	7%	7%	16%	10%	21%	18%	13%	16%	15%	20%	11%	18%	16%	15%	17%	17%	14%	14%	20%	9%	19%	9%	11%	17%	15%	16%	15%	19%	13%	17%	20%	25%	15%	12%	30%	6%	24%	13%	23%	16%	14%
Somewhat favorable	21%	23%	20%	21%	31%	21%	12%	23%	22%	19%	23%	25%	17%	15%	25%	17%	19%	22%	20%	22%	21%	21%	23%	22%	21%	22%	17%	24%	27%	21%	18%	28%	21%	19%	24%	22%	25%	21%	19%	33%	13%	27%	19%	22%	22%	20%
Somewhat unfavorable	15%	15%	18%	12%	14%	19%	14%	13%	19%	15%	16%	15%	13%	13%	14%	17%	16%	15%	12%	15%	17%	15%	14%	13%	15%	13%	17%	21%	12%	10%	21%	9%	15%	15%	15%	15%	23%	11%	14%	15%	17%	15%	16%	15%	16%	
Very unfavorable	32%	25%	31%	36%	8%	32%	58%	27%	37%	37%	32%	32%	39%	35%	27%	41%	28%	33%	35%	32%	32%	38%	30%	31%	40%	32%	42%	19%	35%	35%	32%	30%	30%	32%	32%	32%	22%	28%	41%	11%	58%	23%	36%	30%	33%	32%
No opinion	12%	16%	12%	10%	8%	18%	5%	16%	9%	6%	8%	12%	7%	14%	10%	10%	10%	11%	10%	11%	10%	7%	13%	10%	11%	10%	11%	16%	6%	14%	11%	10%	13%	14%	10%	8%	9%	10%	12%	11%	8%	6%	12%	8%	9%	13%
Never heard of	4%	7%	4%	3%	4%	4%	3%	5%	4%	2%	3%	3%	8%	7%	4%	4%	9%	3%	8%	4%	3%	4%	7%	4%	4%	4%	4%	8%	4%	6%	2%	8%	3%	6%	3%	3%	3%	3%	5%	3%	1%	4%	5%	0%	4%	6%

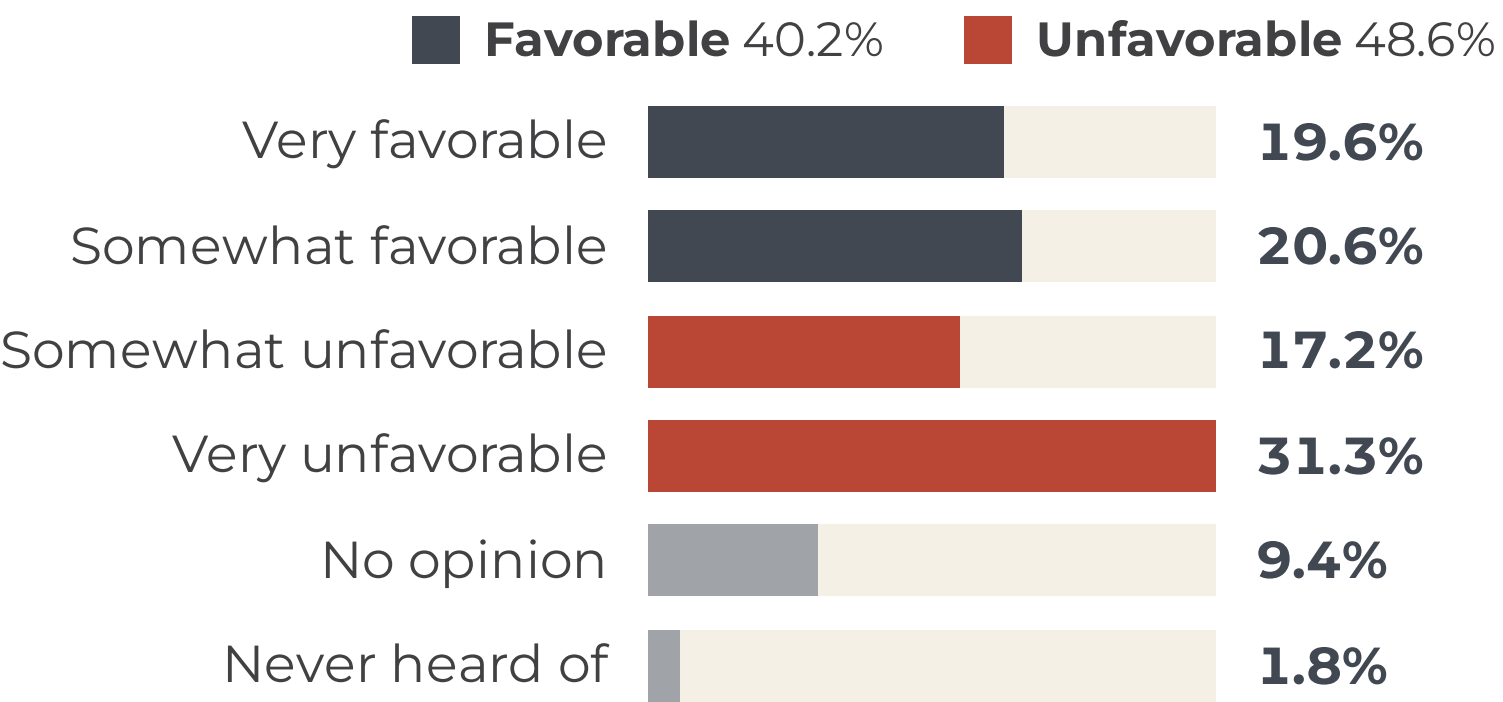
POLITICS

IMAGE: THE
REPUBLICAN PARTY

*Do you have a favorable or unfavorable
opinion of The Republican Party?*

Cite and link:

youngamericanmen.com/data/2026/image-republican-party



POLITICS

IMAGE: THE REPUBLICAN PARTY: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Favorable Total	40%	40%	43%	39%	85%	26%	14%	45%	34%	38%	45%	42%	29%	35%	48%	32%	41%	41%	42%	42%	44%	35%	40%	47%	30%	46%	29%	35%	38%	37%	40%	42%	43%	40%	42%	41%	52%	47%	32%	76%	12%	47%	39%	46%	42%	37%
Unfavorable Total	49%	42%	47%	53%	12%	57%	82%	40%	61%	55%	48%	52%	58%	47%	43%	59%	45%	49%	43%	49%	57%	47%	46%	59%	45%	63%	50%	46%	50%	53%	45%	40%	46%	51%	49%	41%	44%	57%	18%	83%	40%	53%	47%	49%	52%	
Very favorable	20%	23%	18%	20%	49%	7%	5%	21%	17%	20%	22%	19%	13%	19%	25%	13%	17%	21%	27%	20%	21%	21%	22%	26%	11%	22%	14%	21%	13%	17%	18%	19%	26%	19%	21%	19%	28%	25%	13%	41%	4%	25%	18%	27%	22%	15%
Somewhat favorable	21%	17%	25%	19%	36%	19%	9%	24%	17%	18%	22%	24%	16%	16%	23%	19%	24%	20%	15%	22%	23%	15%	18%	21%	19%	24%	15%	14%	25%	20%	22%	23%	17%	20%	21%	22%	24%	22%	19%	34%	8%	22%	20%	19%	21%	22%
Somewhat unfavorable	17%	16%	19%	17%	4%	29%	20%	16%	20%	17%	17%	18%	29%	16%	16%	20%	17%	17%	16%	17%	17%	21%	18%	14%	21%	16%	19%	19%	25%	14%	21%	15%	15%	16%	16%	20%	18%	22%	15%	9%	21%	16%	18%	17%	17%	19%
Very unfavorable	31%	26%	28%	36%	7%	28%	62%	24%	40%	38%	31%	34%	29%	31%	27%	39%	28%	32%	27%	33%	32%	36%	29%	32%	37%	29%	43%	31%	21%	36%	33%	30%	25%	30%	35%	28%	23%	23%	42%	8%	62%	24%	35%	30%	32%	33%
No opinion	9%	14%	9%	8%	3%	16%	3%	12%	5%	6%	6%	5%	7%	16%	8%	7%	11%	8%	10%	8%	6%	5%	12%	6%	10%	8%	7%	11%	9%	9%	6%	11%	15%	12%	6%	9%	5%	7%	9%	6%	4%	10%	7%	8%	7%	9%
Never heard of	2%	4%	2%	1%	0%	1%	1%	2%	1%	1%	1%	0%	5%	3%	1%	2%	2%	1%	5%	1%	1%	3%	2%	1%	2%	1%	1%	4%	7%	3%	1%	2%	1%	2%	1%	1%	1%	2%	1%	1%	3%	1%	0%	1%	2%	

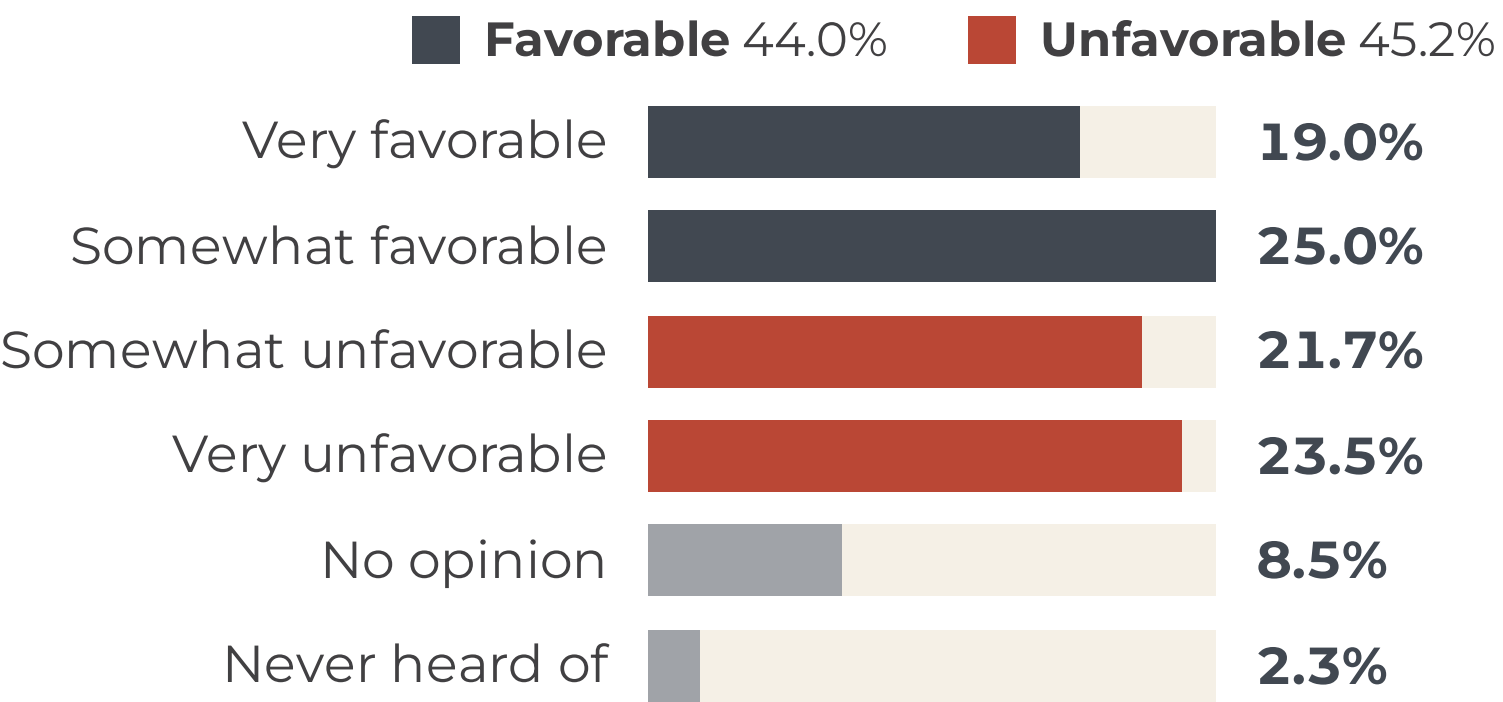
POLITICS

IMAGE: THE
DEMOCRATIC PARTY

*Do you have a favorable or unfavorable
opinion of The Democratic Party?*

Cite and link:

youngamericanmen.com/data/2026/image-democratic-party



POLITICS

IMAGE: THE DEMOCRATIC PARTY: BY GROUP

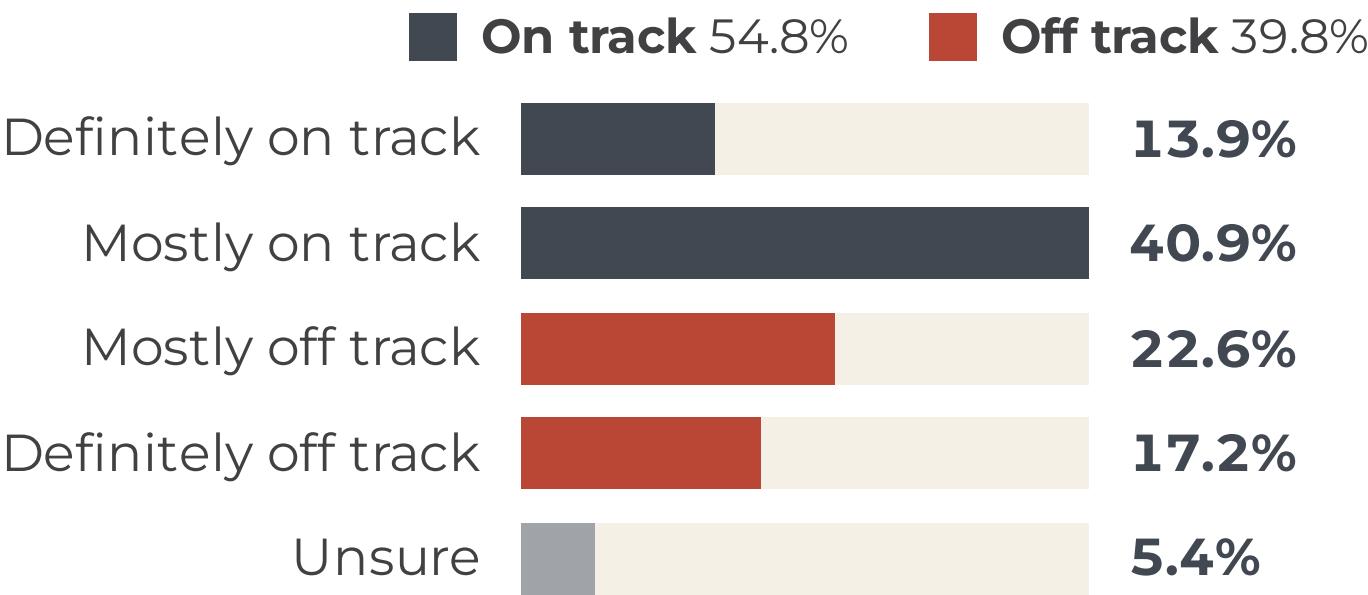
Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Favorable Total	44%	42%	47%	43%	21%	36%	79%	42%	49%	45%	47%	51%	40%	33%	45%	46%	34%	46%	32%	46%	47%	45%	40%	45%	46%	38%	59%	53%	52%	46%	48%	38%	39%	40%	46%	49%	44%	48%	43%	25%	74%	47%	44%	47%	44%	45%
Unfavorable Total	45%	43%	43%	48%	72%	48%	19%	44%	44%	50%	46%	41%	54%	52%	47%	44%	49%	45%	55%	45%	46%	48%	48%	49%	42%	53%	34%	32%	36%	39%	44%	51%	48%	46%	47%	43%	48%	43%	47%	69%	21%	45%	46%	47%	49%	42%
Very favorable	19%	18%	20%	19%	10%	7%	41%	17%	25%	20%	23%	18%	17%	13%	18%	21%	9%	21%	16%	20%	22%	18%	15%	20%	17%	14%	32%	26%	20%	20%	20%	17%	18%	15%	25%	19%	23%	23%	16%	8%	41%	28%	17%	20%	21%	17%
Somewhat favorable	25%	24%	27%	24%	11%	30%	37%	25%	24%	25%	24%	33%	23%	20%	27%	24%	25%	25%	16%	27%	25%	27%	25%	25%	28%	24%	27%	27%	32%	26%	28%	22%	21%	26%	21%	30%	21%	26%	28%	18%	33%	20%	28%	28%	23%	28%
Somewhat unfavorable	22%	18%	23%	23%	25%	28%	14%	18%	21%	30%	26%	16%	29%	20%	21%	24%	23%	22%	27%	21%	23%	26%	19%	22%	22%	25%	18%	14%	32%	19%	23%	23%	21%	22%	24%	21%	21%	19%	25%	26%	16%	23%	22%	27%	23%	20%
Very unfavorable	23%	25%	20%	25%	46%	20%	5%	26%	23%	20%	21%	25%	24%	32%	26%	21%	27%	23%	28%	24%	23%	22%	29%	26%	20%	28%	16%	18%	4%	20%	21%	28%	27%	25%	23%	22%	27%	24%	21%	43%	5%	23%	24%	20%	26%	22%
No opinion	9%	12%	8%	7%	6%	14%	1%	11%	6%	4%	5%	7%	5%	12%	7%	7%	11%	8%	9%	7%	6%	5%	11%	5%	10%	8%	5%	12%	10%	11%	6%	7%	12%	10%	7%	7%	6%	7%	8%	5%	4%	7%	7%	3%	6%	11%
Never heard of	2%	3%	1%	2%	1%	1%	1%	3%	1%	1%	2%	1%	1%	3%	1%	3%	6%	1%	4%	2%	1%	2%	2%	1%	2%	1%	3%	3%	3%	3%	2%	3%	2%	3%	0%	2%	2%	2%	2%	1%	1%	0%	2%	2%	1%	2%

LIFE & WORK

LIFE ON TRACK

Thinking about where you are in life right now, would you say your life is on track or off track?



Cite and link:

youngamericanmen.com/data/2026/life-on-track

LIFE & WORK

LIFE ON TRACK: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
On track	55%	53%	57%	54%	69%	48%	51%	48%	59%	67%	64%	55%	61%	32%	50%	57%	39%	58%	60%	42%	56%	59%	50%	56%	50%	57%	63%	56%	57%	55%	47%	45%	63%	63%	57%	57%	55%	66%	52%	60%	53%	62%	57%	50%
Off track	40%	40%	38%	41%	29%	44%	47%	46%	37%	32%	35%	41%	32%	59%	46%	39%	49%	38%	38%	55%	38%	39%	42%	39%	46%	36%	37%	37%	40%	40%	44%	48%	34%	33%	40%	40%	40%	31%	45%	36%	42%	37%	38%	46%
Definitely on track	14%	12%	12%	16%	22%	8%	12%	13%	9%	20%	20%	7%	12%	8%	12%	15%	12%	15%	16%	11%	12%	18%	8%	15%	12%	17%	6%	16%	14%	9%	15%	12%	13%	21%	18%	13%	13%	20%	12%	21%	12%	23%	13%	13%
Mostly on track	41%	42%	45%	37%	46%	40%	39%	35%	50%	46%	43%	48%	49%	24%	37%	42%	27%	43%	44%	31%	44%	41%	41%	41%	38%	40%	57%	40%	43%	46%	32%	33%	50%	42%	39%	45%	42%	45%	40%	39%	41%	39%	44%	37%
Mostly off track	23%	24%	21%	23%	18%	29%	21%	26%	23%	17%	19%	24%	26%	31%	28%	22%	21%	22%	22%	28%	21%	21%	24%	22%	23%	22%	28%	24%	23%	20%	23%	28%	20%	19%	22%	24%	22%	21%	23%	20%	24%	19%	21%	27%
Definitely off track	17%	17%	16%	18%	10%	15%	26%	20%	14%	15%	15%	17%	7%	28%	18%	17%	28%	16%	16%	27%	17%	18%	18%	17%	22%	14%	9%	13%	17%	19%	21%	20%	14%	15%	18%	16%	18%	10%	22%	16%	18%	18%	17%	19%
Unsure	5%	6%	5%	5%	3%	9%	2%	7%	4%	2%	2%	4%	6%	9%	4%	4%	12%	3%	2%	3%	6%	2%	9%	5%	5%	6%	0%	7%	3%	5%	9%	7%	3%	4%	4%	3%	5%	3%	3%	4%	5%	1%	5%	4%

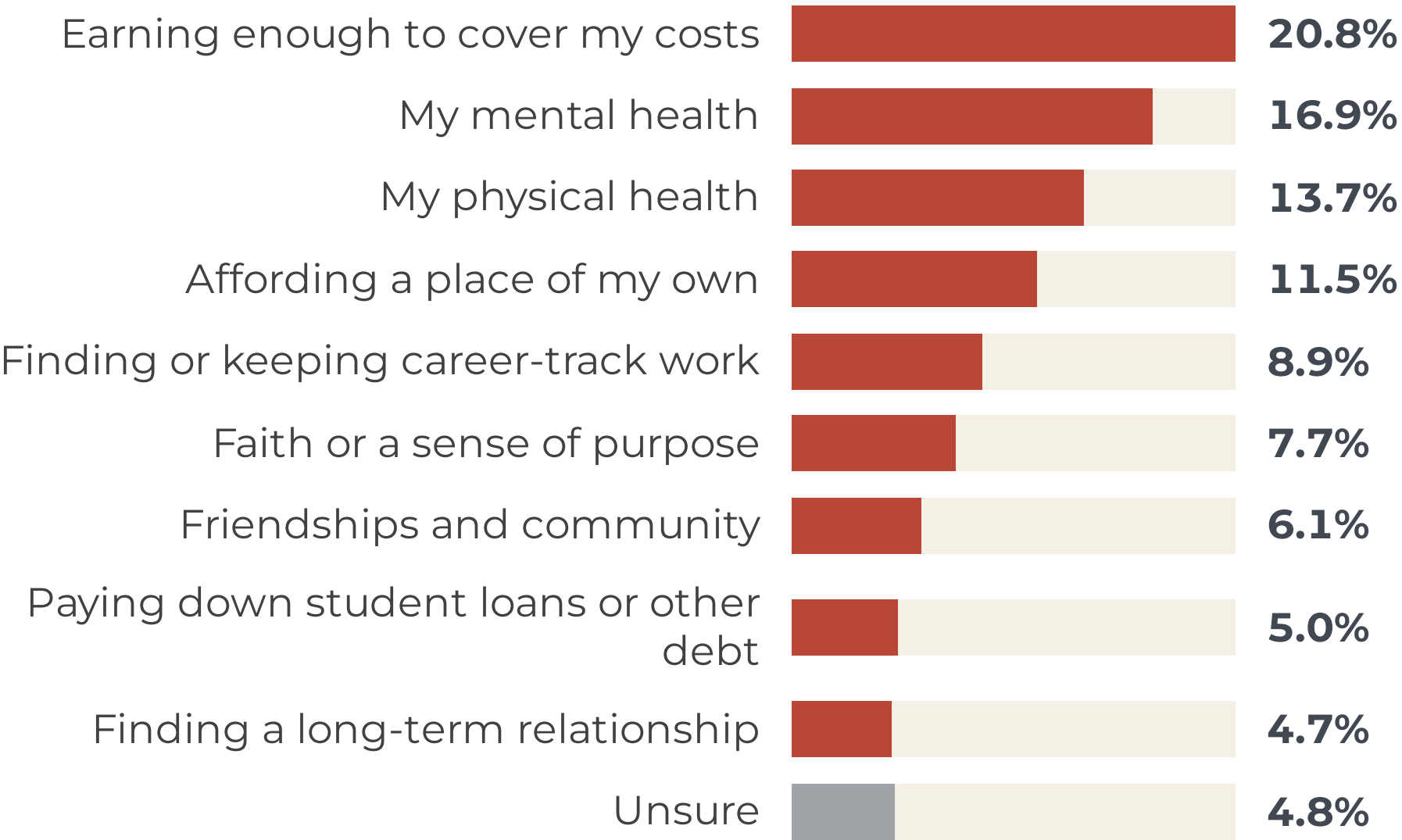
LIFE & WORK

YOUNG MEN
PRIORITY

Thinking about your own life right now, which one of the following is the most important thing for you to get right?

Cite and link:

youngamericanmen.com/data/2026/young-men-priority



LIFE & WORK

YOUNG MEN PRIORITY: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

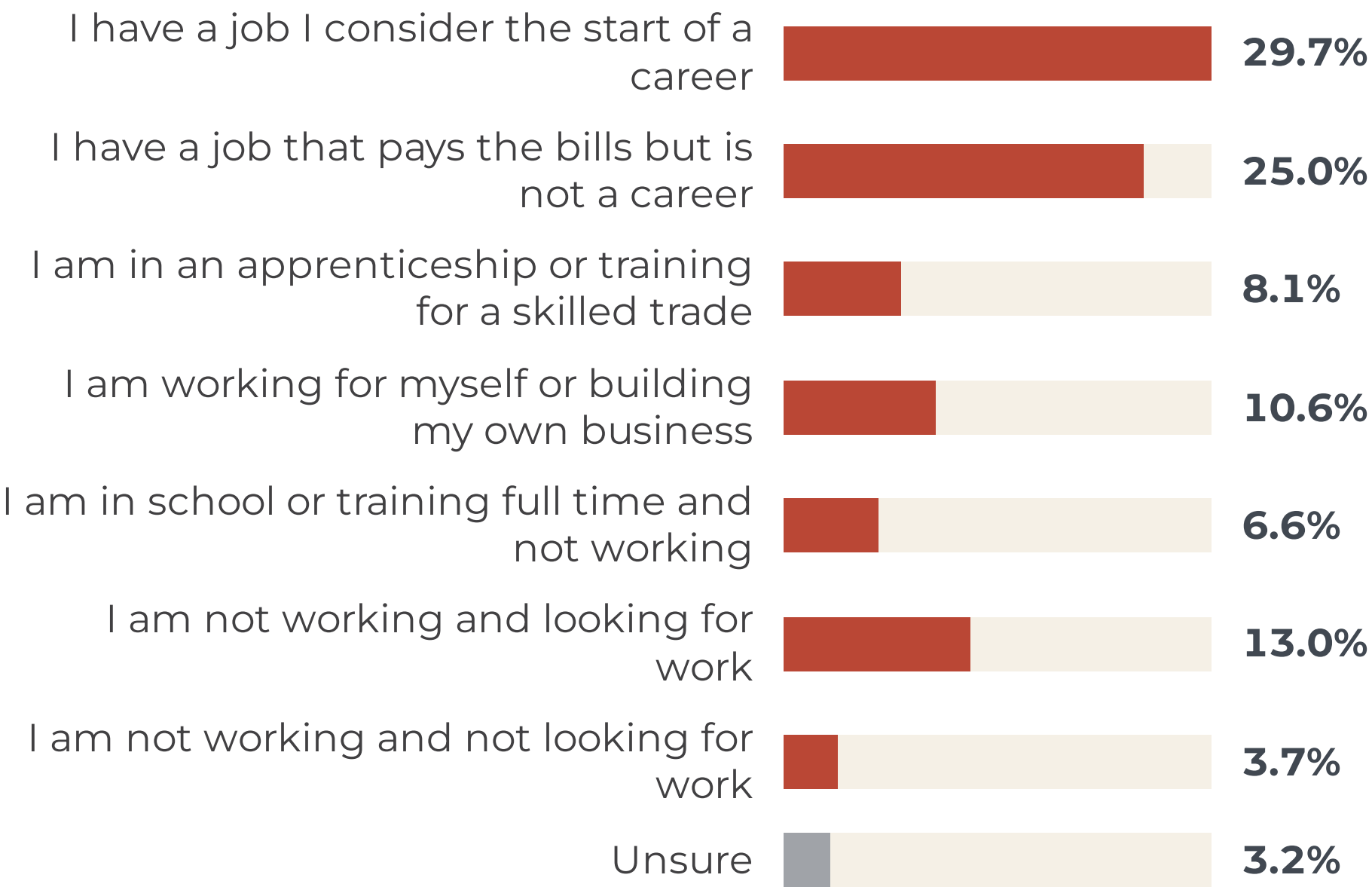
	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Earning enough to cover my costs	21%	20%	20%	22%	18%	25%	21%	20%	24%	20%	19%	26%	14%	23%	19%	24%	25%	20%	29%	21%	21%	17%	29%	23%	20%	21%	21%	18%	14%	19%	20%	19%	26%	20%	24%	16%	21%	13%	24%	20%	22%	20%	21%	26%	21%	21%
My mental health	17%	17%	17%	17%	18%	16%	19%	18%	17%	16%	18%	15%	17%	19%	17%	17%	23%	16%	19%	16%	16%	19%	18%	15%	20%	15%	23%	20%	18%	20%	18%	17%	11%	18%	18%	14%	16%	20%	16%	17%	19%	17%	18%	14%	16%	21%
My physical health	14%	11%	12%	16%	15%	15%	12%	14%	11%	16%	15%	14%	9%	14%	14%	14%	8%	15%	7%	15%	14%	16%	12%	16%	12%	14%	12%	16%	11%	12%	12%	20%	13%	12%	13%	18%	15%	12%	15%	16%	14%	12%	15%	19%	13%	14%
Affording a place of my own	11%	16%	12%	9%	14%	7%	11%	14%	10%	8%	11%	11%	4%	19%	12%	12%	10%	12%	17%	11%	12%	10%	13%	12%	10%	12%	10%	9%	10%	9%	11%	11%	16%	15%	8%	7%	9%	11%	14%	12%	8%	9%	13%	9%	12%	12%
Finding or keeping career-track work	9%	7%	12%	7%	10%	6%	11%	6%	11%	12%	8%	8%	16%	8%	9%	10%	7%	10%	9%	9%	12%	8%	8%	10%	10%	5%	8%	15%	10%	10%	7%	7%	8%	9%	11%	7%	15%	7%	10%	10%	8%	9%	6%	8%	11%	
Faith or a sense of purpose	8%	7%	8%	8%	10%	8%	6%	8%	7%	8%	7%	10%	10%	6%	8%	7%	7%	8%	5%	8%	9%	6%	6%	6%	9%	9%	7%	6%	0%	9%	9%	7%	5%	7%	8%	10%	12%	9%	5%	8%	5%	11%	7%	7%	10%	4%
Friendships and community	6%	6%	4%	8%	6%	7%	5%	6%	6%	6%	8%	5%	9%	2%	7%	5%	5%	6%	1%	7%	7%	9%	4%	7%	4%	6%	3%	7%	15%	8%	6%	3%	5%	6%	5%	9%	8%	4%	6%	6%	5%	10%	4%	7%	7%	5%
Paying down student loans or other debt	5%	5%	5%	5%	5%	4%	7%	4%	8%	5%	5%	5%	14%	2%	5%	5%	4%	5%	5%	6%	5%	4%	4%	6%	4%	9%	2%	14%	3%	6%	4%	6%	4%	7%	5%	5%	6%	5%	4%	7%	4%	5%	6%	5%	4%	
Finding a long-term relationship	5%	6%	5%	4%	3%	6%	5%	5%	3%	6%	5%	5%	4%	3%	5%	5%	6%	5%	0%	5%	6%	4%	4%	5%	5%	5%	5%	6%	3%	3%	6%	6%	4%	5%	4%	6%	3%	8%	5%	5%	6%	6%	4%	0%	5%	6%
Unsure	5%	4%	5%	5%	1%	5%	3%	5%	3%	2%	3%	1%	4%	4%	2%	3%	5%	2%	8%	3%	1%	2%	3%	3%	3%	3%	3%	8%	0%	7%	3%	4%	7%	6%	3%	3%	3%	3%	3%	1%	3%	3%	3%	6%	2%	3%

LIFE & WORK

WORK SITUATION

Which of the following best describes your work situation right now?

Cite and link:
youngamericanmen.com/data/2026/work-situation



LIFE & WORK

WORK SITUATION: BY GROUP

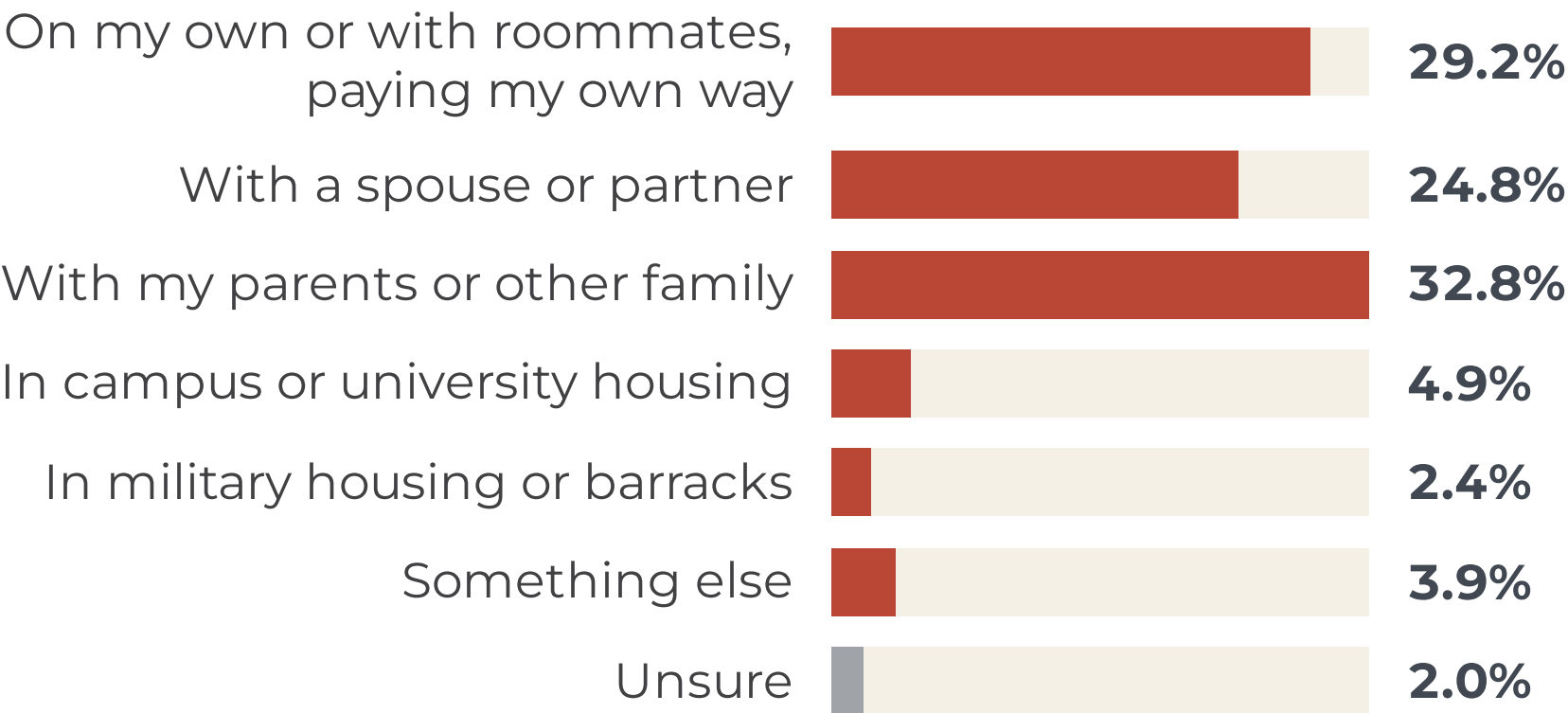
Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Career Track	48%	38%	52%	52%	56%	41%	52%	40%	42%	70%	56%	42%	46%	50%	38%	51%	56%	48%	40%	58%	35%	48%	49%	57%	43%	52%	49%	44%	48%	37%	59%	58%	58%	51%	44%	52%	53%	67%	42%	67%	49%	46%
Pays the Bills - I have a job that pays the bills but is not...	25%	20%	25%	28%	25%	26%	27%	26%	28%	21%	25%	26%	28%	25%	23%	26%	28%	23%	25%	27%	27%	25%	26%	24%	35%	27%	26%	25%	20%	27%	27%	21%	26%	29%	25%	27%	29%	18%	29%	14%	29%	24%
In School - I am in school or training full time and not...	7%	16%	5%	3%	4%	9%	7%	5%	16%	2%	7%	5%	4%	7%	3%	7%	6%	10%	5%	4%	8%	7%	5%	8%	6%	6%	8%	8%	4%	4%	8%	9%	5%	9%	6%	4%	7%	7%	7%	0%	6%	9%
Not Working	17%	26%	14%	14%	15%	22%	13%	26%	12%	5%	10%	25%	19%	16%	29%	15%	10%	18%	28%	10%	28%	19%	18%	6%	12%	11%	14%	21%	24%	28%	5%	10%	10%	11%	23%	17%	10%	7%	21%	16%	15%	20%
I have a job I consider the start of a career	30%	21%	31%	33%	35%	24%	33%	22%	18%	55%	37%	23%	29%	31%	25%	31%	36%	21%	28%	41%	20%	31%	28%	30%	26%	35%	31%	24%	27%	18%	39%	41%	40%	23%	28%	36%	34%	34%	29%	59%	31%	20%
I am in an apprenticeship or training for a skilled trade	8%	6%	8%	9%	9%	6%	9%	8%	11%	7%	9%	8%	7%	8%	5%	9%	10%	8%	5%	7%	7%	6%	10%	15%	7%	8%	8%	9%	9%	8%	8%	9%	10%	15%	4%	7%	11%	17%	4%	1%	8%	11%
I am working for myself or building my own business	11%	11%	12%	9%	12%	10%	10%	10%	14%	8%	11%	11%	9%	11%	8%	11%	10%	19%	7%	10%	8%	10%	11%	13%	10%	9%	10%	11%	13%	11%	12%	8%	8%	13%	11%	9%	8%	15%	9%	7%	9%	15%
I am not working and looking for work	13%	22%	11%	10%	12%	18%	9%	19%	9%	5%	8%	18%	17%	12%	24%	11%	8%	13%	24%	8%	22%	14%	15%	6%	12%	10%	12%	15%	17%	23%	3%	7%	8%	11%	17%	13%	8%	6%	16%	10%	12%	16%
I am not working and not looking for work	4%	3%	3%	4%	3%	4%	5%	6%	3%	0%	1%	6%	2%	4%	5%	3%	3%	5%	4%	2%	6%	5%	3%	0%	0%	2%	2%	6%	6%	5%	2%	4%	2%	0%	6%	4%	2%	1%	5%	6%	3%	4%
Unsure	3%	1%	5%	3%	0%	2%	1%	3%	1%	2%	2%	2%	3%	1%	6%	2%	1%	0%	2%	1%	2%	2%	2%	4%	4%	5%	2%	2%	5%	4%	1%	2%	1%	1%	2%	1%	1%	2%	1%	3%	1%	1%

LIFE & WORK

LIVING
ARRANGEMENT

Which of the following best describes
where you live right now?



Cite and link:

youngamericanmen.com/data/2026/living-arrangement

LIFE & WORK

LIVING ARRANGEMENT: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Independent Household	54%	37%	54%	63%	64%	48%	54%	49%	49%	69%	65%	58%	29%	33%	58%	53%	51%	56%	47%	56%	61%	45%	53%	58%	49%	50%	39%	58%	54%	45%	58%	49%	61%	56%	60%	56%	52%	65%	55%	59%	53%	93%	53%	47%
Lives With Family - With my parents or other family	33%	45%	34%	26%	23%	40%	37%	39%	33%	23%	24%	35%	39%	56%	30%	35%	36%	32%	40%	32%	27%	38%	39%	31%	40%	32%	34%	30%	33%	36%	32%	37%	28%	30%	29%	27%	38%	26%	36%	23%	37%	4%	35%	39%
On my own or with roommates, paying my own way	29%	25%	28%	32%	35%	28%	26%	29%	31%	30%	30%	36%	27%	21%	32%	28%	32%	29%	27%	30%	32%	26%	30%	32%	26%	24%	18%	32%	28%	25%	32%	32%	30%	25%	29%	26%	32%	37%	26%	31%	29%	4%	32%	34%
With a spouse or partner	25%	12%	26%	31%	29%	20%	28%	20%	18%	39%	35%	22%	2%	12%	26%	25%	19%	26%	19%	27%	29%	19%	23%	26%	23%	26%	21%	26%	26%	20%	26%	18%	31%	31%	32%	30%	20%	28%	29%	27%	25%	90%	21%	14%
In campus or university housing	5%	11%	4%	2%	5%	5%	5%	3%	12%	2%	5%	2%	26%	2%	6%	4%	2%	6%	2%	5%	4%	9%	2%	5%	5%	3%	13%	2%	6%	10%	1%	4%	4%	8%	7%	9%	2%	2%	3%	9%	3%	0%	4%	7%
In military housing or barracks	2%	5%	1%	2%	3%	4%	1%	2%	2%	3%	3%	0%	6%	3%	3%	2%	1%	3%	0%	3%	3%	3%	0%	1%	1%	5%	14%	1%	3%	5%	1%	1%	2%	5%	2%	3%	2%	2%	1%	5%	1%	0%	3%	3%
Something else	4%	1%	4%	5%	5%	3%	2%	5%	4%	1%	3%	5%	0%	6%	3%	5%	8%	3%	8%	3%	3%	3%	6%	3%	4%	7%	0%	5%	2%	3%	6%	6%	3%	1%	1%	5%	4%	4%	2%	3%	4%	1%	4%	3%
Unsure	2%	2%	2%	2%	0%	1%	1%	2%	0%	2%	0%	1%	0%	0%	1%	1%	2%	1%	3%	1%	1%	1%	1%	1%	1%	3%	0%	4%	1%	1%	3%	3%	1%	1%	1%	1%	0%	2%	1%	1%	1%	1%	0%	

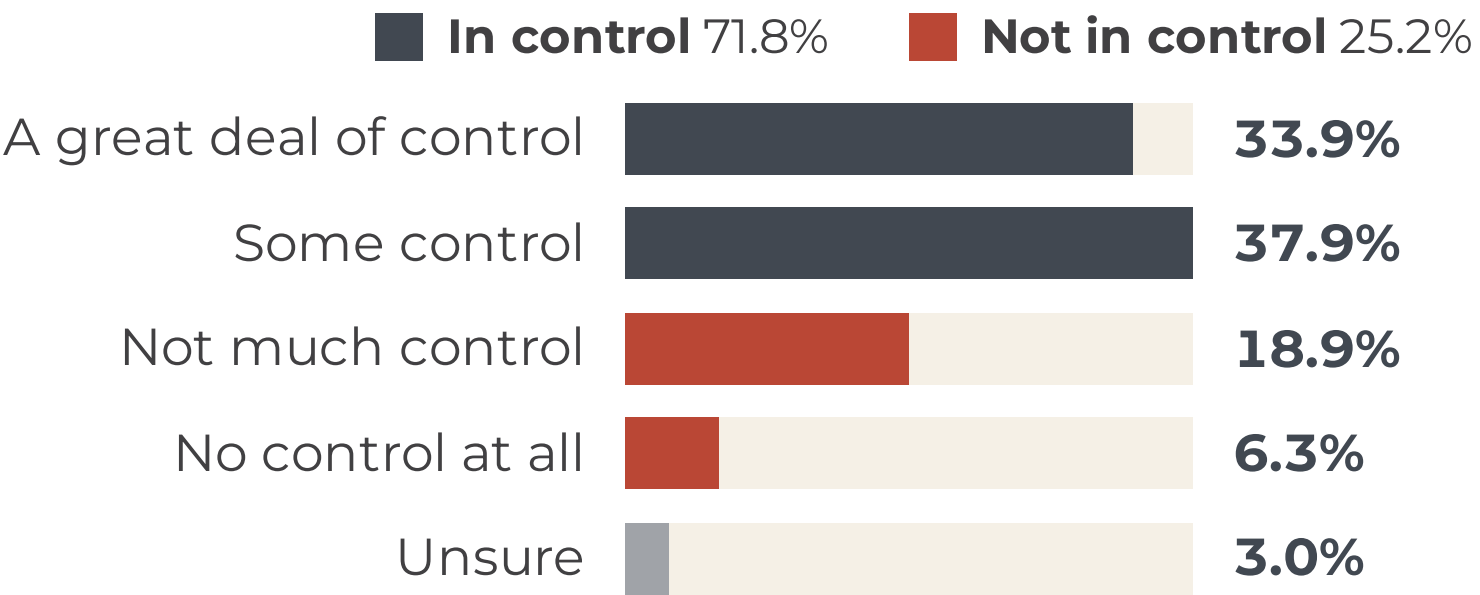
LIFE & WORK

ECONOMIC CONTROL

How much control do you feel you have over your own financial future?

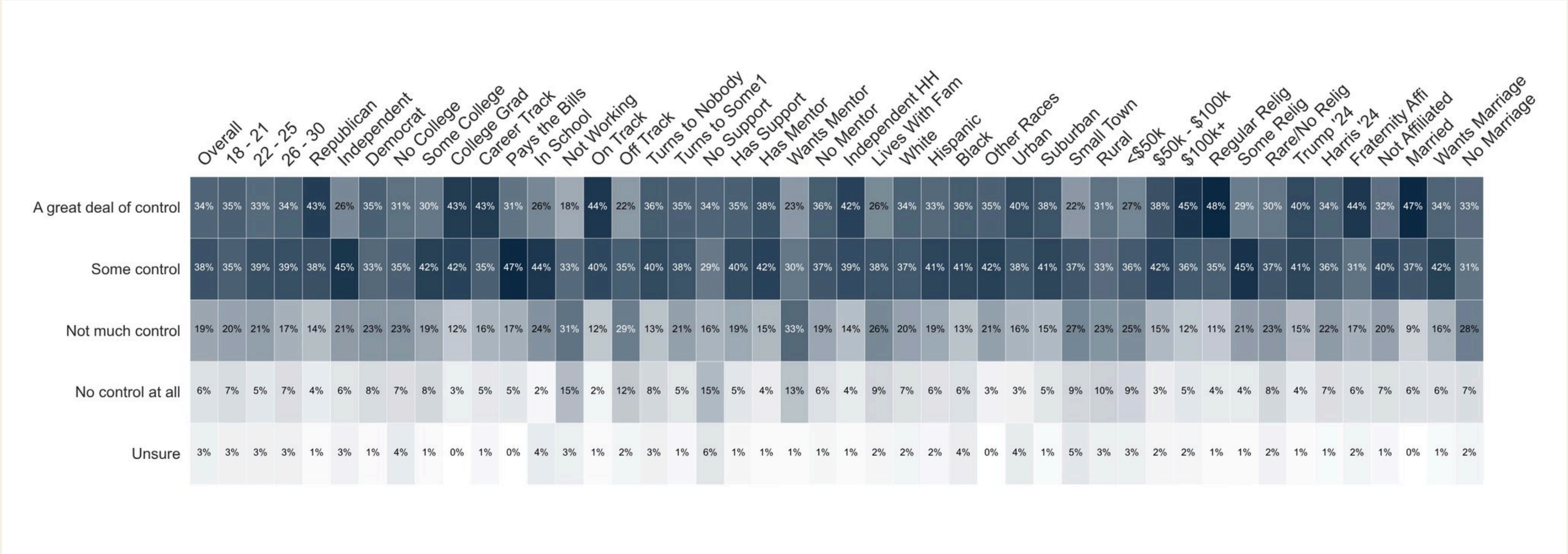
Cite and link:

youngamericanmen.com/data/2026/economic-control



ECONOMIC CONTROL: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.



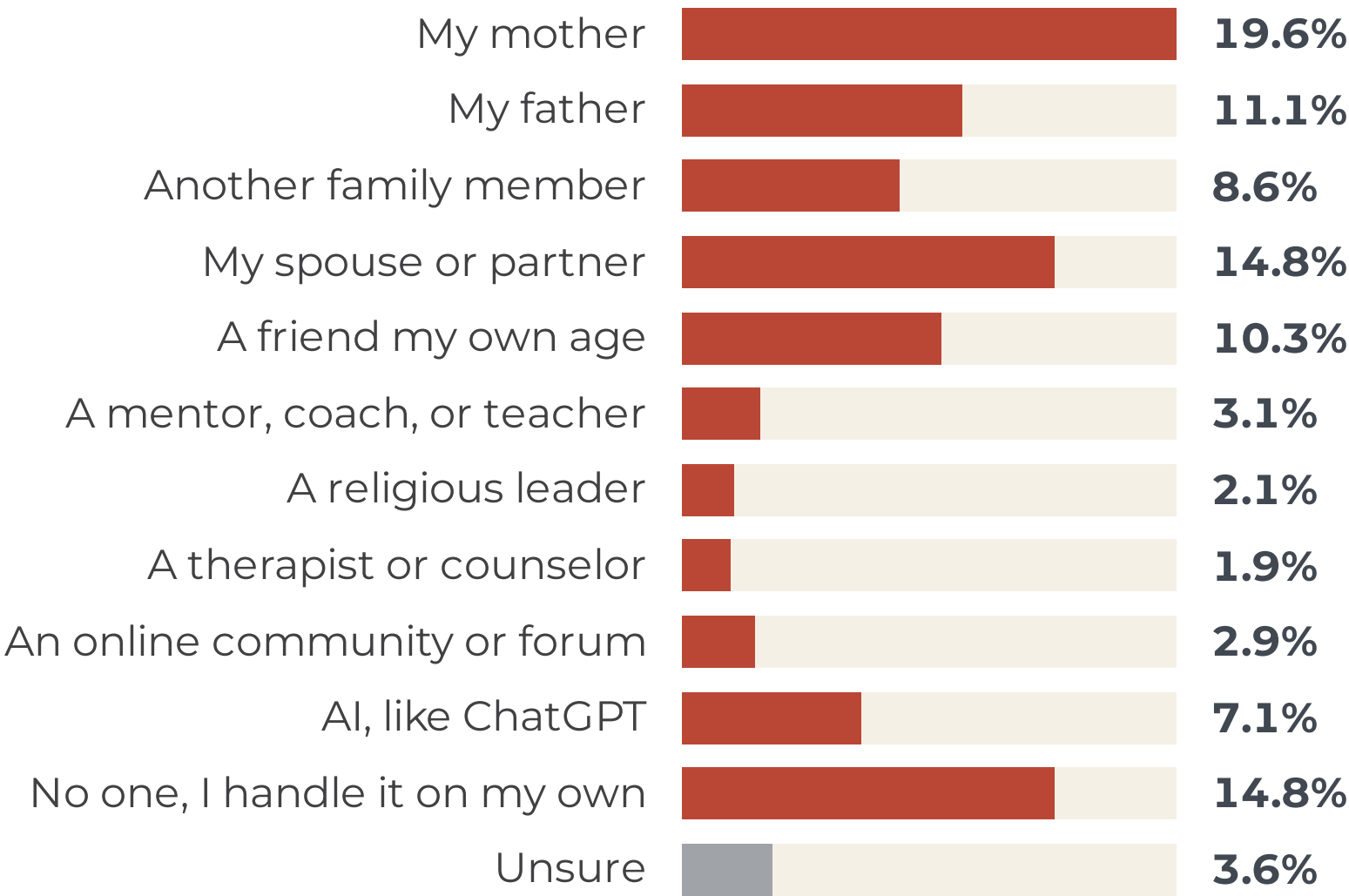
CONNECTION

TURN TO FIRST

When something goes seriously wrong in your life, who do you turn to first?

Cite and link:

youngamericanmen.com/data/2026/turn-to-first



CONNECTION

TURN TO FIRST: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Turns to Someone	82%	83%	83%	80%	83%	78%	88%	79%	83%	87%	85%	82%	87%	78%	85%	80%	56%	87%	89%	86%	69%	84%	81%	83%	80%	80%	85%	76%	85%	86%	78%	78%	84%	88%	88%	87%	80%	85%	87%	91%	81%	86%	85%	79%
Turns to Nobody - No one, I handle it on my own	15%	15%	12%	17%	16%	18%	10%	17%	12%	13%	14%	17%	9%	17%	13%	17%	37%	12%	10%	13%	27%	14%	16%	14%	16%	17%	15%	20%	13%	10%	17%	17%	14%	10%	10%	13%	18%	14%	12%	8%	17%	14%	14%	18%
My mother	20%	20%	20%	19%	18%	23%	18%	21%	24%	15%	15%	27%	28%	21%	20%	19%	11%	21%	21%	14%	20%	17%	26%	18%	24%	24%	6%	23%	18%	16%	23%	21%	16%	21%	20%	17%	21%	20%	20%	17%	21%	6%	21%	21%
My father	11%	12%	12%	10%	14%	10%	10%	10%	10%	14%	12%	13%	9%	9%	12%	9%	9%	11%	14%	11%	6%	11%	11%	13%	8%	7%	14%	11%	11%	11%	12%	8%	13%	16%	11%	13%	10%	12%	11%	15%	10%	5%	14%	8%
Another family member	9%	8%	10%	8%	9%	8%	8%	10%	7%	7%	7%	8%	8%	13%	8%	10%	6%	9%	8%	13%	7%	9%	9%	8%	7%	13%	7%	8%	11%	5%	9%	11%	5%	8%	8%	6%	9%	9%	7%	8%	9%	7%	8%	11%
My spouse or partner	15%	11%	14%	18%	14%	13%	19%	12%	12%	24%	19%	10%	11%	13%	17%	13%	8%	17%	19%	11%	12%	22%	7%	16%	15%	8%	24%	13%	14%	20%	14%	12%	21%	11%	20%	15%	14%	17%	17%	13%	16%	58%	15%	4%
A friend my own age	10%	10%	11%	10%	8%	9%	15%	9%	10%	14%	11%	10%	8%	10%	12%	9%	6%	11%	12%	11%	8%	10%	13%	11%	10%	5%	28%	10%	13%	9%	7%	9%	11%	13%	10%	11%	11%	9%	13%	15%	9%	3%	11%	12%
A mentor, coach, or teacher	3%	3%	3%	3%	4%	3%	2%	3%	4%	3%	4%	1%	9%	2%	4%	3%	4%	3%	3%	5%	2%	2%	3%	3%	4%	3%	6%	1%	3%	6%	3%	4%	3%	2%	3%	5%	2%	3%	3%	3%	1%	2%	5%	
A religious leader	2%	3%	1%	2%	2%	3%	2%	2%	3%	2%	2%	2%	0%	3%	2%	2%	1%	2%	2%	3%	1%	2%	2%	2%	1%	3%	0%	2%	2%	3%	1%	2%	2%	4%	2%	1%	3%	1%	3%	2%	1%	3%	1%	
A therapist or counselor	2%	2%	3%	1%	2%	1%	3%	2%	4%	1%	2%	1%	7%	1%	2%	3%	1%	2%	1%	6%	1%	1%	1%	2%	2%	1%	0%	1%	2%	4%	1%	2%	1%	2%	4%	1%	2%	2%	3%	2%	1%	2%	2%	
An online community or forum	3%	5%	3%	2%	3%	3%	4%	2%	3%	4%	4%	3%	1%	0%	4%	2%	3%	3%	3%	4%	3%	2%	2%	3%	3%	4%	0%	1%	4%	4%	2%	2%	3%	4%	2%	4%	3%	2%	5%	2%	3%	0%	2%	5%
AI, like ChatGPT	7%	8%	6%	7%	10%	4%	8%	9%	7%	3%	8%	7%	6%	6%	6%	10%	7%	7%	7%	8%	7%	7%	7%	7%	6%	13%	0%	6%	8%	7%	7%	6%	8%	9%	8%	9%	6%	8%	8%	13%	6%	3%	7%	10%
Unsure	4%	3%	5%	3%	1%	4%	2%	3%	4%	1%	1%	1%	4%	5%	1%	3%	7%	2%	1%	1%	4%	2%	3%	3%	4%	3%	0%	4%	2%	5%	5%	5%	2%	2%	2%	1%	2%	1%	2%	1%	2%	0%	2%	4%

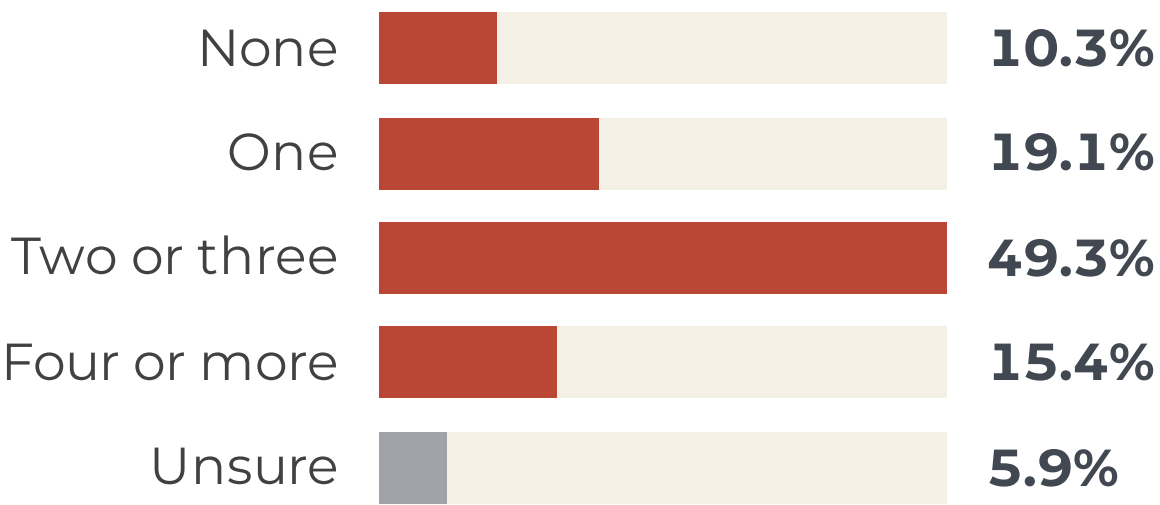
CONNECTION

CLOSE SUPPORT COUNT

How many people in your life could you call at two o'clock in the morning if you really needed help?

Cite and link:

youngamericanmen.com/data/2026/close-support-count



CONNECTION

CLOSE SUPPORT COUNT: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
No Support - None	10%	13%	10%	9%	12%	9%	9%	14%	9%	5%	8%	10%	5%	18%	7%	13%	26%	7%	5%	14%	19%	9%	13%	10%	13%	10%	7%	13%	7%	10%	13%	15%	7%	5%	8%	8%	13%	10%	8%	5%	12%	5%	10%	11%
Has Support	84%	79%	85%	85%	86%	84%	86%	79%	87%	92%	88%	87%	87%	73%	89%	81%	65%	89%	93%	79%	76%	88%	81%	84%	83%	86%	90%	81%	87%	83%	82%	78%	89%	89%	91%	87%	80%	86%	88%	91%	83%	94%	86%	82%
One	19%	19%	16%	22%	21%	17%	20%	21%	18%	17%	21%	20%	11%	17%	19%	22%	25%	19%	20%	27%	14%	20%	18%	19%	19%	22%	21%	20%	23%	14%	16%	22%	21%	11%	19%	29%	16%	21%	22%	20%	19%	20%	19%	19%
Two or three	49%	50%	50%	48%	50%	51%	51%	44%	56%	55%	50%	53%	55%	45%	51%	49%	31%	54%	54%	44%	49%	52%	50%	48%	50%	54%	52%	44%	50%	54%	48%	45%	54%	53%	57%	43%	49%	50%	49%	50%	51%	54%	51%	48%
Four or more	15%	11%	19%	15%	15%	17%	15%	14%	14%	20%	17%	14%	21%	11%	19%	10%	10%	16%	19%	8%	13%	16%	13%	17%	14%	11%	18%	17%	14%	14%	17%	12%	14%	25%	15%	14%	16%	15%	16%	21%	13%	19%	15%	15%
Unsure	6%	8%	5%	5%	2%	6%	4%	7%	4%	3%	4%	4%	8%	9%	4%	6%	9%	4%	2%	7%	5%	3%	7%	6%	5%	4%	3%	6%	5%	7%	5%	7%	4%	6%	2%	5%	7%	4%	4%	4%	5%	1%	4%	6%

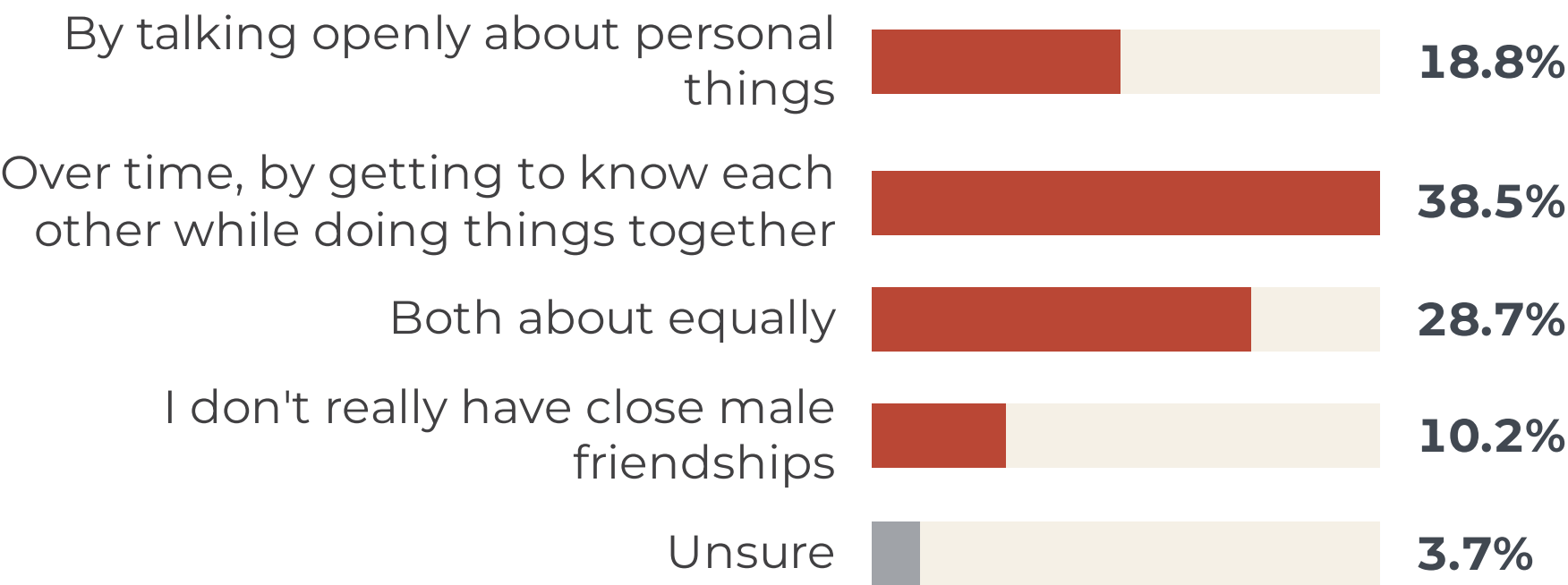
CONNECTION

FRIENDSHIP
FORMATION

*Thinking about the men you're closest to,
how did those friendships mostly get
built?*

Cite and link:

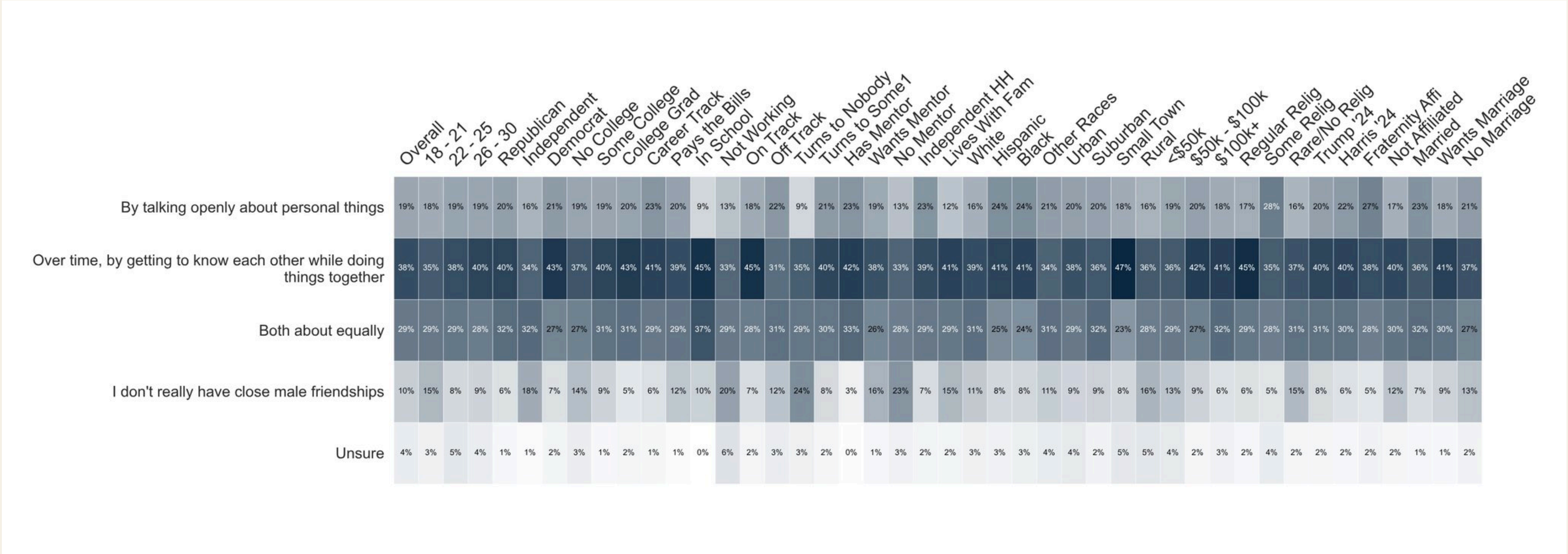
youngamericanmen.com/data/2026/friendship-formation



CONNECTION

FRIENDSHIP FORMATION: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.



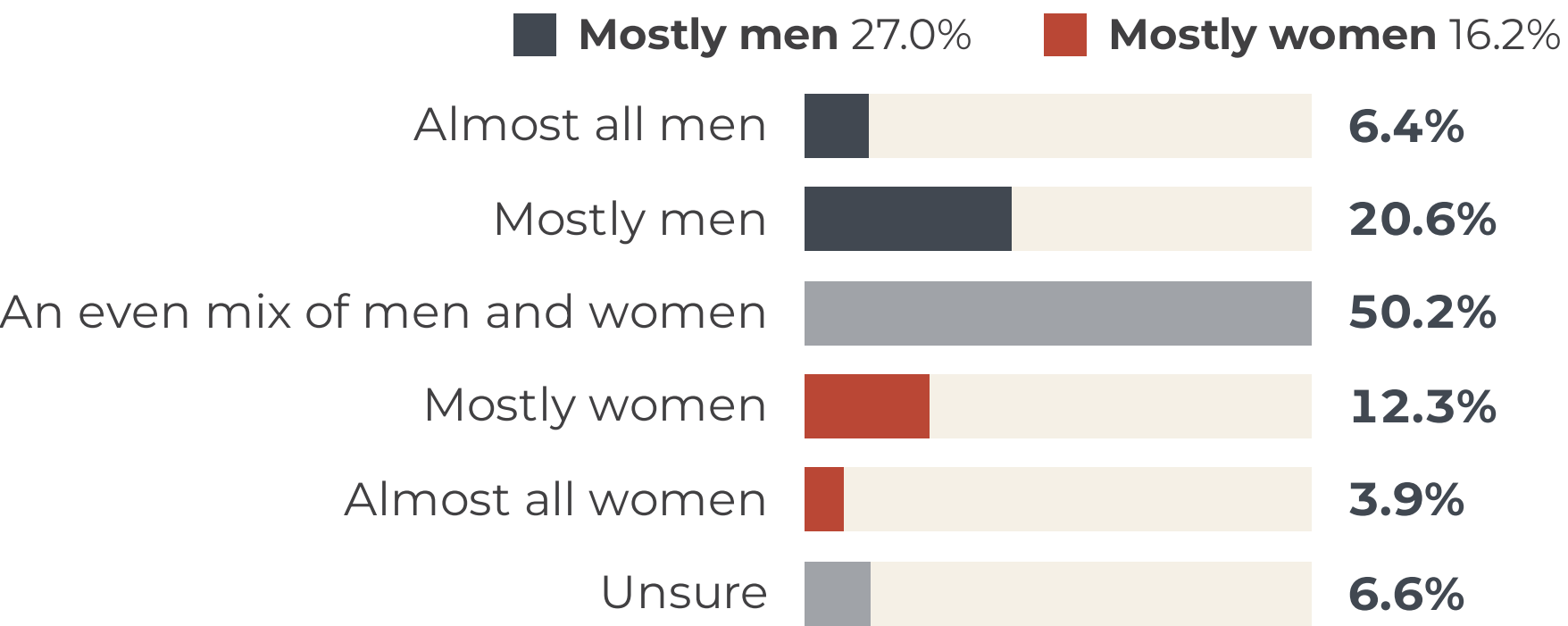
CONNECTION

AUTHORITY FIGURES

Think about the people who have held authority over you across your whole life so far, at home, in school, in sports, and at work. Have those people been mostly men, mostly women, or an even mix?

Cite and link:

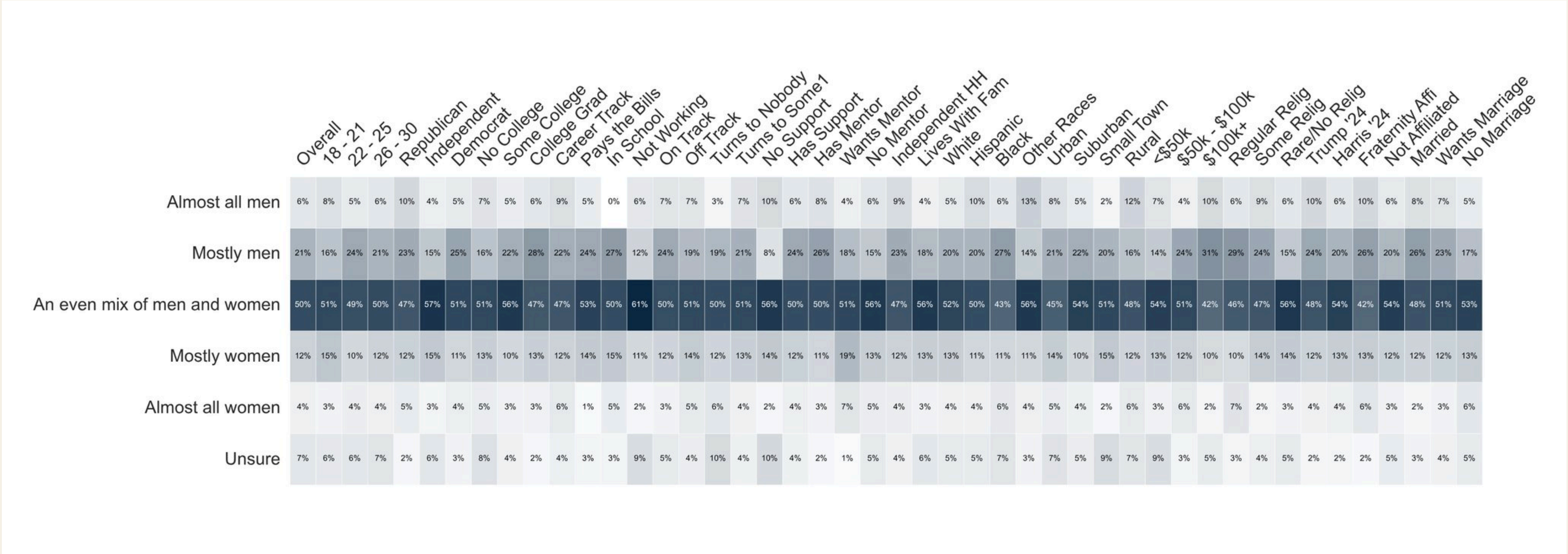
youngamericanmen.com/data/2026/authority-figures



CONNECTION

AUTHORITY FIGURES: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.



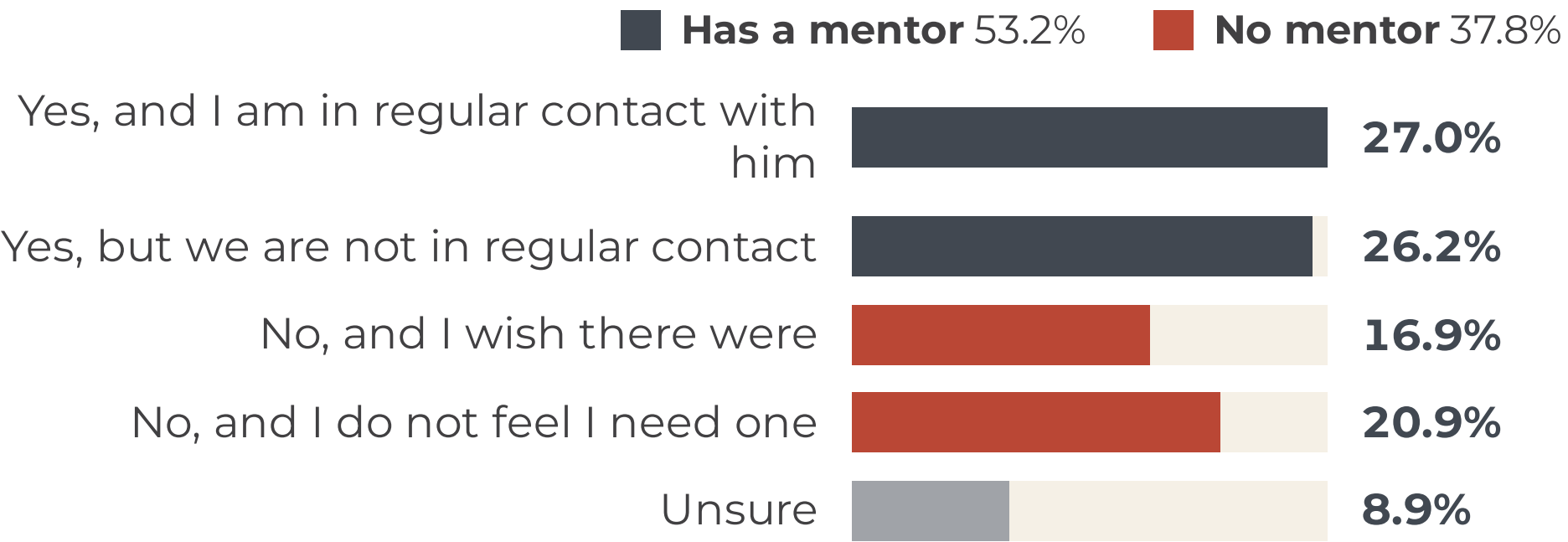
CONNECTION

MENTORSHIP
PRESENCE

Is there a man in your life, other than a family member you live with, who has taken a real interest in how you turn out?

Cite and link:

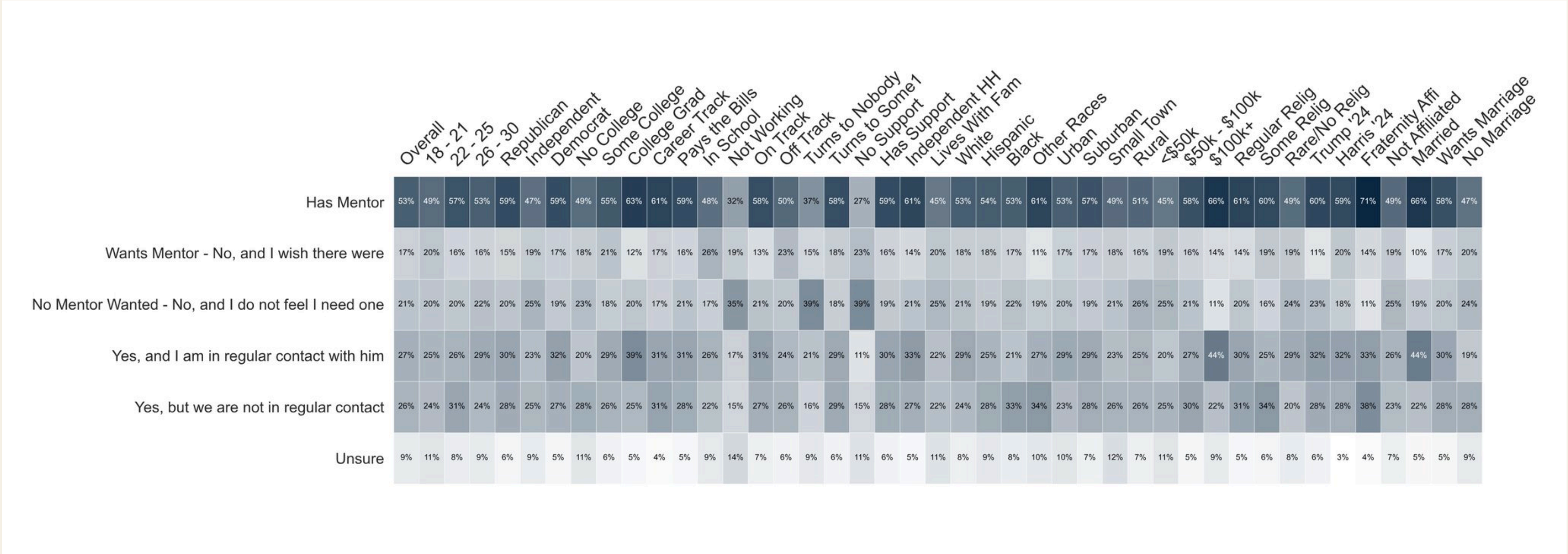
youngamericanmen.com/data/2026/mentorship-presence



CONNECTION

MENTORSHIP PRESENCE: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.



CONNECTION

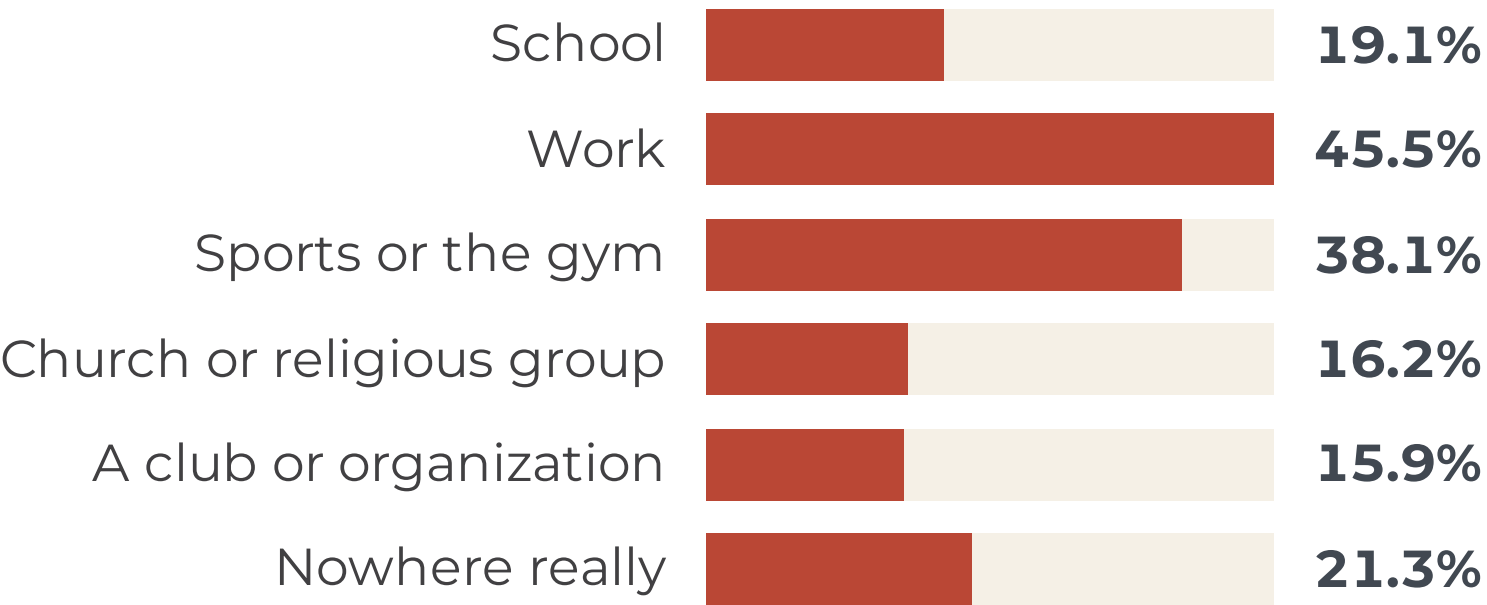
MALE SPACES

*Is there anywhere in your life where you spend time around mostly other men?
Select all that apply.*

Select all that apply; totals exceed 100%.

Cite and link:

youngamericanmen.com/data/2026/male-spaces



CONNECTION

MALE SPACES: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

		Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Has Male Space	Has Male Space	79%	79%	81%	77%	87%	72%	82%	74%	84%	85%	87%	83%	90%	51%	84%	76%	66%	83%	60%	83%	89%	76%	67%	82%	72%	76%	83%	82%	96%	75%	83%	74%	79%	70%	87%	87%	90%	89%	70%	85%	82%	96%	75%	75%	83%	78%
	No Male Space - Nowhere really	21%	21%	19%	23%	13%	28%	18%	26%	16%	15%	13%	17%	10%	49%	16%	24%	34%	17%	40%	17%	11%	24%	33%	18%	28%	24%	17%	18%	4%	25%	17%	26%	21%	30%	13%	13%	10%	11%	30%	15%	18%	4%	25%	25%	17%	22%
	School	19%	34%	19%	12%	20%	16%	21%	18%	27%	16%	20%	17%	48%	9%	18%	21%	10%	21%	11%	20%	21%	21%	12%	17%	21%	16%	26%	23%	23%	19%	20%	18%	18%	17%	19%	25%	20%	21%	18%	16%	20%	28%	17%	4%	22%	20%
	Work	46%	37%	54%	44%	54%	41%	47%	45%	39%	53%	56%	57%	24%	14%	54%	37%	42%	47%	35%	48%	54%	41%	39%	52%	41%	46%	41%	53%	44%	46%	50%	37%	44%	36%	55%	53%	54%	49%	42%	54%	51%	53%	44%	51%	51%	39%
	Sports or the gym	38%	36%	39%	38%	44%	30%	44%	33%	41%	47%	44%	40%	43%	22%	40%	39%	30%	41%	24%	41%	44%	33%	34%	42%	32%	37%	39%	44%	54%	40%	45%	31%	30%	30%	42%	53%	42%	44%	34%	43%	43%	48%	36%	43%	42%	34%
	Church or religious group	16%	16%	14%	18%	19%	14%	18%	14%	23%	14%	17%	18%	18%	13%	16%	18%	10%	18%	9%	18%	20%	15%	12%	17%	14%	16%	16%	17%	18%	16%	17%	12%	19%	15%	19%	17%	31%	25%	5%	16%	17%	27%	13%	21%	17%	14%
A club or organization	16%	21%	15%	14%	16%	14%	19%	13%	22%	17%	15%	16%	32%	15%	16%	17%	10%	17%	7%	18%	21%	13%	10%	14%	16%	15%	15%	17%	34%	12%	19%	17%	14%	12%	17%	20%	19%	20%	13%	15%	19%	27%	13%	8%	16%	18%	

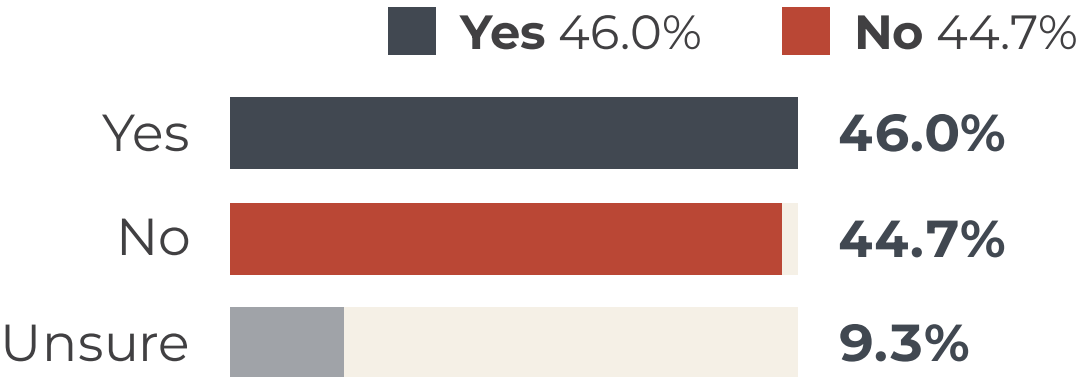
BELONGING

ORGANIZATION
IMPACT

*Have you ever been part of an
organization that made a real difference
in your life?*

Cite and link:

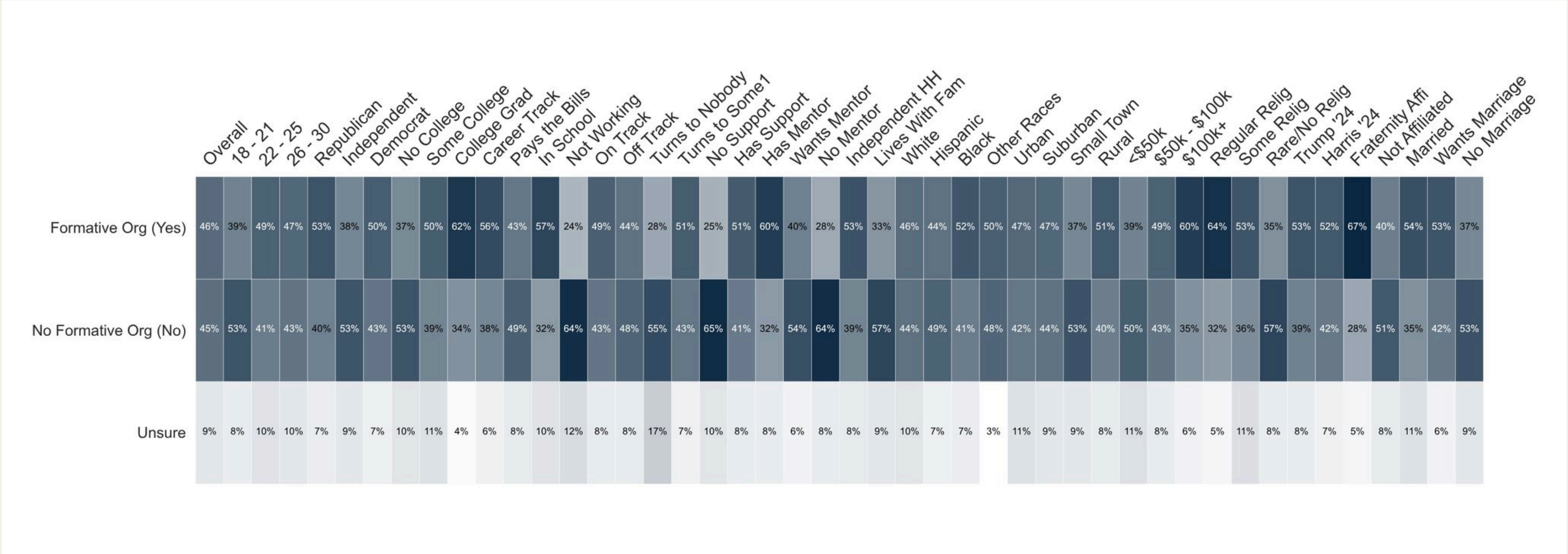
[youngamericanmen.com/data/2026/organization-
impact](http://youngamericanmen.com/data/2026/organization-impact)



BELONGING

ORGANIZATION IMPACT: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.



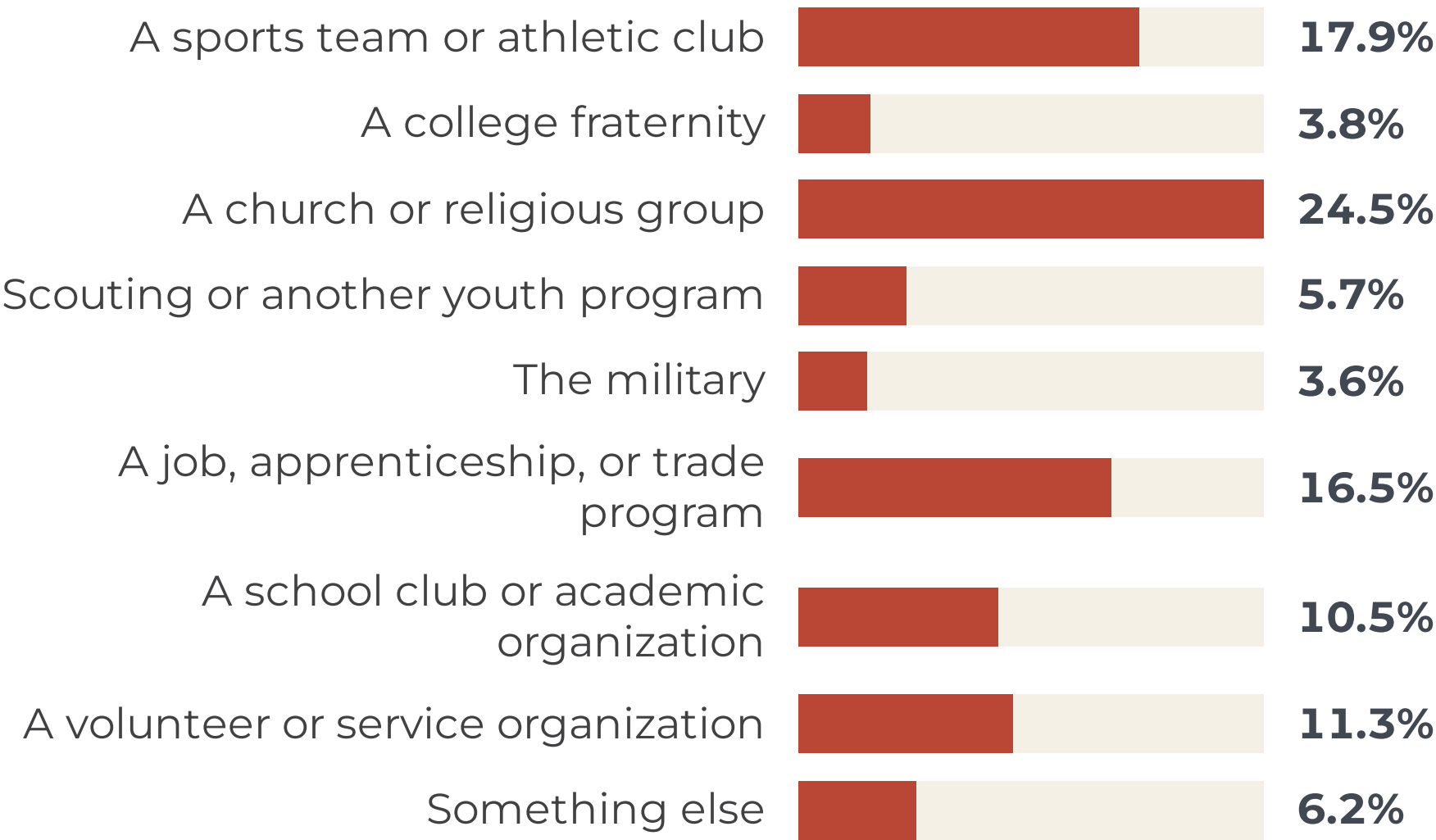
BELONGING

ORGANIZATION
TYPE

What kind of organization made a real difference in your life? If more than one, pick the one that mattered most.

Cite and link:

youngamericanmen.com/data/2026/organization-type



BELONGING

ORGANIZATION TYPE: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
A sports team or athletic club	18%	18%	20%	16%	17%	18%	20%	13%	21%	21%	16%	21%	31%	12%	20%	15%	11%	19%	10%	18%	18%	15%	19%	19%	16%	19%	19%	18%	8%	20%	19%	21%	10%	17%	15%	24%	15%	15%	21%	16%	20%	21%	16%	14%	20%	16%
A college fraternity	4%	8%	2%	4%	2%	5%	2%	4%	3%	4%	3%	4%	6%	3%	3%	4%	2%	4%	5%	4%	4%	2%	7%	4%	4%	2%	3%	7%	12%	5%	5%	3%	1%	3%	5%	3%	5%	6%	2%	4%	3%	9%	1%	2%	5%	2%
A church or religious group	25%	23%	25%	25%	32%	25%	17%	24%	20%	27%	25%	28%	15%	24%	24%	25%	19%	25%	26%	25%	25%	26%	21%	25%	29%	25%	27%	20%	27%	26%	25%	20%	25%	21%	27%	27%	39%	29%	9%	29%	19%	24%	25%	38%	24%	21%
Scouting or another youth program	6%	3%	7%	6%	6%	3%	6%	8%	4%	5%	6%	6%	4%	3%	7%	5%	3%	6%	10%	6%	6%	12%	0%	5%	8%	6%	4%	7%	17%	5%	2%	11%	9%	4%	7%	7%	6%	5%	6%	5%	7%	5%	7%	0%	6%	7%
The military	4%	2%	3%	4%	2%	6%	4%	5%	5%	2%	4%	2%	7%	3%	3%	4%	13%	3%	0%	4%	5%	1%	2%	3%	1%	4%	4%	2%	0%	3%	6%	2%	1%	3%	3%	5%	3%	3%	5%	3%	5%	3%	4%	6%	3%	4%
A job, apprenticeship, or trade program	16%	13%	21%	15%	15%	18%	18%	17%	21%	13%	19%	10%	15%	15%	14%	18%	14%	17%	25%	16%	15%	22%	14%	14%	16%	15%	17%	19%	14%	10%	15%	16%	27%	17%	18%	14%	9%	19%	22%	19%	14%	15%	17%	14%	16%	19%
A school club or academic organization	10%	15%	9%	10%	10%	8%	13%	8%	12%	12%	12%	9%	9%	8%	10%	12%	9%	11%	25%	9%	11%	4%	17%	12%	8%	11%	12%	10%	7%	13%	8%	9%	14%	12%	9%	9%	9%	10%	12%	8%	14%	10%	11%	9%	9%	13%
A volunteer or service organization	11%	14%	6%	14%	10%	11%	13%	14%	8%	11%	7%	19%	9%	21%	12%	11%	10%	11%	0%	12%	12%	8%	15%	10%	17%	12%	12%	9%	7%	14%	13%	6%	8%	14%	12%	6%	9%	10%	15%	11%	13%	11%	12%	3%	12%	13%
Something else	6%	4%	7%	7%	5%	6%	6%	7%	7%	5%	7%	2%	3%	10%	6%	6%	18%	5%	0%	7%	5%	11%	6%	7%	1%	7%	1%	9%	7%	5%	6%	11%	5%	9%	4%	5%	5%	3%	8%	6%	5%	2%	7%	13%	5%	4%

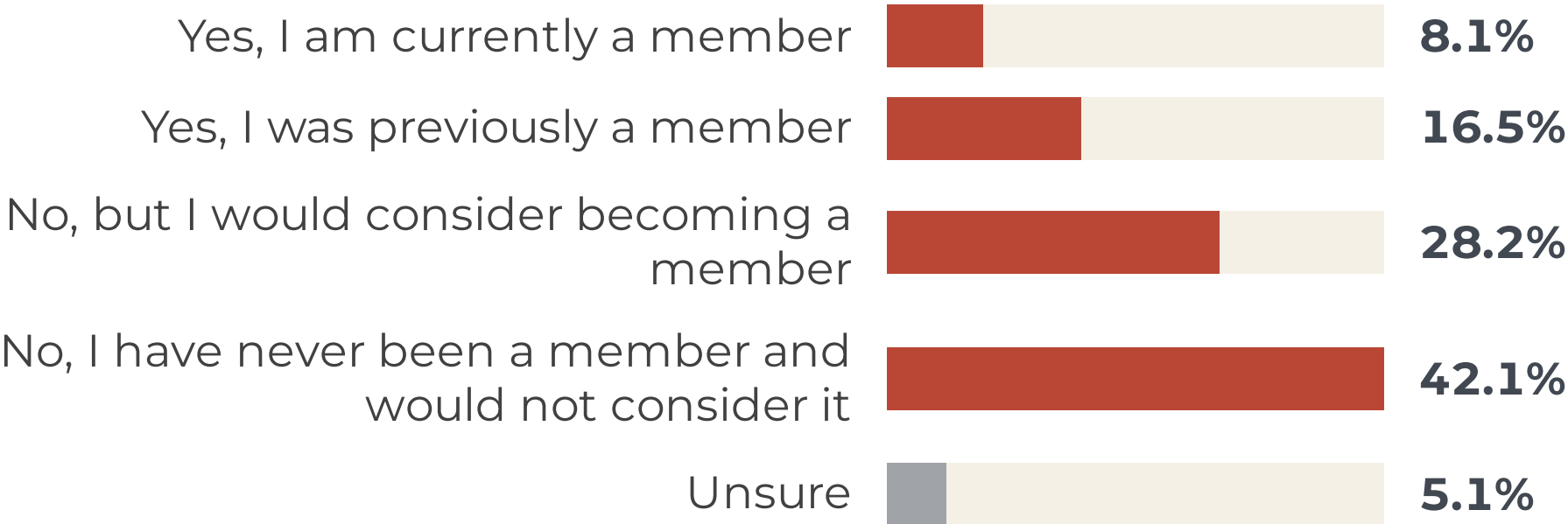
BELONGING

FRATERNITY MEMBERSHIP

*Are you or have you ever been a member
of a college or university-affiliated
fraternity?*

Cite and link:

youngamericanmen.com/data/2026/fraternity-membership



BELONGING

FRATERNITY MEMBERSHIP: BY GROUP

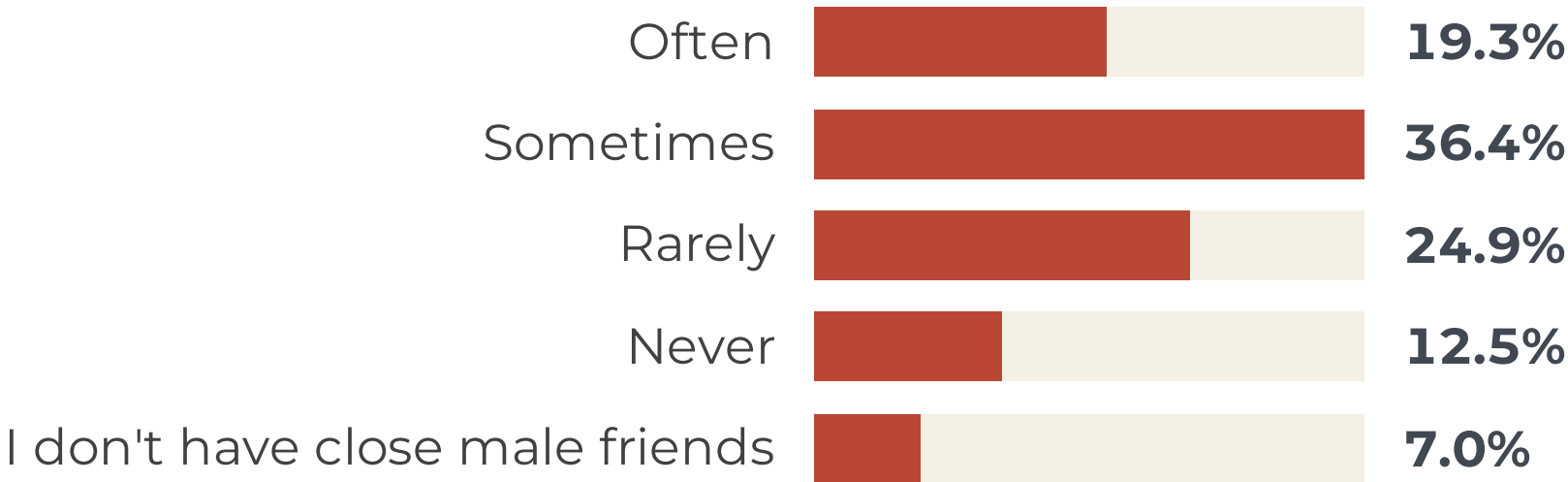
Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Married	Wants Marriage	No Marriage
Fraternity Affiliated	25%	24%	26%	24%	32%	16%	27%	19%	27%	35%	34%	18%	25%	10%	27%	22%	13%	27%	11%	27%	33%	21%	13%	27%	17%	23%	24%	34%	36%	26%	24%	26%	23%	18%	27%	36%	32%	35%	16%	29%	26%	25%	26%	25%
Not Affiliated	70%	70%	68%	72%	66%	80%	71%	76%	68%	63%	61%	81%	72%	87%	69%	74%	80%	70%	84%	69%	65%	78%	83%	70%	78%	73%	74%	62%	54%	66%	74%	68%	71%	75%	70%	61%	66%	61%	79%	68%	72%	74%	72%	71%
Yes, I am currently a member	8%	7%	8%	9%	12%	3%	9%	6%	6%	13%	12%	7%	7%	0%	8%	9%	5%	9%	5%	8%	12%	5%	3%	11%	4%	7%	7%	16%	7%	11%	9%	3%	8%	5%	8%	14%	13%	15%	3%	12%	8%	12%	8%	7%
Yes, I was previously a member	16%	17%	18%	15%	20%	13%	18%	12%	21%	21%	22%	11%	18%	10%	19%	13%	8%	19%	5%	18%	21%	15%	10%	16%	13%	16%	17%	18%	29%	16%	15%	22%	15%	13%	19%	21%	19%	21%	14%	17%	18%	13%	18%	18%
No, but I would consider becoming a member	28%	30%	31%	25%	28%	29%	30%	33%	30%	19%	27%	36%	31%	21%	30%	27%	19%	31%	24%	29%	28%	31%	29%	28%	29%	24%	38%	33%	19%	26%	29%	32%	26%	30%	28%	27%	29%	26%	29%	27%	29%	25%	29%	30%
No, I have never been a member and would not consider it	42%	40%	37%	47%	38%	51%	41%	44%	39%	44%	34%	44%	41%	66%	38%	47%	61%	39%	60%	40%	37%	46%	54%	42%	49%	48%	36%	29%	35%	41%	45%	36%	45%	45%	43%	34%	37%	34%	50%	41%	43%	49%	43%	41%
Unsure	5%	6%	6%	4%	2%	4%	2%	5%	5%	2%	5%	1%	4%	3%	4%	4%	7%	3%	5%	4%	2%	2%	4%	4%	4%	5%	2%	4%	10%	8%	2%	7%	7%	7%	2%	3%	2%	4%	4%	3%	2%	2%	2%	4%

BELONGING

FAITH TALK

How often do you and your male friends talk about faith, religion, or spirituality?

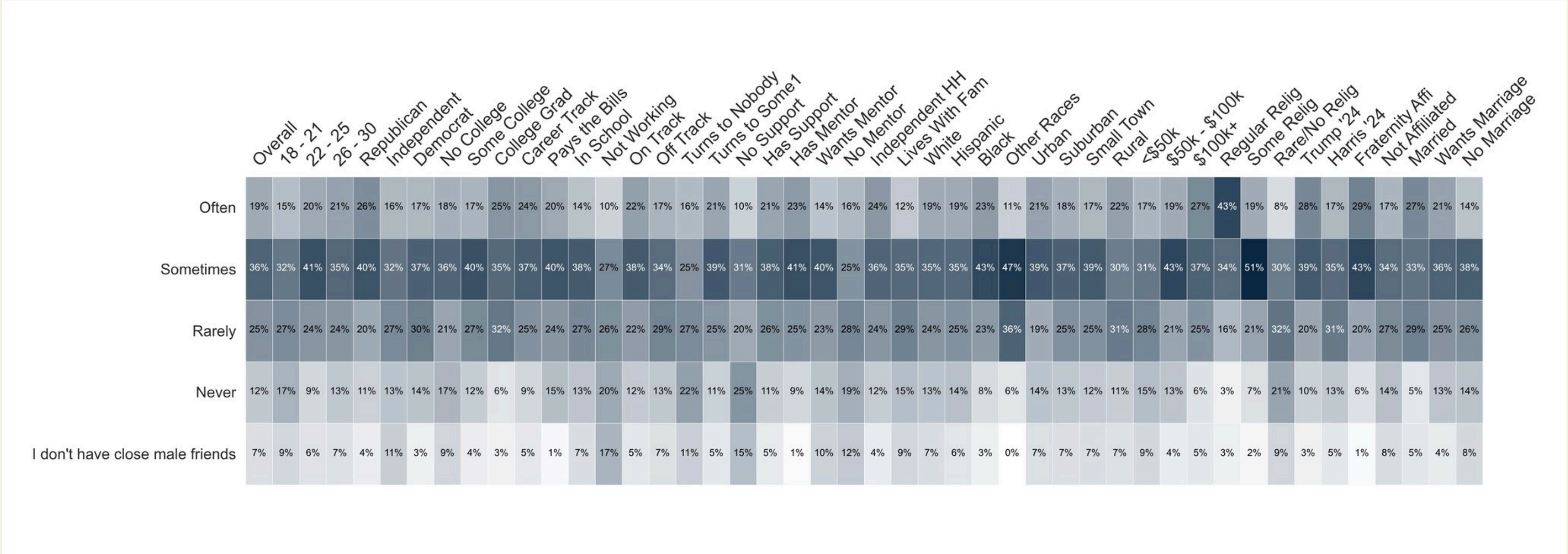


Cite and link:
youngamericanmen.com/data/2026/faith-talk

BELONGING

FAITH TALK: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.



BELONGING

FAITH FORMATION
SOURCE

*When you want to learn more about faith
or religion, where do you usually go?*

Select all that apply; totals exceed 100%.

Cite and link:

youngamericanmen.com/data/2026/faith-formation-source



BELONGING

FAITH FORMATION SOURCE: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Church or a religious leader	29%	22%	33%	30%	38%	28%	24%	26%	31%	35%	31%	32%	27%	24%	34%	23%	29%	29%	27%	30%	33%	18%	32%	35%	24%	31%	27%	28%	28%	32%	29%	27%	28%	28%	31%	30%	47%	33%	18%	41%	25%	31%	30%	38%	32%	23%
Family	27%	29%	30%	23%	30%	26%	26%	27%	22%	31%	30%	24%	21%	27%	28%	27%	17%	29%	15%	29%	29%	28%	22%	28%	28%	26%	28%	28%	30%	31%	27%	20%	29%	22%	33%	28%	34%	32%	21%	31%	26%	27%	28%	33%	29%	23%
Books or reading on my own	21%	19%	17%	24%	21%	24%	20%	19%	24%	24%	21%	24%	25%	15%	20%	23%	22%	21%	17%	21%	21%	22%	22%	22%	22%	22%	18%	19%	19%	21%	23%	17%	20%	20%	20%	26%	22%	23%	19%	22%	20%	19%	22%	31%	20%	20%
Social media	18%	23%	18%	16%	20%	17%	18%	19%	19%	16%	20%	21%	15%	12%	16%	21%	17%	19%	17%	18%	20%	18%	15%	20%	17%	16%	21%	25%	20%	17%	18%	19%	20%	17%	17%	24%	18%	22%	17%	19%	21%	19%	18%	16%	18%	20%
Podcasts or YouTube	18%	15%	18%	19%	20%	15%	19%	16%	21%	19%	21%	14%	20%	17%	18%	19%	20%	18%	12%	19%	21%	15%	13%	18%	19%	15%	23%	20%	35%	18%	22%	11%	17%	15%	21%	21%	21%	21%	16%	20%	19%	27%	15%	16%	18%	19%
Friends	16%	17%	20%	13%	18%	16%	16%	15%	16%	19%	16%	22%	14%	11%	17%	16%	7%	18%	9%	17%	21%	14%	9%	16%	14%	16%	15%	18%	25%	12%	18%	14%	21%	15%	16%	20%	16%	19%	15%	18%	16%	25%	14%	13%	18%	15%
Somewhere else	5%	5%	4%	6%	3%	5%	6%	6%	5%	4%	6%	5%	3%	2%	4%	7%	5%	5%	5%	5%	8%	4%	5%	2%	4%	8%	6%	4%	5%	4%	8%	5%	6%	5%	3%	7%	9%	3%	2%	5%	8%	4%	1%	5%	7%	
I don't look for this	15%	18%	11%	16%	7%	16%	18%	16%	13%	11%	12%	11%	16%	25%	13%	17%	24%	12%	33%	12%	8%	16%	23%	11%	21%	18%	9%	10%	3%	16%	15%	16%	13%	18%	11%	11%	3%	4%	25%	6%	19%	3%	17%	10%	12%	18%

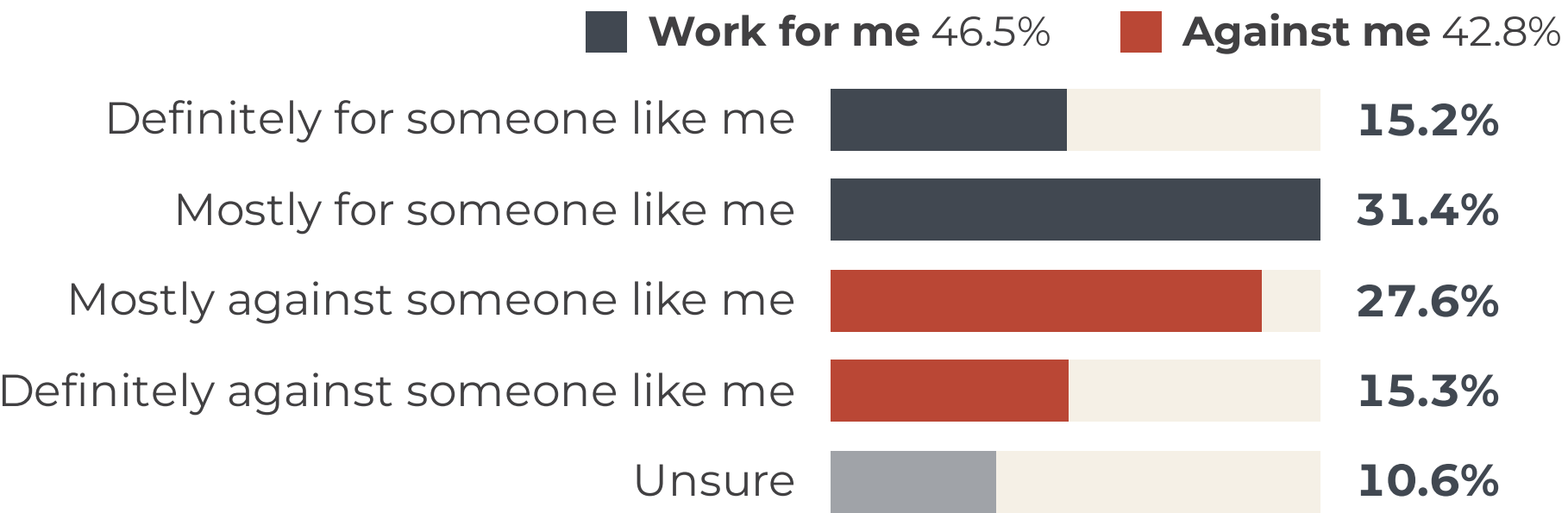
BELONGING

RULES WORK FOR ME

Do you feel the rules in this country are set up to work for young men like you, or against young men like you?

Cite and link:

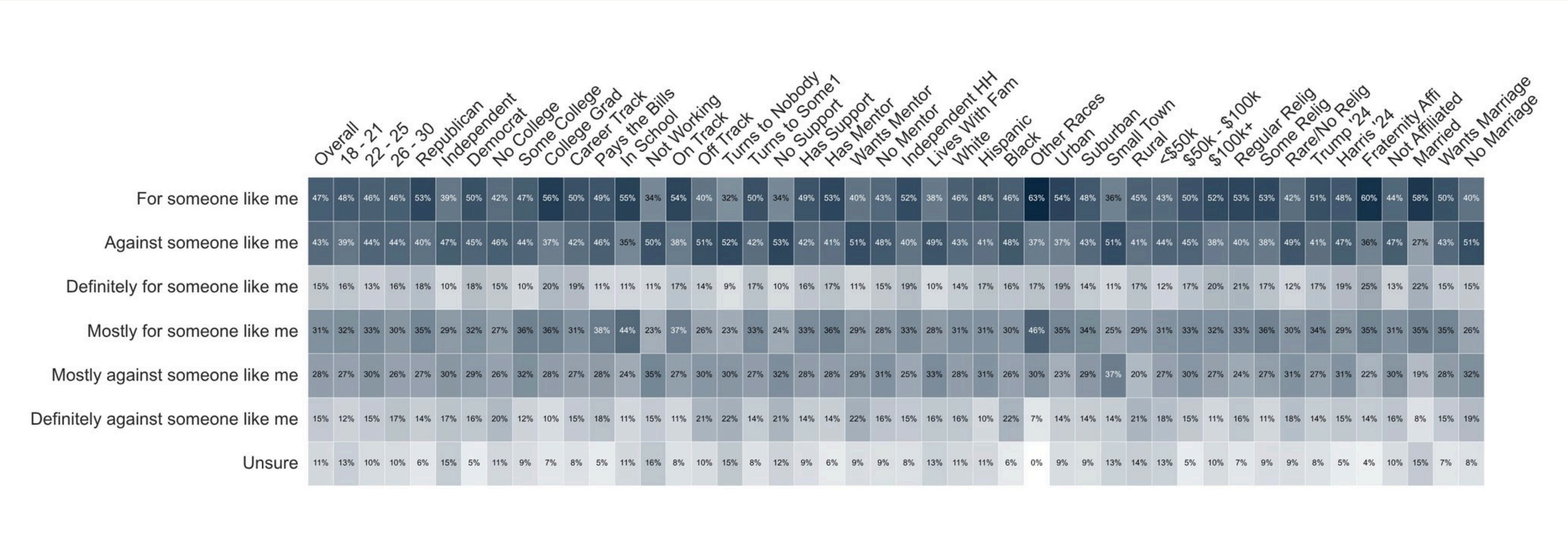
youngamericanmen.com/data/2026/rules-work-for-me



BELONGING

RULES WORK FOR ME: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.



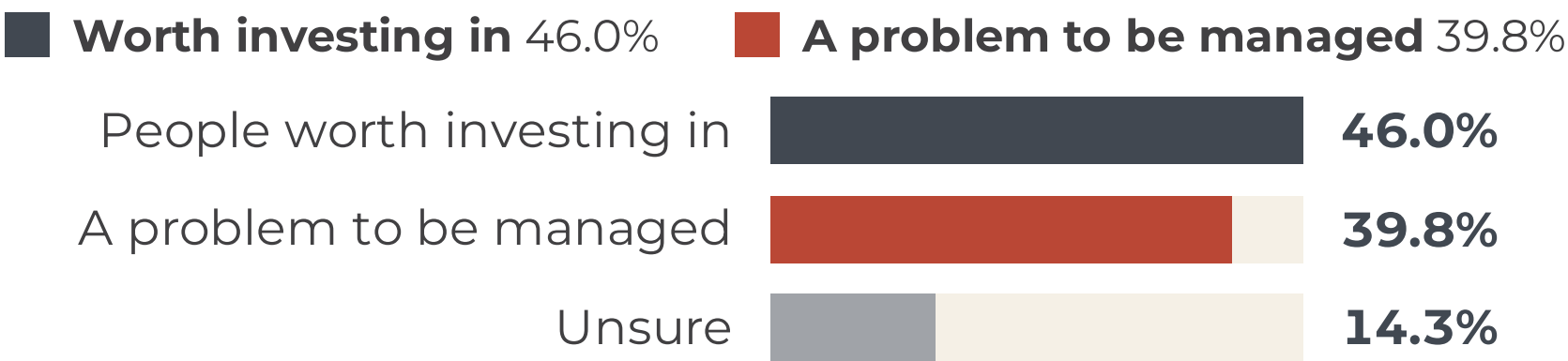
BELONGING

WORTH INVESTING IN

Do you think most Americans see young men as people worth investing in or as a problem to be managed?

Cite and link:

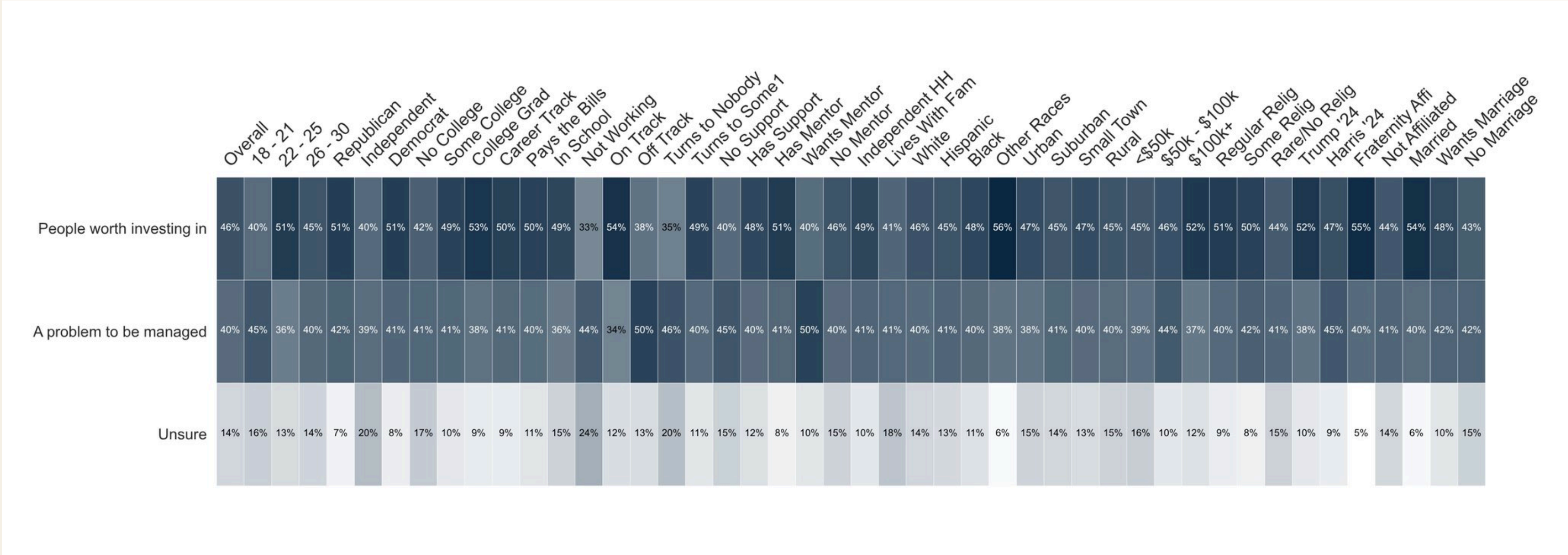
youngamericanmen.com/data/2026/worth-investing-in



BELONGING

WORTH INVESTING IN: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.



EXPECTATIONS, WORK & FAMILY

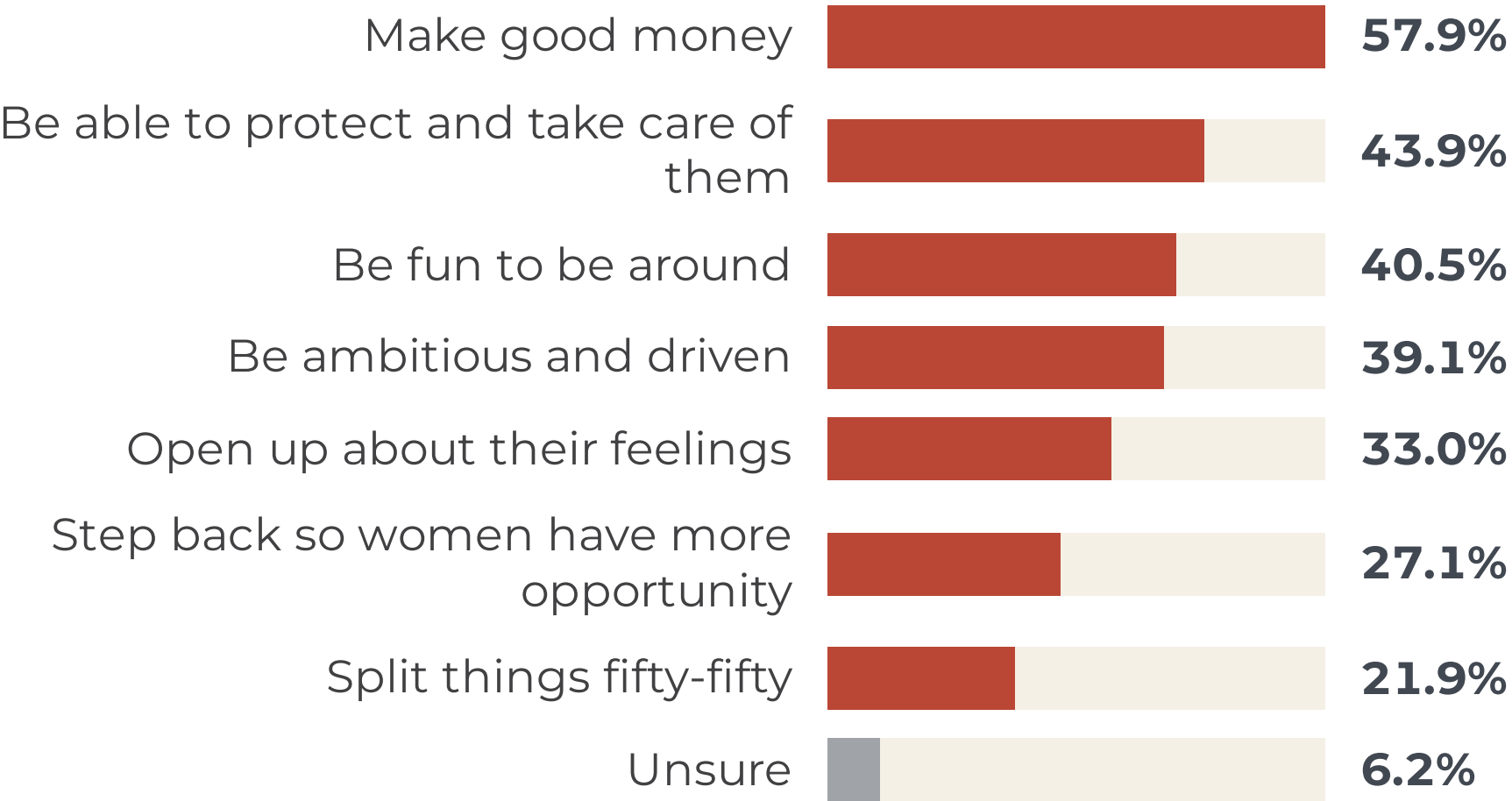
EXPECTATIONS OF MEN

What do you think most women your age expect from young men today? Select all that apply.

Select all that apply; totals exceed 100%.

Cite and link:

youngamericanmen.com/data/2026/expectations-of-men



EXPECTATIONS, WORK & FAMILY

EXPECTATIONS OF MEN: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Make good money	58%	60%	55%	59%	57%	61%	59%	61%	52%	60%	58%	58%	59%	61%	57%	61%	68%	58%	67%	58%	57%	60%	67%	58%	64%	58%	65%	54%	59%	59%	56%	57%	61%	60%	59%	55%	59%	50%	64%	61%	61%	49%	63%	60%	62%	56%
Be able to protect and take care of them	44%	42%	44%	45%	47%	45%	44%	45%	38%	49%	43%	48%	40%	47%	45%	44%	45%	45%	39%	46%	45%	44%	49%	48%	44%	46%	40%	39%	41%	46%	45%	40%	43%	44%	44%	48%	41%	42%	49%	49%	42%	39%	47%	50%	49%	38%
Be fun to be around	40%	41%	40%	41%	39%	42%	44%	39%	41%	45%	42%	36%	36%	48%	43%	37%	30%	43%	38%	42%	42%	44%	41%	43%	43%	43%	32%	43%	30%	40%	41%	42%	38%	42%	40%	40%	45%	34%	43%	43%	42%	39%	42%	48%	42%	40%
Be ambitious and driven	39%	37%	38%	41%	36%	45%	41%	34%	46%	46%	39%	40%	45%	42%	39%	40%	45%	39%	31%	41%	41%	38%	42%	45%	36%	41%	38%	34%	43%	40%	46%	28%	35%	37%	43%	38%	34%	37%	45%	41%	43%	37%	42%	50%	41%	36%
Open up about their feelings	33%	38%	32%	31%	29%	38%	36%	32%	37%	34%	32%	30%	37%	43%	35%	31%	32%	34%	27%	34%	35%	35%	33%	33%	37%	36%	27%	27%	41%	33%	34%	34%	30%	34%	29%	37%	32%	31%	36%	35%	36%	34%	33%	37%	36%	29%
Step back so women have more opportunity	27%	30%	29%	24%	27%	28%	30%	26%	27%	30%	29%	27%	15%	29%	29%	27%	24%	29%	27%	28%	30%	27%	27%	28%	27%	29%	23%	22%	46%	24%	28%	32%	24%	24%	29%	30%	30%	23%	29%	26%	27%	27%	29%	34%	28%	26%
Split things fifty-fifty	22%	20%	24%	21%	20%	25%	24%	21%	22%	25%	21%	25%	17%	22%	21%	24%	19%	23%	10%	24%	23%	20%	23%	23%	22%	22%	23%	17%	28%	21%	22%	21%	24%	22%	23%	20%	25%	23%	22%	20%	26%	19%	24%	26%	22%	21%
Unsure	6%	6%	6%	7%	3%	6%	2%	6%	5%	3%	4%	4%	0%	8%	4%	6%	8%	4%	9%	4%	2%	4%	6%	4%	6%	6%	5%	4%	3%	8%	5%	4%	8%	7%	4%	4%	5%	4%	4%	3%	1%	5%	6%	3%	4%	

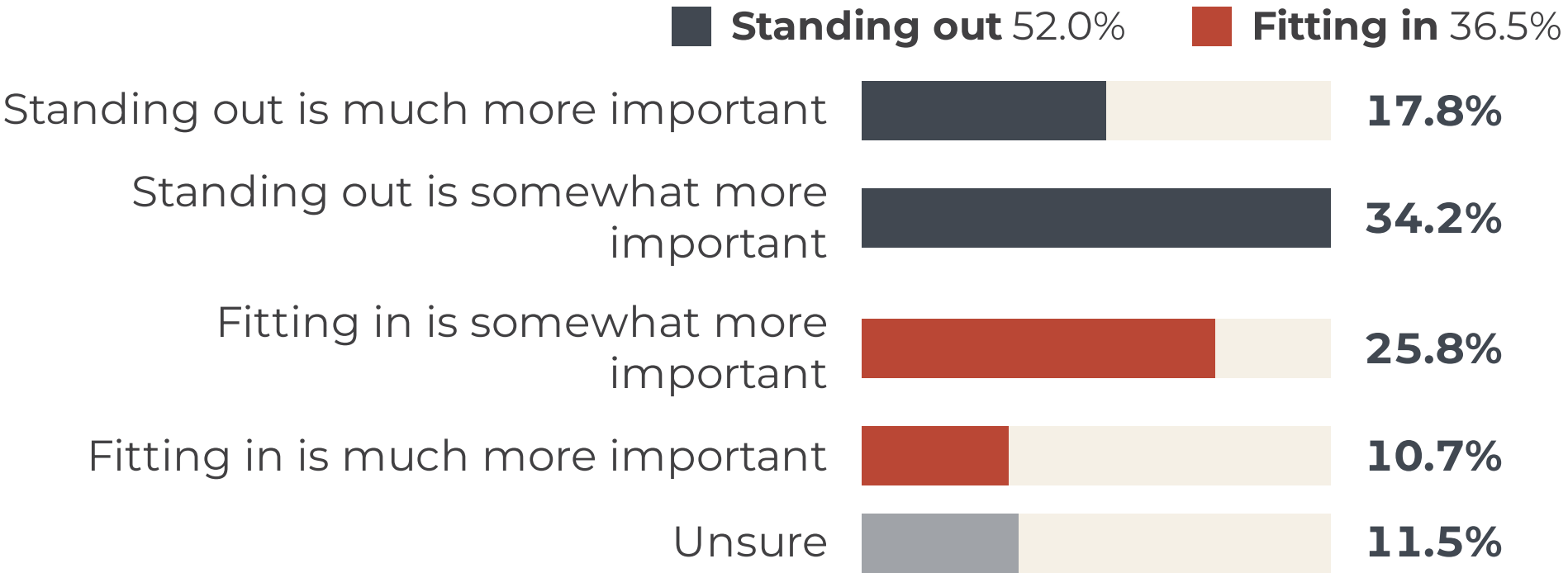
EXPECTATIONS, WORK & FAMILY

STAND OUT OR FIT IN

Which is more important to you personally, standing out or fitting in?

Cite and link:

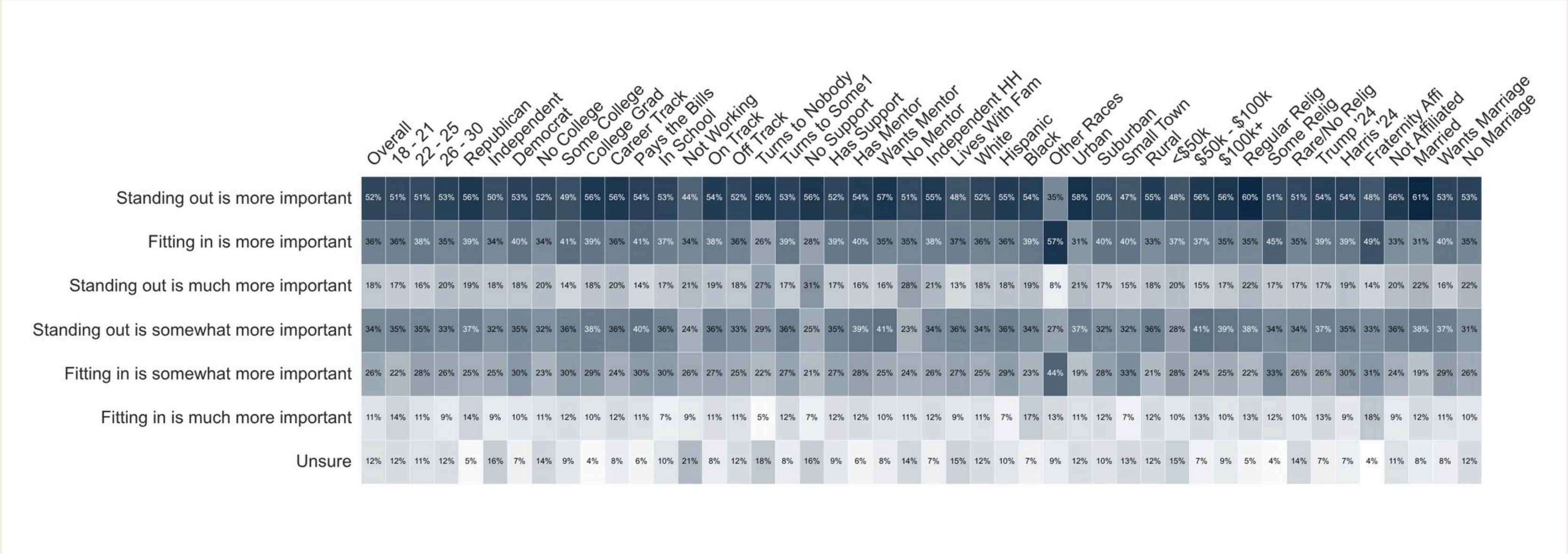
youngamericanmen.com/data/2026/stand-out-or-fit-in



EXPECTATIONS, WORK & FAMILY

STAND OUT OR FIT IN: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

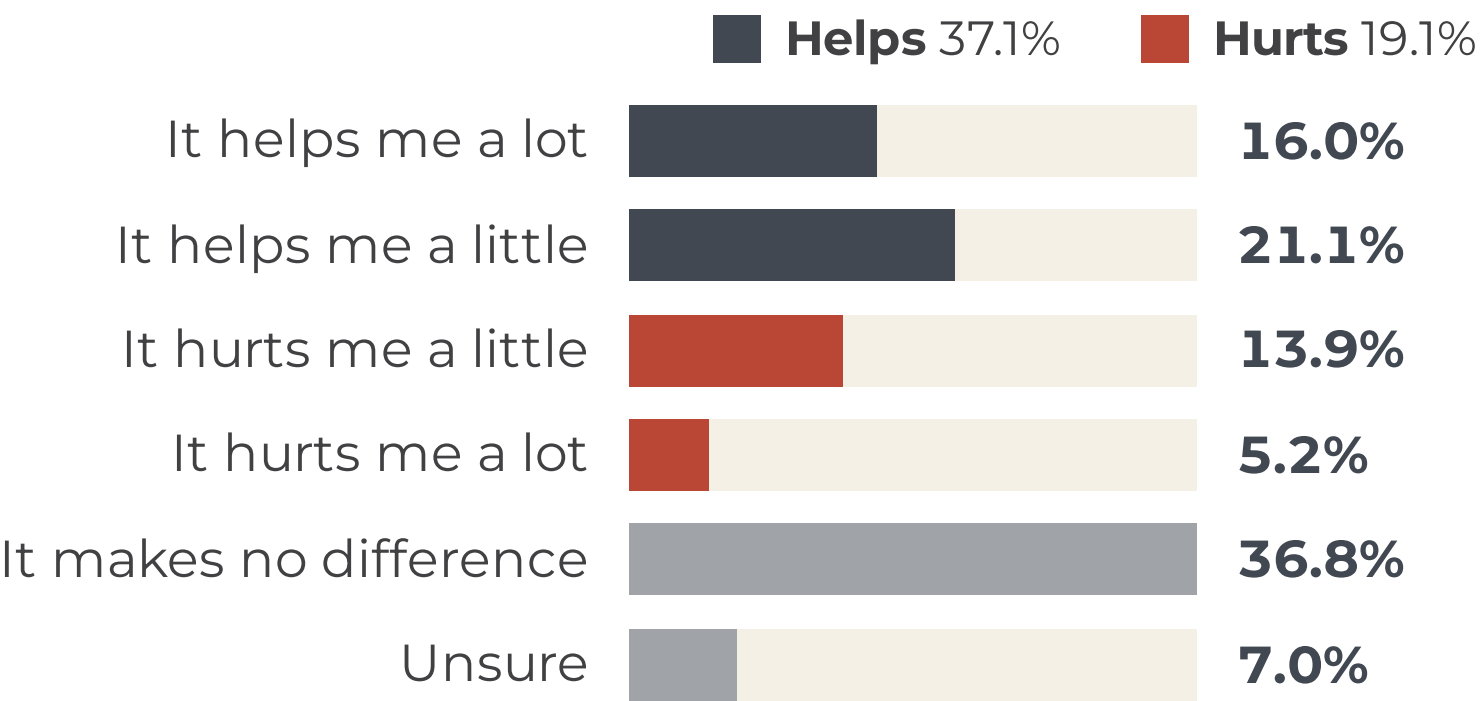


EXPECTATIONS, WORK & FAMILY

JOB PROSPECTS

In your own experience, does being a man help you, hurt you, or make no difference when you are looking for work?

Cite and link:
youngamericanmen.com/data/2026/job-prospects



EXPECTATIONS, WORK & FAMILY

JOB PROSPECTS: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
It helps me	37%	33%	39%	38%	41%	33%	40%	35%	31%	48%	42%	40%	26%	27%	41%	35%	26%	40%	20%	41%	46%	34%	27%	41%	33%	36%	34%	43%	43%	42%	39%	34%	29%	34%	40%	42%	47%	38%	33%	40%	42%	41%	38%	42%	41%	34%
It hurts me	19%	19%	21%	17%	22%	18%	18%	19%	23%	16%	21%	19%	14%	16%	16%	24%	21%	19%	23%	19%	20%	21%	19%	19%	19%	18%	23%	22%	19%	18%	20%	13%	26%	18%	21%	19%	15%	24%	19%	22%	18%	25%	18%	10%	22%	19%
It helps me a lot	16%	15%	17%	16%	20%	14%	17%	16%	9%	22%	19%	15%	9%	13%	19%	13%	13%	17%	9%	17%	17%	13%	19%	20%	13%	14%	19%	22%	7%	20%	16%	12%	15%	15%	18%	16%	24%	14%	13%	18%	18%	17%	16%	27%	18%	11%
It helps me a little	21%	18%	22%	22%	22%	20%	24%	18%	22%	27%	23%	25%	17%	13%	22%	22%	14%	23%	10%	24%	28%	21%	8%	22%	20%	22%	15%	21%	36%	23%	23%	22%	14%	20%	22%	25%	23%	24%	20%	22%	25%	24%	21%	15%	22%	23%
It makes no difference	37%	39%	34%	38%	34%	42%	38%	39%	40%	31%	32%	38%	51%	48%	38%	34%	45%	35%	52%	35%	32%	39%	46%	35%	41%	39%	38%	31%	38%	31%	35%	45%	38%	41%	35%	32%	34%	33%	42%	34%	36%	31%	39%	40%	34%	42%
It hurts me a little	14%	14%	18%	11%	15%	14%	14%	14%	16%	14%	16%	13%	9%	13%	12%	17%	14%	14%	16%	14%	15%	15%	14%	13%	15%	13%	20%	12%	13%	12%	15%	8%	21%	13%	15%	15%	10%	18%	14%	16%	14%	19%	13%	4%	17%	13%
It hurts me a lot	5%	5%	4%	6%	7%	4%	4%	6%	7%	3%	5%	6%	5%	3%	4%	7%	6%	5%	8%	5%	5%	6%	6%	4%	5%	3%	10%	7%	6%	5%	5%	5%	5%	6%	3%	5%	7%	5%	6%	4%	6%	5%	5%	5%	5%	
Unsure	7%	8%	6%	7%	2%	7%	3%	7%	6%	5%	5%	2%	9%	9%	5%	7%	8%	5%	5%	5%	2%	6%	7%	5%	7%	7%	4%	5%	0%	8%	6%	8%	7%	7%	4%	8%	3%	5%	6%	4%	4%	3%	5%	8%	4%	5%

EXPECTATIONS, WORK & FAMILY

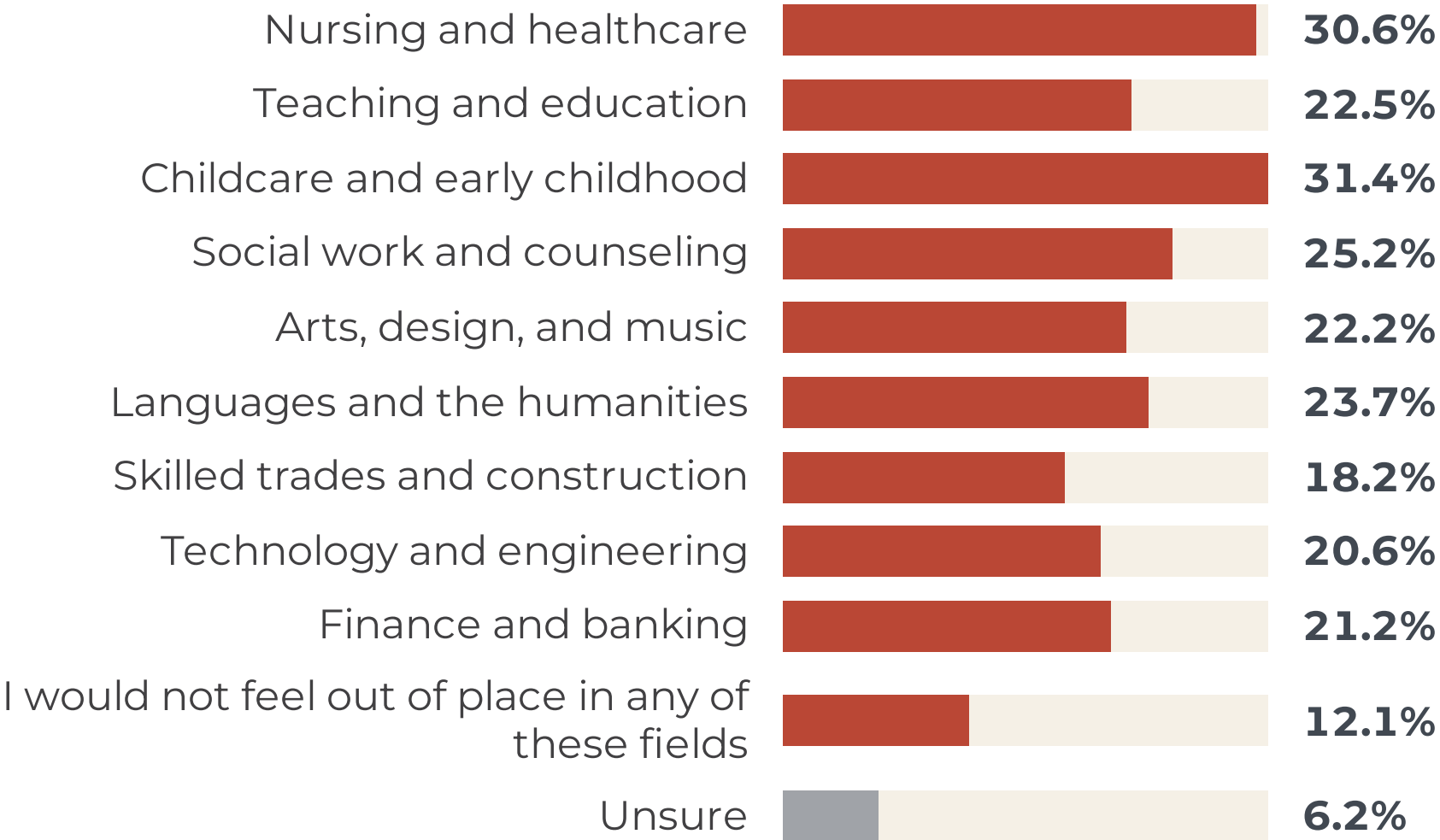
OUT OF PLACE
FIELDS

In which of the following fields, if any, would you personally feel out of place working? Select all that apply.

Select all that apply; totals exceed 100%.

Cite and link:

youngamericanmen.com/data/2026/out-of-place-fields



EXPECTATIONS, WORK & FAMILY

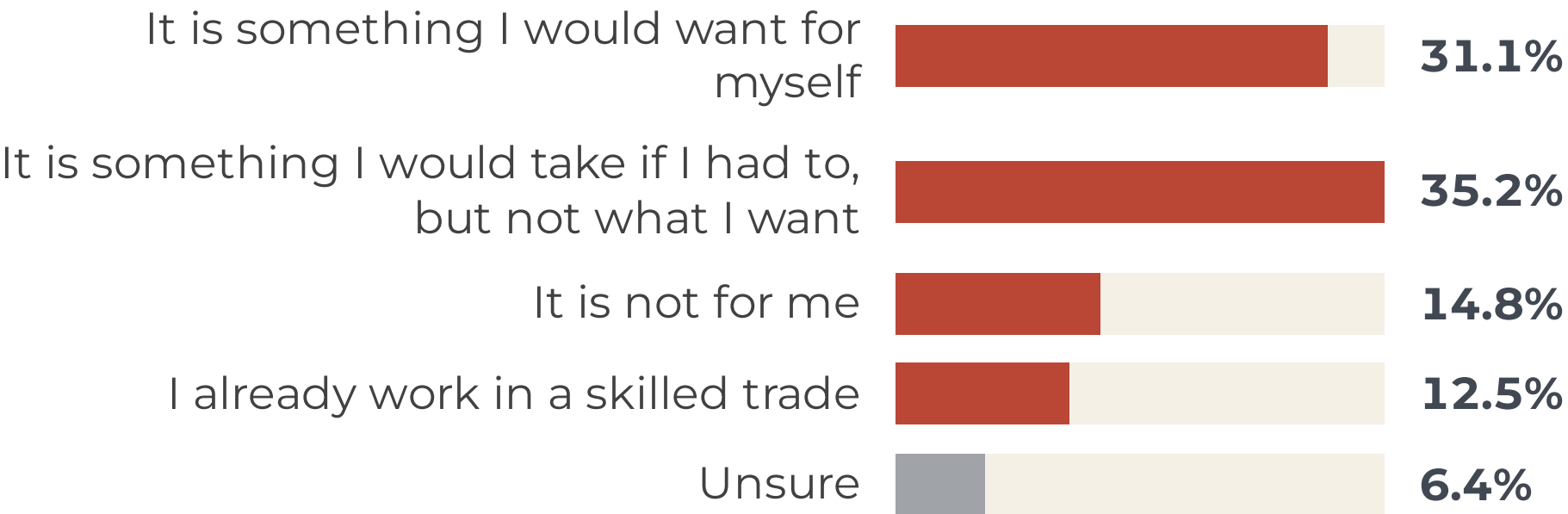
OUT OF PLACE FIELDS: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Female-Dominated Fields	68%	71%	68%	65%	66%	68%	72%	68%	71%	70%	69%	67%	75%	69%	67%	70%	66%	69%	74%	67%	72%	76%	61%	66%	72%	68%	71%	62%	78%	61%	68%	75%	69%	70%	68%	65%	64%	71%	71%	67%	73%	76%	66%	61%	69%	72%
Male-Dominated Fields	43%	40%	46%	42%	43%	45%	45%	40%	44%	46%	41%	34%	44%	40%	45%	34%	45%	35%	45%	47%	37%	42%	45%	41%	44%	41%	42%	43%	46%	42%	32%	52%	42%	40%	50%	47%	50%	40%	45%	43%	53%	40%	48%	43%	44%	
Nursing and healthcare	31%	28%	35%	29%	31%	33%	30%	29%	32%	35%	28%	32%	30%	37%	29%	34%	31%	31%	39%	30%	29%	40%	31%	28%	38%	37%	26%	13%	25%	21%	32%	39%	32%	30%	29%	34%	25%	23%	38%	32%	31%	25%	33%	25%	34%	30%
Teaching and education	23%	22%	22%	23%	20%	26%	22%	24%	21%	23%	21%	21%	22%	29%	21%	25%	27%	21%	39%	20%	19%	30%	27%	20%	29%	25%	20%	19%	25%	13%	27%	22%	25%	21%	27%	18%	22%	21%	24%	22%	22%	22%	24%	13%	22%	28%
Childcare and early childhood	31%	35%	30%	30%	28%	34%	34%	29%	35%	36%	27%	38%	36%	37%	31%	32%	38%	31%	45%	30%	32%	36%	32%	29%	39%	36%	24%	16%	55%	26%	33%	36%	31%	33%	29%	33%	21%	25%	41%	28%	36%	25%	34%	33%	33%	30%
Social work and counseling	25%	28%	25%	24%	24%	24%	28%	28%	28%	20%	22%	24%	31%	32%	24%	26%	25%	25%	35%	24%	25%	30%	24%	24%	28%	25%	27%	20%	32%	21%	25%	29%	28%	26%	28%	22%	20%	21%	30%	23%	26%	26%	26%	13%	28%	26%
Arts, design, and music	22%	21%	25%	21%	23%	20%	25%	22%	21%	26%	23%	21%	24%	22%	23%	21%	15%	24%	27%	22%	23%	25%	18%	22%	24%	21%	26%	23%	30%	20%	25%	20%	23%	22%	22%	24%	22%	19%	25%	23%	24%	23%	22%	15%	23%	24%
Languages and the humanities	24%	27%	22%	23%	26%	21%	23%	25%	24%	23%	21%	21%	33%	30%	23%	23%	26%	23%	36%	22%	25%	26%	21%	23%	26%	26%	21%	19%	17%	17%	25%	26%	27%	25%	22%	24%	22%	17%	28%	27%	21%	24%	24%	19%	27%	21%
Skilled trades and construction	18%	17%	19%	18%	19%	18%	20%	19%	19%	16%	20%	17%	14%	18%	17%	19%	14%	19%	20%	18%	17%	19%	19%	19%	17%	20%	7%	18%	18%	13%	24%	19%	17%	19%	18%	19%	19%	19%	20%	19%	18%	20%	18%	18%		
Technology and engineering	21%	18%	25%	19%	20%	22%	22%	22%	17%	22%	21%	21%	20%	22%	20%	21%	12%	23%	14%	22%	23%	15%	20%	21%	21%	19%	23%	21%	23%	20%	17%	22%	19%	21%	25%	24%	23%	20%	22%	23%	28%	18%	21%	21%	21%	
Finance and banking	21%	19%	20%	23%	19%	23%	24%	21%	19%	25%	22%	21%	13%	25%	18%	24%	18%	22%	24%	21%	22%	22%	20%	22%	24%	24%	14%	17%	27%	22%	20%	17%	26%	24%	18%	21%	22%	21%	23%	18%	24%	23%	21%	18%	21%	24%
I would not feel out of place in any of these fields	12%	11%	9%	15%	11%	15%	12%	12%	15%	10%	10%	13%	16%	16%	13%	11%	12%	12%	13%	12%	11%	8%	17%	13%	12%	12%	9%	19%	4%	15%	13%	8%	10%	11%	13%	11%	13%	10%	13%	13%	14%	6%	15%	17%	13%	11%
Unsure	6%	7%	7%	5%	5%	3%	3%	7%	4%	2%	4%	4%	3%	7%	5%	6%	9%	4%	5%	5%	2%	5%	7%	5%	5%	6%	5%	4%	0%	7%	5%	7%	7%	6%	5%	4%	5%	3%	4%	4%	3%	2%	5%	5%	3%	5%

TRADE JOB DESIRE

Which of the following comes closest to how you think about working in a skilled trade?



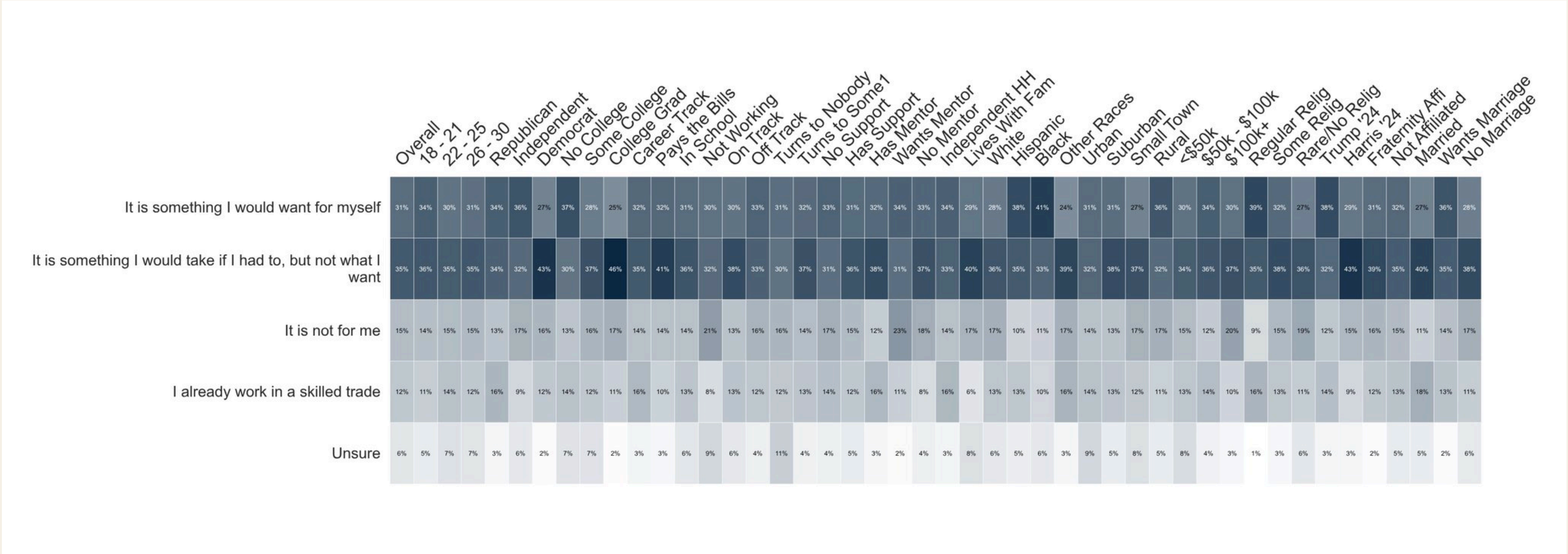
Cite and link:

youngamericanmen.com/data/2026/trade-job-desire

EXPECTATIONS, WORK & FAMILY

TRADE JOB DESIRE: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.



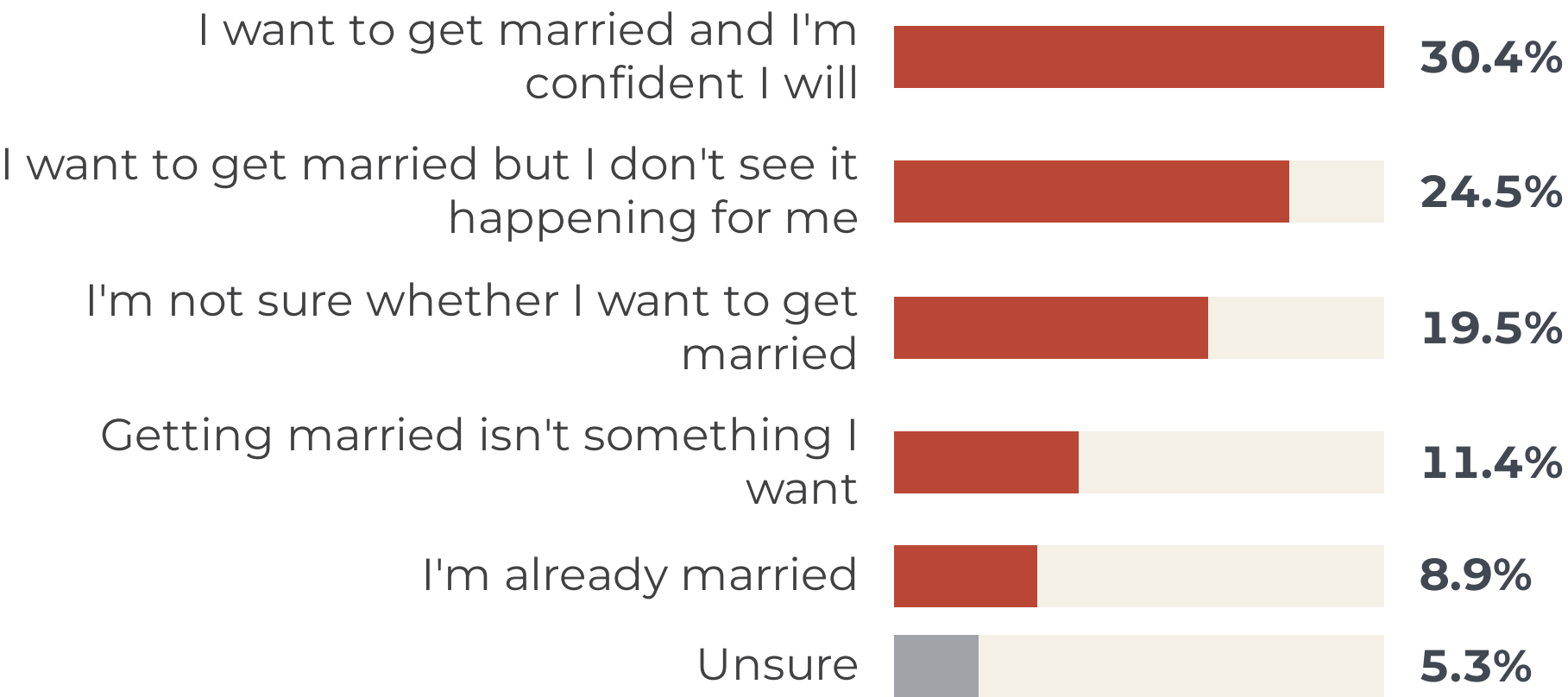
EXPECTATIONS, WORK & FAMILY

FAMILY
TRAJECTORY

*Thinking about where your life is headed,
which of the following best describes you?*

Cite and link:

youngamericanmen.com/data/2026/family-trajectory



EXPECTATIONS, WORK & FAMILY

FAMILY TRAJECTORY: BY GROUP

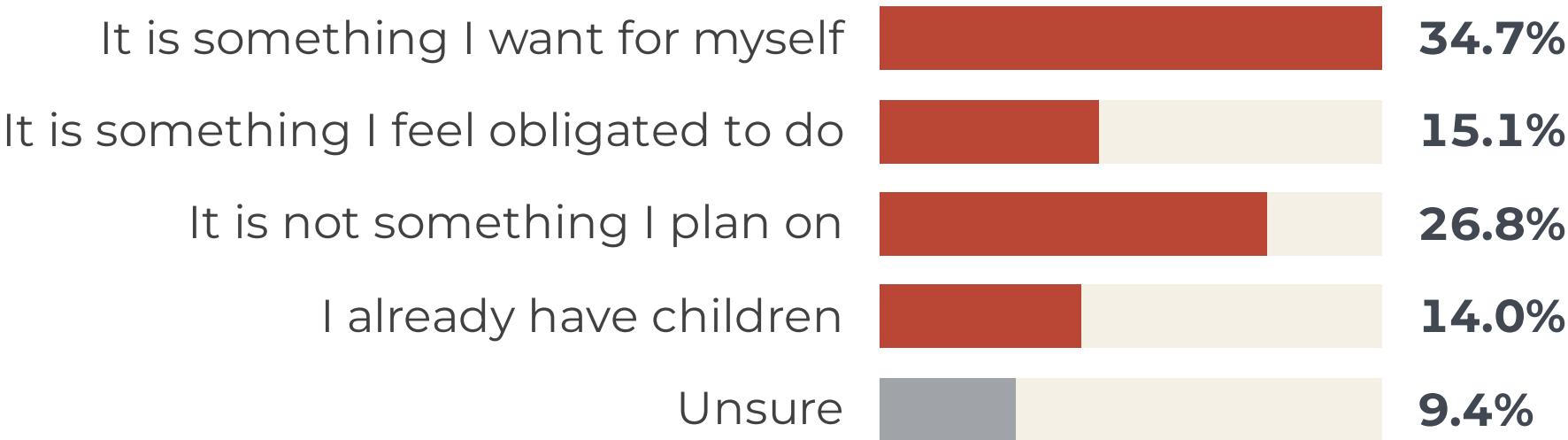
Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	
Wants Marriage	55%	59%	58%	50%	63%	51%	56%	56%	57%	53%	55%	64%	49%	51%	57%	53%	50%	57%	55%	56%	59%	55%	53%	54%	58%	53%	58%	57%	71%	54%	53%	59%	55%	54%	58%	52%	62%	57%	54%	62%	54%	57%	56%
Not Seeking Marriage	31%	34%	29%	31%	24%	38%	32%	34%	31%	25%	29%	30%	43%	37%	28%	35%	37%	30%	33%	30%	27%	36%	36%	27%	37%	31%	35%	30%	23%	27%	33%	32%	30%	34%	29%	27%	24%	29%	35%	24%	33%	32%	31%
I want to get married and I'm confident I will	30%	30%	35%	27%	34%	29%	31%	30%	28%	33%	30%	35%	32%	27%	34%	25%	23%	33%	24%	32%	34%	20%	34%	34%	29%	30%	32%	32%	31%	31%	30%	27%	34%	28%	31%	36%	37%	26%	31%	35%	30%	31%	32%
I want to get married but I don't see it happening for me	24%	29%	23%	24%	29%	21%	25%	26%	29%	20%	25%	29%	16%	23%	23%	28%	27%	24%	31%	24%	25%	35%	19%	20%	30%	23%	26%	25%	40%	23%	23%	33%	21%	26%	27%	17%	25%	31%	23%	27%	23%	26%	24%
I'm not sure whether I want to get married	19%	24%	20%	17%	17%	22%	19%	23%	19%	14%	18%	21%	32%	20%	19%	22%	18%	20%	14%	20%	19%	26%	16%	17%	24%	20%	21%	23%	8%	15%	23%	24%	14%	21%	19%	18%	17%	23%	19%	17%	21%	21%	19%
Getting married isn't something I want	11%	10%	10%	14%	7%	16%	12%	12%	12%	11%	11%	8%	12%	17%	10%	13%	19%	10%	20%	10%	8%	10%	19%	10%	13%	11%	14%	7%	14%	12%	10%	8%	16%	13%	11%	9%	8%	6%	16%	7%	12%	10%	12%
I'm already married	9%	3%	7%	13%	10%	8%	9%	5%	6%	20%	12%	5%	0%	9%	10%	8%	8%	9%	4%	10%	11%	5%	8%	15%	1%	11%	4%	7%	3%	9%	10%	5%	10%	5%	10%	18%	12%	12%	6%	11%	10%	9%	9%
Unsure	5%	5%	6%	5%	3%	3%	3%	5%	6%	2%	3%	2%	8%	4%	4%	4%	4%	4%	7%	3%	2%	3%	3%	4%	3%	4%	3%	6%	4%	9%	4%	4%	5%	7%	3%	3%	2%	2%	5%	2%	3%	2%	3%

EXPECTATIONS, WORK & FAMILY

CHILDREN PLANS

Which of the following comes closest to how you think about having children?



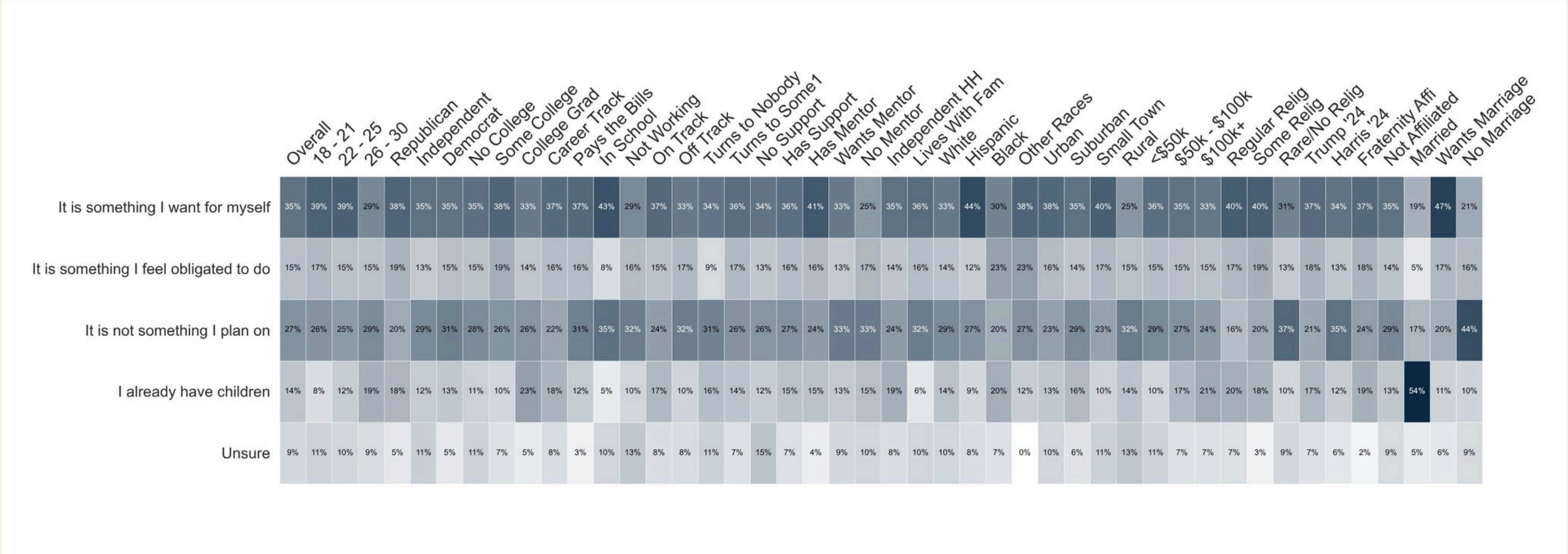
Cite and link:

youngamericanmen.com/data/2026/children-plans

EXPECTATIONS, WORK & FAMILY

CHILDREN PLANS: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.



POLICY & THE VOTE

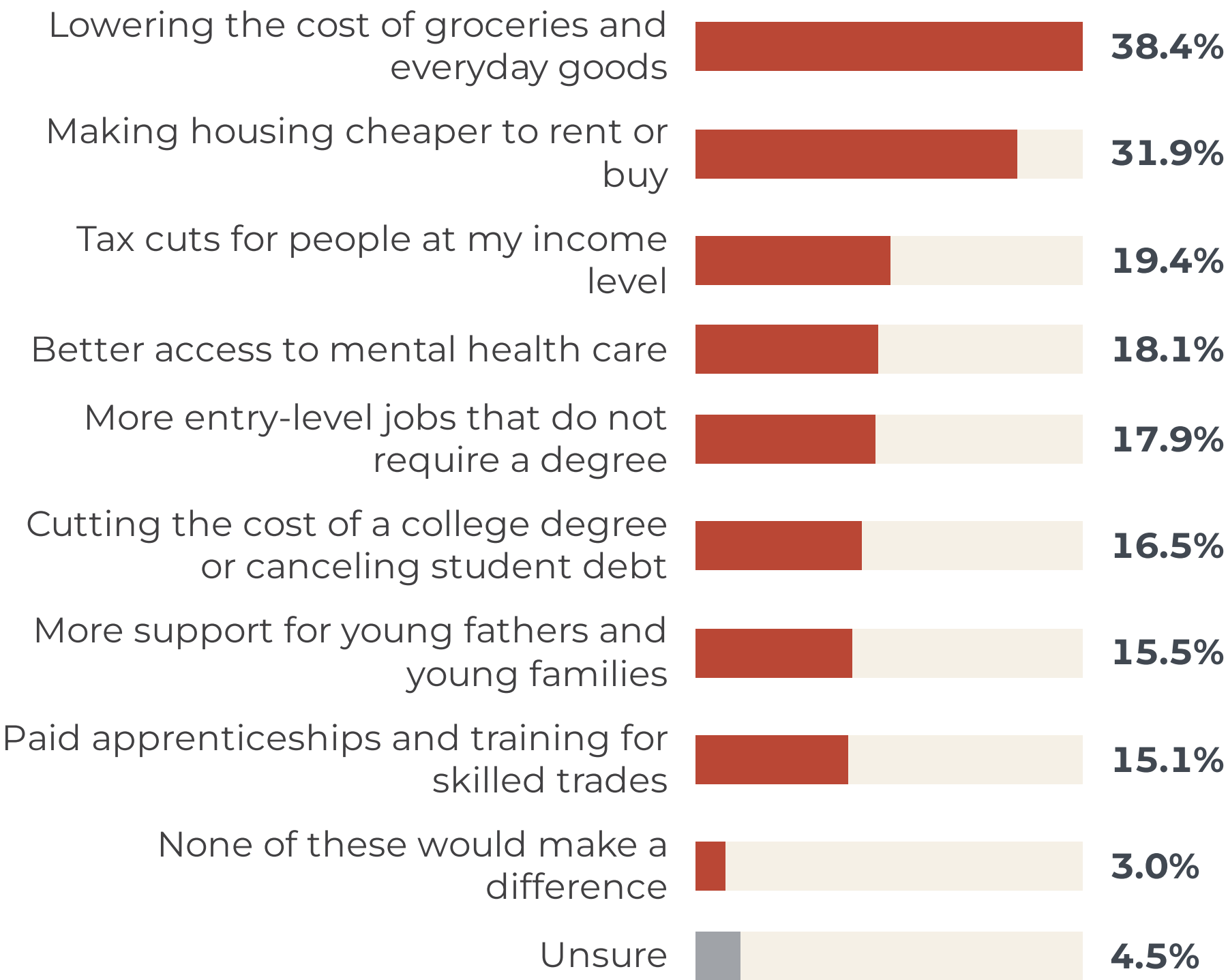
POLICY DIRECTION
IMPACT

Which of the following would make the biggest difference in your own life? Select up to TWO options.

Select all that apply; totals exceed 100%.

Cite and link:

youngamericanmen.com/data/2026/policy-direction-impact



POLICY & THE VOTE

POLICY DIRECTION IMPACT: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Lowering the cost of groceries and everyday goods	38%	32%	41%	39%	34%	44%	41%	38%	38%	41%	35%	43%	37%	47%	39%	39%	41%	38%	40%	39%	37%	39%	47%	38%	43%	43%	35%	27%	28%	40%	38%	35%	39%	39%	38%	40%	32%	32%	46%	35%	40%	31%	42%	44%	41%	37%
Making housing cheaper to rent or buy	32%	29%	33%	33%	29%	37%	33%	30%	33%	36%	28%	33%	31%	44%	34%	30%	37%	31%	33%	32%	32%	35%	34%	31%	36%	35%	31%	24%	26%	28%	35%	28%	35%	34%	35%	23%	29%	26%	38%	34%	29%	23%	37%	25%	37%	26%
Tax cuts for people at my income level	19%	22%	16%	20%	25%	18%	19%	16%	23%	24%	26%	17%	11%	10%	24%	14%	12%	21%	18%	20%	22%	21%	16%	20%	17%	19%	22%	18%	23%	20%	19%	22%	16%	14%	18%	34%	24%	18%	19%	22%	18%	25%	19%	29%	20%	16%
Better access to mental health care	18%	21%	16%	18%	18%	19%	19%	19%	14%	21%	19%	18%	20%	17%	17%	20%	14%	19%	11%	19%	20%	18%	15%	20%	16%	18%	18%	19%	23%	18%	19%	16%	19%	15%	22%	19%	21%	22%	16%	17%	23%	21%	18%	12%	18%	23%
More entry-level jobs that do not require a degree	18%	16%	17%	20%	16%	20%	19%	18%	21%	15%	15%	24%	28%	15%	16%	21%	23%	17%	21%	17%	18%	20%	19%	16%	23%	19%	17%	17%	11%	20%	18%	16%	17%	17%	19%	19%	19%	17%	19%	18%	22%	18%	18%	13%	17%	23%
Cutting the cost of a college degree or cancelling student debt	17%	15%	18%	16%	17%	9%	23%	12%	23%	21%	18%	17%	29%	9%	17%	17%	10%	18%	7%	18%	21%	13%	13%	19%	11%	17%	12%	17%	34%	17%	17%	14%	16%	15%	19%	17%	17%	19%	16%	16%	22%	25%	14%	14%	16%	19%
More support for young fathers and young families	16%	15%	21%	11%	19%	16%	13%	19%	11%	14%	19%	16%	10%	8%	17%	15%	10%	17%	5%	17%	17%	20%	13%	17%	13%	13%	17%	23%	21%	16%	15%	18%	14%	16%	15%	16%	20%	21%	11%	19%	15%	18%	15%	23%	16%	13%
Paid apprenticeships and training for skilled trades	15%	18%	15%	14%	15%	15%	17%	18%	16%	10%	15%	15%	16%	18%	15%	16%	17%	15%	19%	15%	15%	12%	18%	13%	17%	14%	19%	18%	6%	11%	15%	17%	18%	19%	14%	9%	16%	17%	14%	18%	14%	17%	14%	8%	16%	18%
None of these would make a difference	3%	4%	2%	3%	3%	4%	1%	4%	3%	2%	3%	1%	2%	5%	2%	4%	5%	2%	7%	2%	2%	3%	5%	3%	4%	3%	1%	6%	6%	2%	3%	4%	2%	3%	3%	4%	2%	4%	3%	1%	3%	1%	3%	8%	2%	4%
Unsure	5%	5%	4%	4%	2%	3%	2%	6%	1%	1%	3%	1%	0%	7%	2%	4%	6%	2%	9%	3%	1%	2%	4%	3%	4%	3%	6%	3%	0%	7%	3%	5%	3%	5%	2%	3%	2%	3%	2%	2%	1%	3%	4%	1%	3%	

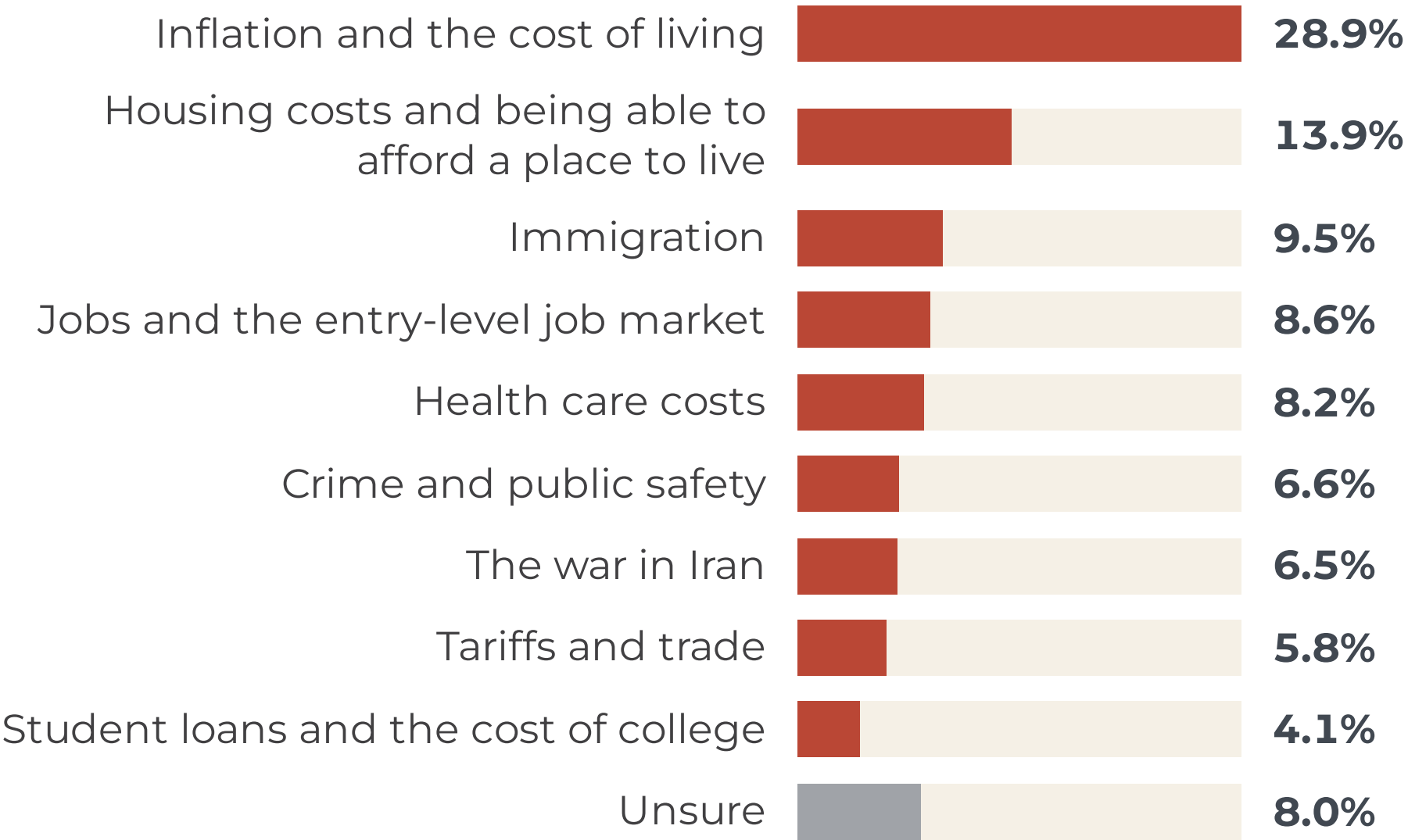
POLICY & THE VOTE

VOTE DRIVER

Which one of the following will matter most in deciding how you vote this November?

Cite and link:

youngamericanmen.com/data/2026/vote-driver



POLICY & THE VOTE

VOTE DRIVER: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	Wants Mentor	No Mentor	Independent	Lives With Fam	White	Hispanic	Black	Other Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
Inflation and the cost of living	29%	25%	30%	31%	27%	34%	31%	28%	25%	36%	30%	27%	28%	34%	29%	31%	32%	29%	28%	29%	31%	24%	32%	31%	32%	32%	26%	20%	34%	31%	30%	28%	26%	29%	30%	29%	29%	25%	33%	29%	30%	21%	33%	35%	30%	27%
Housing costs and being able to afford a place to live	14%	14%	15%	13%	15%	16%	12%	13%	18%	14%	14%	16%	12%	12%	14%	15%	13%	14%	16%	14%	14%	15%	13%	14%	14%	16%	9%	12%	19%	14%	13%	16%	13%	16%	13%	13%	12%	11%	18%	15%	12%	12%	15%	12%	17%	10%
Immigration	9%	9%	9%	10%	9%	8%	12%	10%	9%	9%	9%	10%	5%	11%	9%	10%	6%	10%	14%	9%	9%	13%	10%	9%	9%	7%	23%	7%	4%	9%	11%	9%	9%	9%	11%	8%	12%	10%	8%	9%	14%	9%	10%	7%	9%	11%
Jobs and the entry-level job market	9%	12%	9%	7%	11%	7%	9%	10%	10%	6%	9%	9%	7%	9%	10%	8%	9%	5%	9%	9%	7%	9%	8%	9%	8%	7%	16%	3%	8%	10%	9%	8%	9%	8%	9%	8%	11%	8%	12%	7%	10%	9%	5%	10%	9%	
Health care costs	8%	6%	9%	9%	9%	7%	8%	8%	7%	9%	9%	10%	8%	6%	8%	8%	7%	9%	3%	9%	9%	13%	6%	8%	8%	7%	9%	14%	10%	7%	8%	10%	8%	7%	9%	10%	10%	12%	6%	8%	9%	14%	7%	10%	8%	9%
Crime and public safety	7%	6%	7%	6%	11%	5%	5%	8%	6%	5%	8%	6%	1%	5%	9%	4%	10%	6%	5%	7%	8%	7%	5%	7%	4%	7%	5%	6%	14%	6%	6%	5%	10%	6%	7%	8%	7%	8%	6%	11%	4%	8%	6%	7%	6%	8%
The war in Iran	6%	7%	3%	8%	6%	5%	9%	4%	9%	9%	7%	7%	9%	5%	7%	6%	6%	7%	5%	7%	8%	9%	4%	7%	6%	7%	6%	6%	0%	7%	7%	6%	5%	6%	7%	7%	9%	8%	4%	5%	8%	7%	7%	14%	5%	6%
Tariffs and trade	6%	7%	5%	6%	6%	4%	6%	5%	8%	6%	6%	4%	15%	4%	6%	6%	0%	7%	3%	6%	5%	8%	6%	5%	6%	5%	7%	7%	7%	6%	8%	4%	4%	3%	8%	8%	6%	7%	5%	5%	7%	9%	5%	4%	6%	6%
Student loans and the cost of college	4%	7%	3%	3%	3%	3%	5%	4%	4%	3%	4%	4%	10%	3%	4%	5%	1%	5%	1%	5%	6%	2%	2%	4%	4%	4%	4%	10%	3%	4%	5%	5%	4%	3%	4%	3%	6%	4%	3%	5%	9%	2%	2%	4%	5%	
Unsure	8%	7%	9%	8%	2%	11%	2%	10%	3%	3%	4%	7%	4%	12%	5%	7%	15%	5%	20%	5%	3%	3%	12%	6%	8%	8%	6%	7%	0%	10%	5%	8%	12%	10%	5%	5%	4%	2%	8%	4%	4%	2%	7%	4%	4%	9%

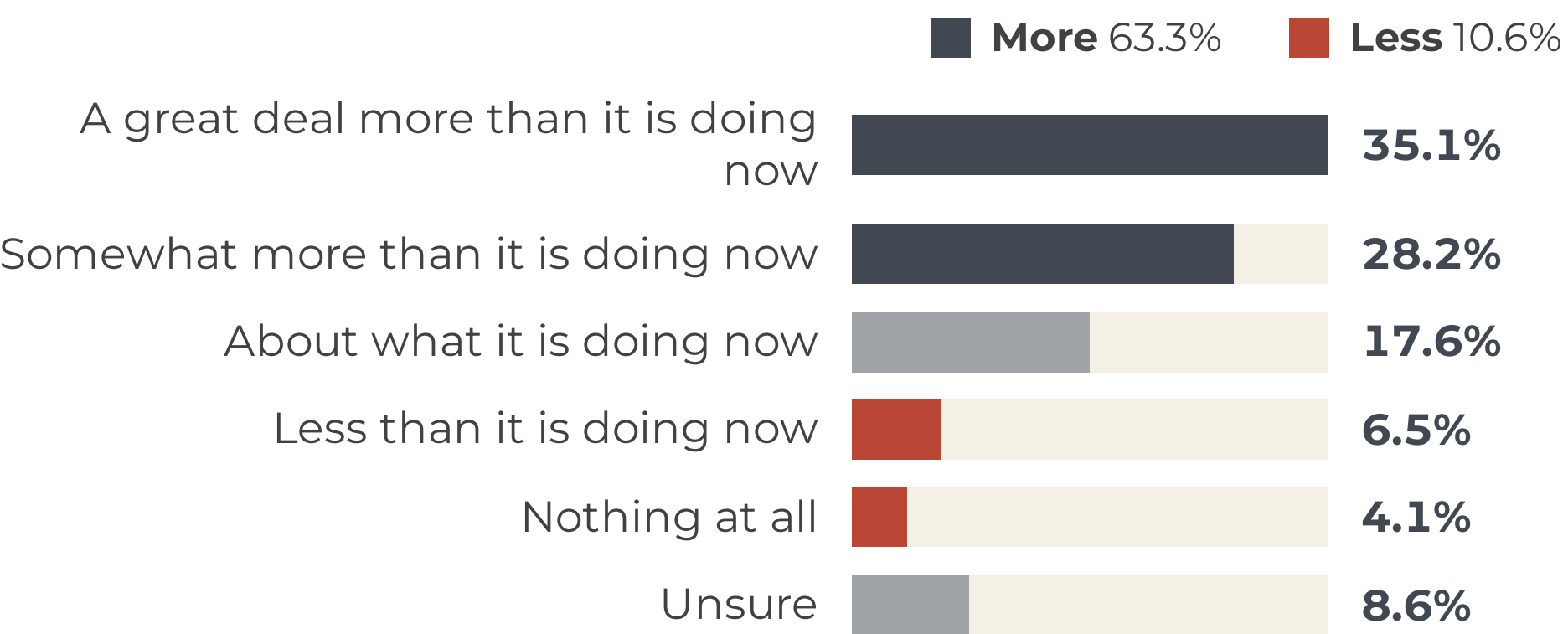
POLICY & THE VOTE

GOVERNMENT
ROLE

How much, if anything, should the federal government be doing about the problems facing young men in America today?

Cite and link:

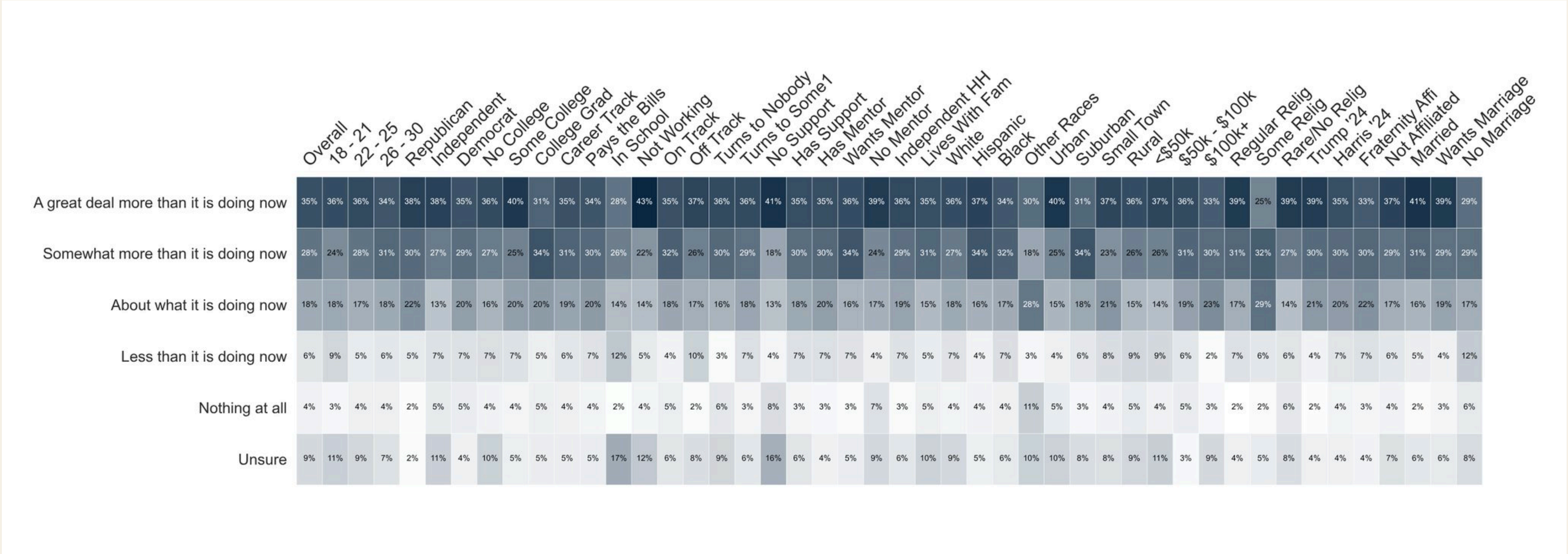
youngamericanmen.com/data/2026/government-role



POLICY & THE VOTE

GOVERNMENT ROLE: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.



POLICY & THE VOTE

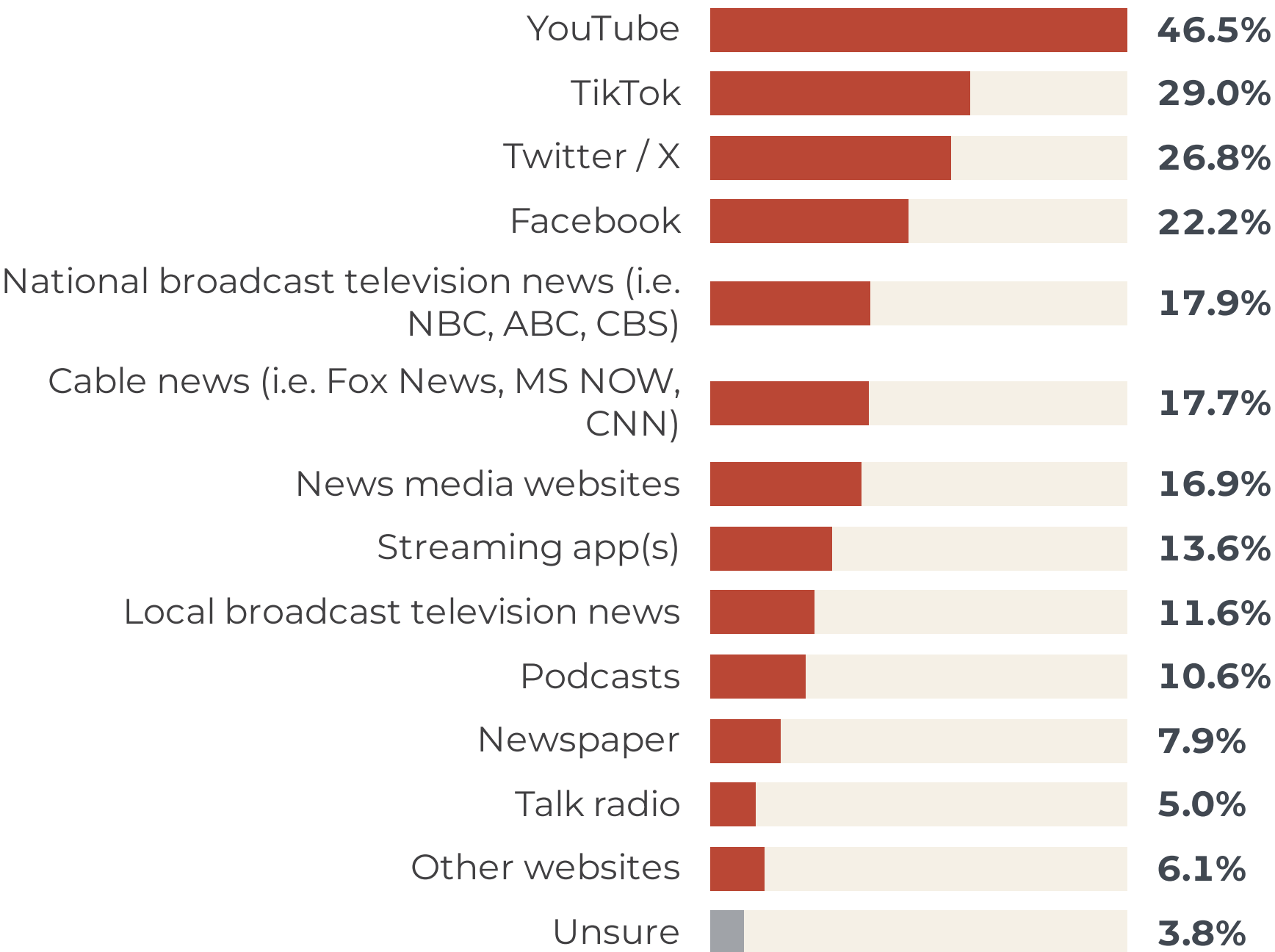
NEWS SOURCE

What are your primary sources for news?
Select up to three options.

Select all that apply; totals exceed 100%.

Cite and link:

youngamericanmen.com/data/2026/news-source



NEWS SOURCE: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.

	Overall	18 - 21	22 - 25	26 - 30	Republican	Independent	Democrat	No College	Some College	College Grad	Career Track	Pays the Bills	In School	Not Working	On Track	Off Track	Turns to Nobody	Turns to Some1	No Support	Has Support	Has Mentor	No Mentor	Independent HH	Lives With Fam	White	Hispanic	Black	Other	Races	Urban	Suburban	Small Town	Rural	<\$50k	\$50k - \$100k	\$100k+	Regular Relig	Some Relig	Rare/No Relig	Trump '24	Harris '24	Fraternity Affi	Not Affiliated	Married	Wants Marriage	No Marriage
National broadcast television news (i.e. NBC, ABC, CBS)	18%	17%	16%	20%	21%	16%	19%	14%	15%	28%	20%	18%	19%	13%	18%	18%	15%	19%	9%	20%	20%	13%	17%	20%	15%	19%	13%	16%	32%	22%	17%	19%	13%	16%	16%	24%	22%	18%	16%	19%	23%	22%	17%	21%	19%	17%
Local broadcast television news	12%	12%	12%	11%	11%	14%	11%	11%	11%	13%	14%	10%	10%	11%	13%	12%	9%	12%	16%	11%	11%	11%	13%	11%	14%	13%	10%	9%	14%	10%	11%	17%	9%	9%	16%	9%	10%	15%	12%	10%	12%	9%	12%	12%	11%	
Cable news (i.e. Fox News, MS NOW, CNN)	18%	13%	12%	24%	20%	16%	19%	15%	17%	24%	22%	17%	5%	14%	19%	17%	23%	17%	12%	19%	21%	16%	16%	21%	13%	17%	19%	19%	24%	18%	20%	14%	17%	14%	22%	20%	21%	19%	16%	21%	18%	20%	18%	36%	19%	13%
Streaming app(s)	14%	17%	14%	12%	17%	10%	13%	16%	14%	10%	18%	11%	12%	9%	15%	12%	12%	14%	16%	13%	15%	14%	13%	15%	11%	12%	20%	15%	4%	16%	12%	8%	20%	11%	14%	20%	15%	18%	11%	16%	15%	17%	13%	5%	16%	13%
Social Media	75%	77%	76%	73%	74%	78%	76%	76%	82%	70%	71%	82%	73%	82%	75%	76%	78%	75%	84%	74%	73%	79%	83%	75%	80%	73%	79%	82%	68%	78%	75%	72%	73%	79%	71%	77%	74%	74%	77%	79%	75%	72%	78%	76%	77%	75%
TikTok	29%	41%	29%	23%	27%	28%	31%	34%	31%	20%	30%	28%	33%	29%	29%	33%	29%	30%	29%	25%	34%	40%	26%	36%	24%	42%	42%	14%	30%	29%	28%	27%	30%	30%	27%	28%	30%	29%	28%	30%	31%	29%	17%	32%	26%	
Facebook	22%	13%	24%	25%	27%	21%	18%	28%	18%	17%	21%	25%	13%	28%	21%	24%	23%	22%	28%	22%	22%	26%	24%	24%	20%	23%	20%	25%	17%	22%	20%	23%	26%	28%	21%	13%	27%	21%	21%	28%	16%	22%	23%	22%	25%	19%
Twitter / X	27%	28%	29%	25%	25%	28%	28%	26%	32%	25%	25%	34%	29%	24%	26%	29%	35%	26%	24%	27%	26%	36%	27%	25%	31%	26%	29%	31%	19%	31%	27%	22%	25%	29%	24%	27%	27%	26%	28%	26%	31%	23%	29%	21%	27%	30%
YouTube	47%	51%	49%	42%	43%	54%	48%	47%	51%	44%	42%	53%	47%	55%	48%	45%	40%	49%	55%	47%	47%	43%	50%	46%	52%	46%	48%	51%	42%	47%	49%	41%	47%	47%	47%	49%	45%	45%	50%	52%	48%	39%	50%	43%	47%	50%
Newspaper	8%	7%	9%	7%	7%	7%	10%	7%	6%	11%	9%	9%	5%	3%	8%	8%	7%	8%	5%	8%	10%	7%	6%	10%	5%	7%	12%	8%	12%	6%	10%	7%	7%	8%	9%	8%	11%	10%	5%	8%	11%	16%	5%	7%	7%	10%
Talk radio	5%	4%	6%	5%	9%	2%	4%	4%	4%	8%	6%	4%	2%	4%	6%	5%	2%	6%	3%	5%	6%	3%	4%	7%	2%	6%	3%	4%	4%	5%	4%	9%	4%	4%	8%	4%	7%	8%	3%	7%	3%	9%	4%	5%	6%	4%
Podcasts	11%	10%	10%	11%	11%	10%	12%	10%	12%	11%	9%	12%	14%	11%	10%	12%	6%	12%	5%	11%	12%	9%	10%	11%	9%	11%	8%	14%	17%	11%	12%	8%	10%	10%	10%	13%	10%	13%	11%	10%	14%	13%	10%	10%	11%	10%
News media websites	17%	14%	20%	16%	14%	17%	23%	13%	21%	22%	16%	19%	25%	14%	17%	17%	15%	18%	15%	17%	18%	19%	13%	18%	16%	18%	17%	11%	19%	15%	17%	21%	14%	15%	18%	19%	13%	20%	19%	13%	23%	16%	18%	17%	18%	17%
Other websites	6%	6%	6%	6%	3%	9%	8%	4%	8%	8%	4%	7%	15%	7%	6%	6%	4%	6%	5%	6%	6%	10%	4%	5%	8%	8%	1%	3%	4%	6%	7%	7%	3%	6%	5%	8%	2%	2%	11%	4%	8%	2%	8%	7%	6%	6%
Unsure	4%	3%	4%	4%	1%	3%	2%	5%	1%	1%	3%	1%	4%	4%	2%	3%	4%	3%	5%	3%	2%	1%	2%	2%	3%	4%	1%	1%	0%	4%	3%	4%	5%	5%	2%	1%	2%	2%	2%	1%	2%	1%	3%	4%	1%	3%

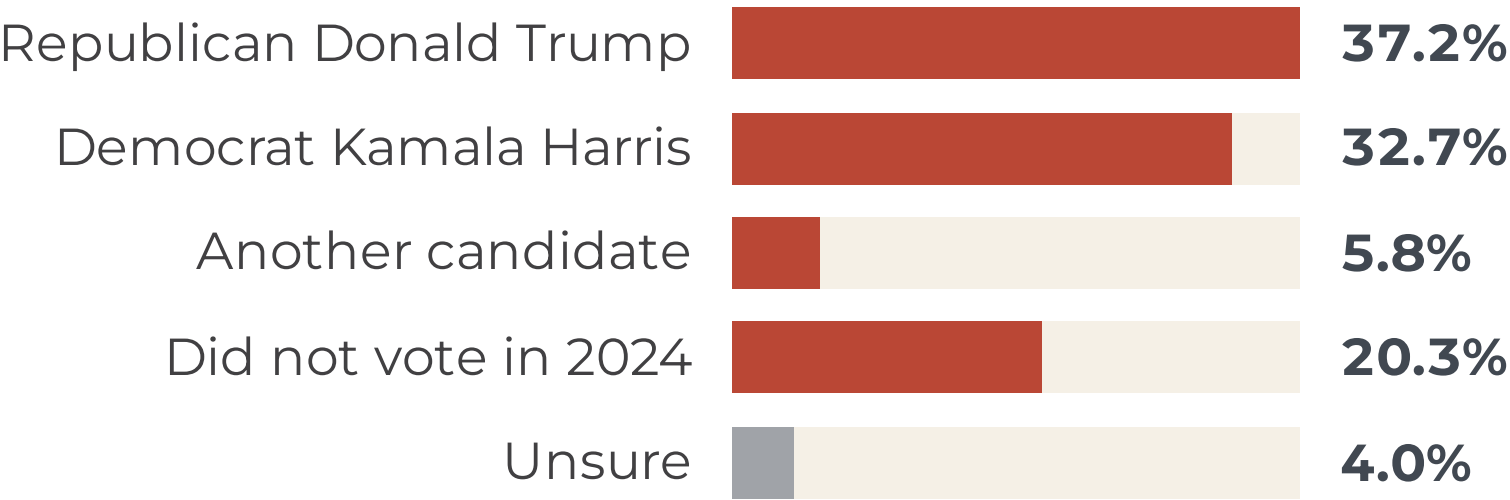
POLICY & THE VOTE

2024 RETRO
BALLOT

*Thinking back, who did you vote for in the
2024 election for President?*

Cite and link:

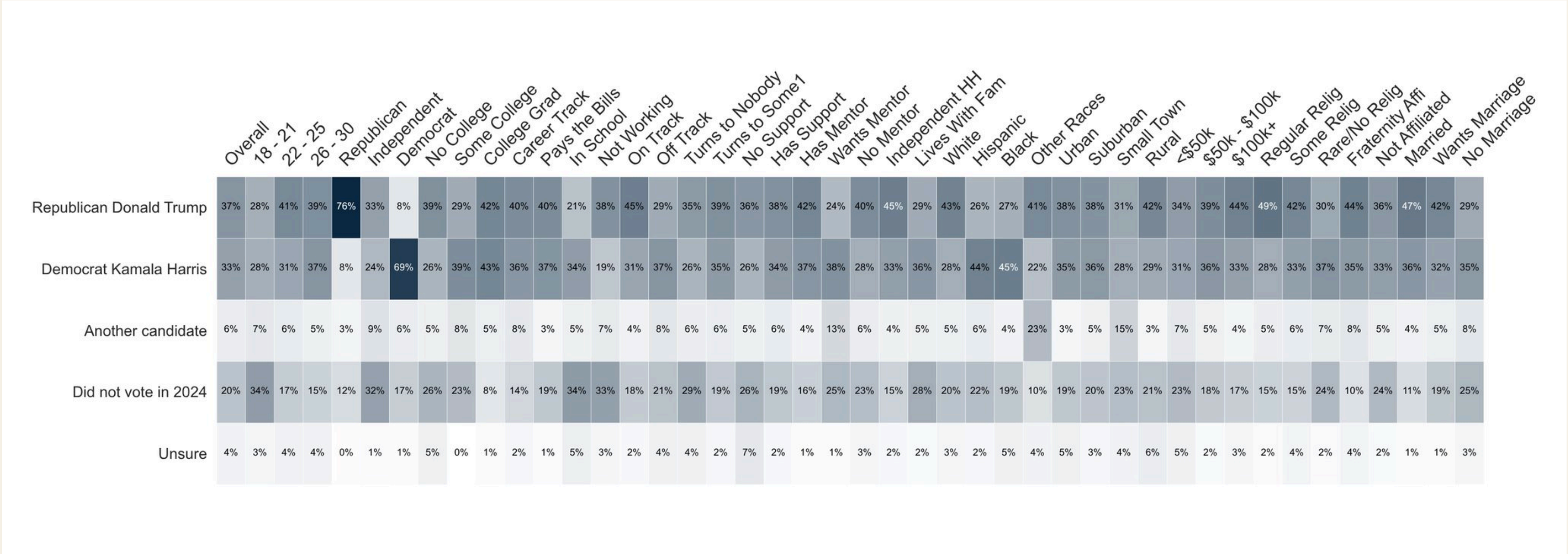
[youngamericanmen.com/data/2026/retro-
ballot-2024](http://youngamericanmen.com/data/2026/retro-ballot-2024)



POLICY & THE VOTE

2024 RETRO BALLOT: BY GROUP

Each column is a group of respondents; each cell is the share of that group giving each answer. Darker cells are higher.



VOTER SEGMENTS · % WITHIN EACH SEGMENT

VOTE INTENT & IMAGE (1 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Election Determination	TAR	CON	DYM
High determination	31%	11%	40%
Mid determination	41%	8%	37%
Low determination	26%	64%	21%
Unsure	2%	17%	1%

Generic Ballot (Combined)	TAR	CON	DYM
Republican ballot	92%	4%	3%
Democratic ballot	4%	13%	87%
No ballot preference	5%	84%	10%

Image: Donald Trump	TAR	CON	DYM
Favorable	76%	13%	9%
Unfavorable	21%	39%	90%
No opinion	3%	41%	1%
Never heard of	0%	7%	1%

VOTER SEGMENTS · % WITHIN EACH SEGMENT

VOTE INTENT & IMAGE (2 OF 3)

TAR Trump-Aligned Republicans (42%) **CON** Checked-Out Nonvoters (10%) **DYM** Democratic Young Men (47%)

Image: JD Vance	TAR	CON	DYM
Favorable	62%	17%	19%
Unfavorable	23%	27%	73%
No opinion	11%	40%	6%
Never heard of	4%	16%	2%

Image: The Republican Party	TAR	CON	DYM
Favorable	79%	9%	12%
Unfavorable	14%	32%	83%
No opinion	7%	47%	4%
Never heard of	1%	12%	1%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

VOTE INTENT & IMAGE (3 OF 3)

TAR Trump-Aligned Republicans (42%) **CON** Checked-Out Nonvoters (10%) **DYM** Democratic Young Men (47%)

Image: The Democratic Party	TAR	CON	DYM
Favorable	24%	17%	67%
Unfavorable	67%	28%	29%
No opinion	7%	42%	3%
Never heard of	2%	12%	1%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

LIFE STATUS, PRIORITIES & WORK (1 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Life On Track	TAR	CON	DYM
On track	64%	33%	52%
Off track	33%	36%	47%
Unsure	3%	32%	2%

Young Men Priority	TAR	CON	DYM
Earning enough to cover my costs	19%	9%	25%
Finding or keeping career-track work	10%	8%	8%
Affording a place of my own	13%	13%	10%
Paying down student loans / debt	6%	3%	5%
My physical health	16%	9%	13%
My mental health	14%	13%	20%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

LIFE STATUS, PRIORITIES & WORK (2 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Young Men Priority (cont.)	TAR	CON	DYM
Finding a long-term relationship	3%	6%	6%
Friendships and community	7%	2%	6%
Faith or a sense of purpose	11%	5%	6%
Unsure	1%	32%	2%

Work Situation	TAR	CON	DYM
Career track	52%	24%	50%
Pays the bills	25%	13%	27%
In school	6%	9%	7%
Not working	16%	28%	15%
Unsure	1%	27%	1%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

LIFE STATUS, PRIORITIES & WORK (3 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Living Arrangement	TAR	CON	DYM
On my own / roommates, paying own way	34%	17%	27%
With a spouse or partner	27%	9%	26%
With parents or other family	25%	42%	38%
Campus or university housing	6%	4%	4%
Military housing or barracks	3%	3%	2%
Something else	4%	10%	3%
Unsure	0%	15%	1%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

FINANCIAL CONTROL & SUPPORT NETWORKS (1 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Economic Control	TAR	CON	DYM
Has control	78%	57%	69%
Lacks control	21%	17%	31%
Unsure	0%	26%	0%

Turn To First	TAR	CON	DYM
My mother	19%	24%	19%
My father	13%	5%	11%
Another family member	10%	6%	9%
My spouse or partner	14%	4%	17%
A friend my own age	8%	6%	14%
A mentor, coach, or teacher	3%	1%	3%
A religious leader	2%	1%	2%
A therapist or counselor	2%	1%	2%
An online community or forum	2%	2%	4%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

FINANCIAL CONTROL & SUPPORT NETWORKS (2 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Turn To First (cont.)	TAR	CON	DYM
AI, like ChatGPT	10%	2%	6%
No one, I handle it on my own	16%	23%	12%
Unsure	1%	24%	1%

Close Support Count	TAR	CON	DYM
None	10%	20%	8%
One	18%	12%	21%
Two or three	53%	32%	50%
Four or more	17%	14%	15%
Unsure	2%	22%	6%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

FINANCIAL CONTROL & SUPPORT NETWORKS (3 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Friendship Formation	TAR	CON	DYM
Talking openly about personal things	21%	15%	18%
Over time, doing things together	38%	28%	41%
Both about equally	32%	11%	30%
No close male friendships	9%	24%	9%
Unsure	1%	22%	2%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

MENTORSHIP, MALE SPACES & ORGANIZATIONS (1 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Authority Figures	TAR	CON	DYM
Mostly men	31%	16%	26%
An even mix	48%	40%	54%
Mostly women	18%	6%	17%
Unsure	3%	39%	3%

Mentorship Presence	TAR	CON	DYM
Has mentor	58%	23%	56%
Wants mentor	16%	9%	19%
No mentor wanted	22%	21%	20%
Unsure	4%	47%	5%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

MENTORSHIP, MALE SPACES & ORGANIZATIONS (2 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Male Spaces	TAR	CON	DYM
School	19%	21%	19%
Work	52%	18%	46%
Sports or the gym	39%	24%	41%
Church or religious group	18%	8%	16%
A club or organization	16%	11%	17%
Nowhere really	15%	48%	21%

Organization Impact	TAR	CON	DYM
Yes	51%	20%	47%
No	42%	50%	46%
Unsure	7%	29%	7%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

MENTORSHIP, MALE SPACES & ORGANIZATIONS (3 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Organization Type	TAR	CON	DYM
A sports team or athletic club	18%	9%	18%
A college fraternity	4%	12%	3%
A church or religious group	30%	19%	19%
Scouting or another youth program	5%	6%	6%
The military	3%	11%	3%
A job, apprenticeship, or trade program	16%	19%	17%
A school club or academic org	8%	0%	14%

Organization Type (cont.)	TAR	CON	DYM
A volunteer or service org	10%	9%	13%
Something else	6%	15%	6%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

FRATERNITY, FAITH & HOW MEN ARE SEEN (1 OF 2)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Fraternity Membership	TAR	CON	DYM
Yes, currently a member	10%	6%	6%
Yes, previously a member	20%	7%	16%
No, but would consider	27%	15%	32%
No, never and would not	40%	42%	44%
Unsure	3%	30%	2%

Faith Talk	TAR	CON	DYM
Often	26%	9%	16%
Sometimes	39%	28%	35%
Rarely	19%	19%	31%
Never	10%	20%	13%
No close male friends	5%	24%	5%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

FRATERNITY, FAITH & HOW MEN ARE SEEN (2 OF 2)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Faith Formation Source	TAR	CON	DYM
Church or a religious leader	38%	18%	24%
Family	33%	13%	24%
Friends	18%	9%	16%
Podcasts or YouTube	19%	7%	20%
Social media	20%	13%	17%
Books or reading on my own	19%	16%	24%
Somewhere else	4%	8%	5%
I don't look for this	7%	35%	18%

Rules Work For Me	TAR	CON	DYM
For someone like me	51%	14%	49%
Against someone like me	43%	27%	47%
Unsure	6%	60%	4%

Worth Investing In	TAR	CON	DYM
People worth investing in	50%	22%	48%
A problem to be managed	41%	21%	43%
Unsure	10%	57%	9%

EXPECTATIONS, IDENTITY & WORK FIT (1 OF 2)

TAR Trump-Aligned Republicans (42%) **CON** Checked-Out Nonvoters (10%) **DYM** Democratic Young Men (47%)

Expectations Of Men	TAR	CON	DYM
Make good money	58%	42%	61%
Protect and take care of them	46%	28%	45%
Split things fifty-fifty	19%	14%	26%
Be fun to be around	42%	21%	44%
Open up about their feelings	30%	17%	39%
Be ambitious and driven	35%	24%	46%
Step back so women have opportunity	27%	9%	31%
Unsure	4%	34%	2%

Stand Out Or Fit In	TAR	CON	DYM
Standing out	53%	32%	55%
Fitting in	39%	22%	37%
Unsure	7%	46%	8%

Job Prospects As A Man	TAR	CON	DYM
Being a man helps	40%	11%	40%
Makes no difference	35%	43%	37%
Being a man hurts	21%	8%	20%
Unsure	3%	37%	4%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

EXPECTATIONS, IDENTITY & WORK FIT (2 OF 2)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Out Of Place Fields	TAR	CON	DYM
Nursing and healthcare	32%	29%	30%
Teaching and education	21%	24%	24%
Childcare and early childhood	28%	23%	37%
Social work and counseling	24%	23%	27%
Arts, design, and music	22%	14%	24%
Languages and the humanities	26%	22%	22%
Skilled trades and construction	19%	17%	18%
Technology and engineering	22%	12%	21%

Out Of Place Fields (cont.)	TAR	CON	DYM
Finance and banking	17%	20%	26%
None of these fields	12%	8%	13%
Unsure	4%	30%	3%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

TRADES, FAMILY PLANS & POLICY IMPACT (1 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Trade Job Desire	TAR	CON	DYM
Something I would want for myself	35%	21%	29%
Would take if I had to, not what I want	31%	18%	42%
It is not for me	14%	20%	14%
Already work in a skilled trade	16%	6%	11%
Unsure	3%	35%	3%

Family Trajectory	TAR	CON	DYM
Want marriage, confident I will	33%	20%	30%
Want marriage, don't see it happening	26%	11%	26%
Not sure whether I want marriage	19%	21%	19%
Marriage isn't something I want	9%	13%	13%
Already married	10%	4%	9%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

TRADES, FAMILY PLANS & POLICY IMPACT (2 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Family Trajectory (cont.)	TAR	CON	DYM
Unsure	2%	31%	2%

Children Plans	TAR	CON	DYM
Something I want for myself	38%	22%	34%
Feel obligated to do	18%	6%	15%
Not something I plan on	22%	25%	32%
Already have children	17%	7%	13%
Unsure	6%	40%	6%

Policy Direction Impact	TAR	CON	DYM
Making housing cheaper	32%	27%	33%
Paid apprenticeships for trades	17%	9%	15%
Cutting college cost / student debt	17%	2%	20%
More entry-level jobs, no degree	18%	12%	19%
Lowering grocery / everyday costs	34%	33%	44%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

TRADES, FAMILY PLANS & POLICY IMPACT (3 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Policy Direction Impact (cont.)	TAR	CON	DYM
Better mental health care access	17%	12%	21%
Tax cuts at my income level	20%	10%	20%
Support for young fathers / families	19%	9%	14%
None would make a difference	3%	5%	2%
Unsure	2%	31%	1%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

VOTE DRIVERS, GOVERNMENT ROLE & NEWS (1 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Vote Driver	TAR	CON	DYM
Inflation and the cost of living	27%	11%	34%
Housing costs	15%	7%	14%
Jobs and the entry-level job market	11%	7%	7%
The war in Iran	4%	4%	9%
Tariffs and trade	6%	3%	6%
Immigration	10%	7%	9%
Health care costs	9%	4%	9%

Vote Driver (cont.)	TAR	CON	DYM
Student loans / cost of college	4%	4%	4%
Crime and public safety	9%	3%	5%
Unsure	4%	50%	3%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

VOTE DRIVERS, GOVERNMENT ROLE & NEWS (2 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Government Role	TAR	CON	DYM
A great deal more than now	35%	18%	39%
Somewhat more than now	32%	15%	28%
About what it is doing now	21%	4%	17%
Less than it is doing now	5%	7%	8%
Nothing at all	2%	11%	5%
Unsure	5%	46%	4%

News Source	TAR	CON	DYM
National broadcast TV news	18%	7%	20%
Local broadcast TV news	10%	7%	14%
Cable news	19%	11%	18%
Streaming app(s)	17%	6%	12%
TikTok	29%	30%	28%
Facebook	29%	16%	17%
Twitter / X	25%	25%	29%
YouTube	47%	29%	50%
Newspaper	7%	3%	9%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

VOTE DRIVERS, GOVERNMENT ROLE & NEWS (3 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

News Source (cont.)	TAR	CON	DYM
Talk radio	7%	2%	4%
Podcasts	11%	4%	12%
News media websites	11%	10%	23%
Other websites	3%	5%	9%
Unsure	1%	26%	2%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

2024 VOTE & DEMOGRAPHICS (1 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

2024 Retro Ballot	TAR	CON	DYM
Donald Trump	72%	10%	12%
Kamala Harris	8%	10%	60%
Did not vote in 2024	15%	47%	20%
Other	6%	33%	8%

Partisanship	TAR	CON	DYM
Republican	70%	6%	5%
Independent	23%	40%	30%
Democrat	6%	8%	64%
Unsure	2%	46%	2%

Age Range	TAR	CON	DYM
18 - 21	22%	35%	22%
22 - 25	36%	27%	32%
26 - 30	42%	38%	47%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

2024 VOTE & DEMOGRAPHICS (2 OF 3)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Ideology	TAR	CON	DYM
Conservative	59%	13%	8%
Moderate	31%	23%	32%
Liberal	9%	2%	59%
Unsure	2%	63%	1%

Community Type	TAR	CON	DYM
Rural	22%	24%	14%
Small town	21%	19%	18%
Suburban	36%	30%	42%
Urban	20%	27%	26%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

2024 VOTE & DEMOGRAPHICS (3 OF 3)

TAR Trump-Aligned Republicans (42%) **CON** Checked-Out Nonvoters (10%) **DYM** Democratic Young Men (47%)

Income	TAR	CON	DYM
Under \$50k	43%	60%	43%
\$50k - \$100k	36%	17%	36%
\$100k+	20%	14%	19%
Unsure	1%	9%	1%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

DEMOGRAPHICS (CONT.) (1 OF 2)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Religion	TAR	CON	DYM
Catholic	25%	14%	22%
Mainline Protestant	14%	2%	7%
Evangelical	21%	9%	12%
Not religious	17%	31%	35%
Other	23%	44%	25%

Religious Attendance	TAR	CON	DYM
Regular attender	32%	14%	22%
Some attendance	26%	13%	22%
Rare attendance	20%	15%	20%
Never attends	18%	29%	34%
Unsure	4%	29%	1%

VOTER SEGMENTS • % WITHIN EACH SEGMENT

DEMOGRAPHICS (CONT.) (2 OF 2)

TAR Trump-Aligned Republicans (42%) CON Checked-Out Nonvoters (10%) DYM Democratic Young Men (47%)

Relationship Status	TAR	CON	DYM
Single	66%	65%	64%
In a relationship	32%	19%	35%
Unsure	2%	16%	1%

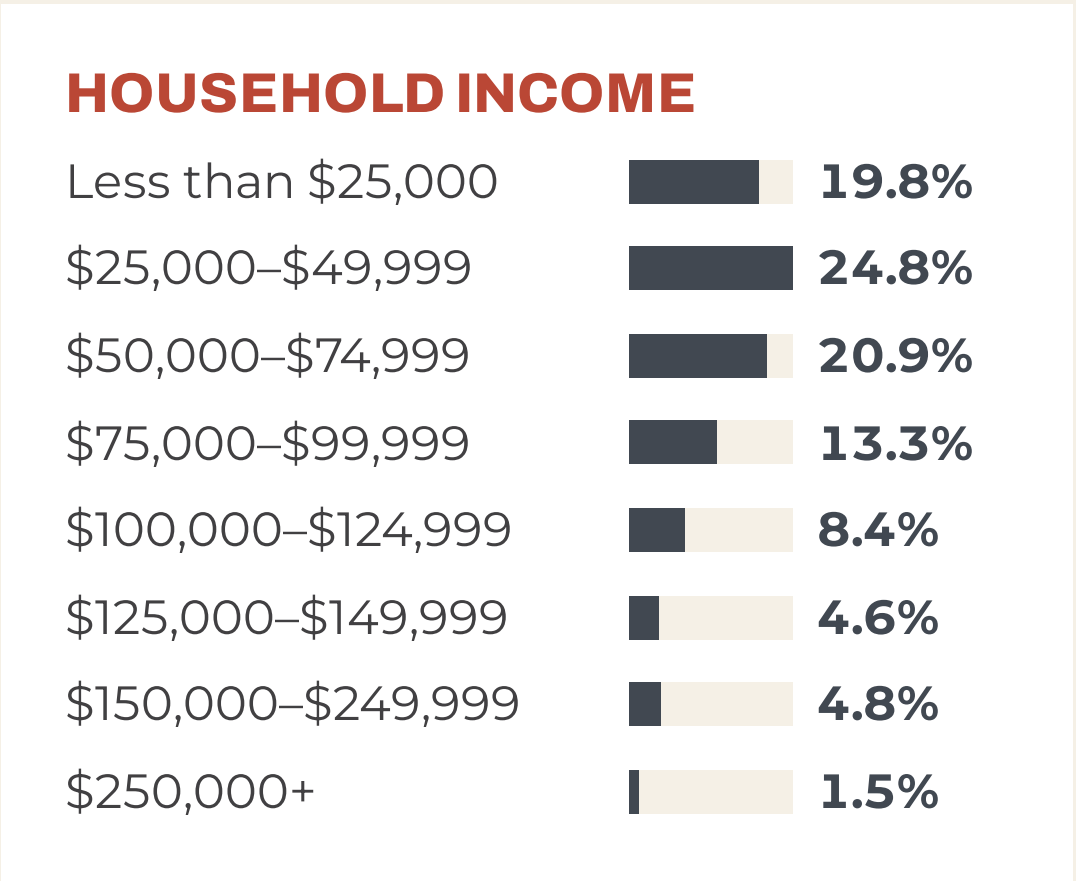
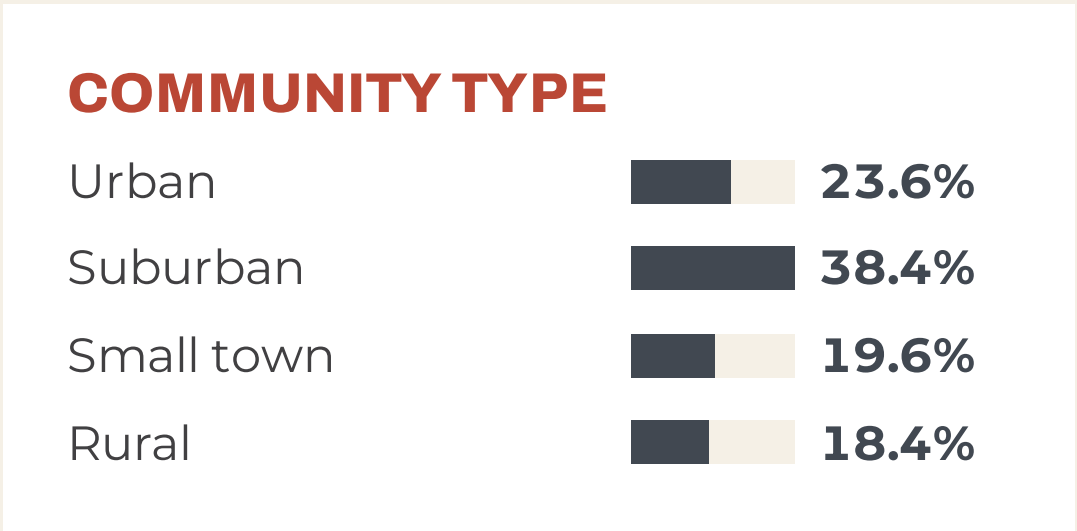
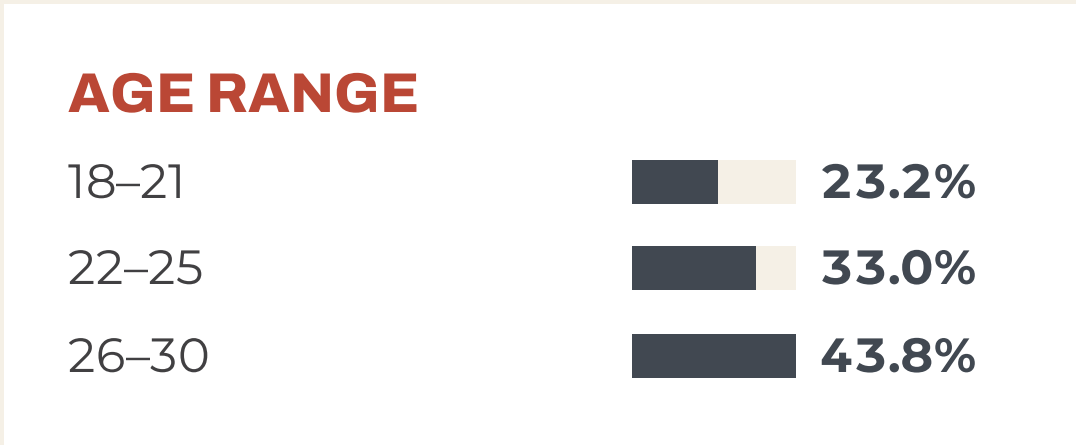
Race	TAR	CON	DYM
White	69%	51%	57%
Hispanic	14%	21%	22%
Black	11%	15%	14%
Other races	5%	12%	7%

Education	TAR	CON	DYM
No college	56%	74%	43%
Some college	18%	15%	27%
College graduate	26%	11%	31%

Census Region	TAR	CON	DYM
Northeast	16%	15%	16%
Midwest	21%	29%	20%
South	40%	35%	40%
West	23%	22%	24%

SAMPLE OF 800

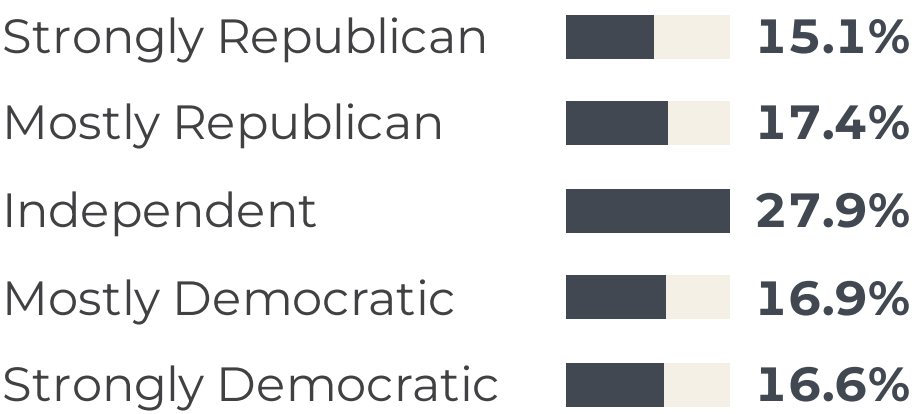
DEMOGRAPHICS (1 OF 3)



SAMPLE OF 800

DEMOGRAPHICS (2 OF 3)

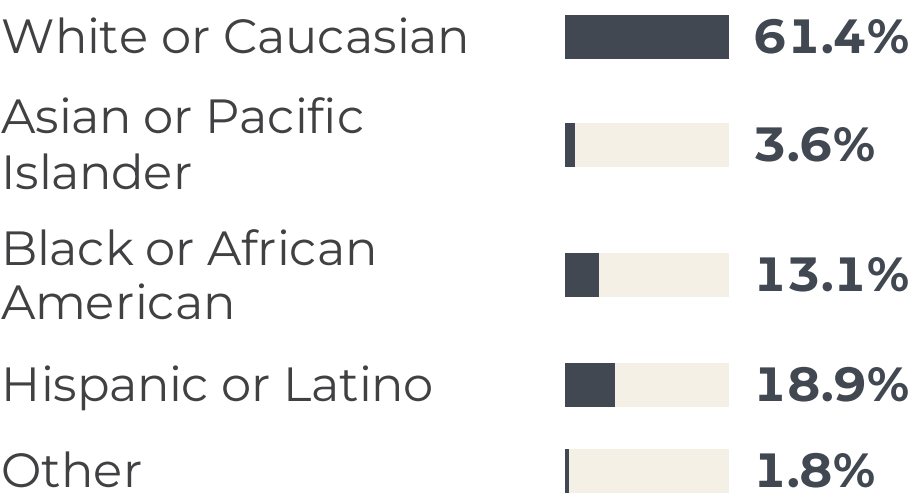
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EDUCATION LEVEL



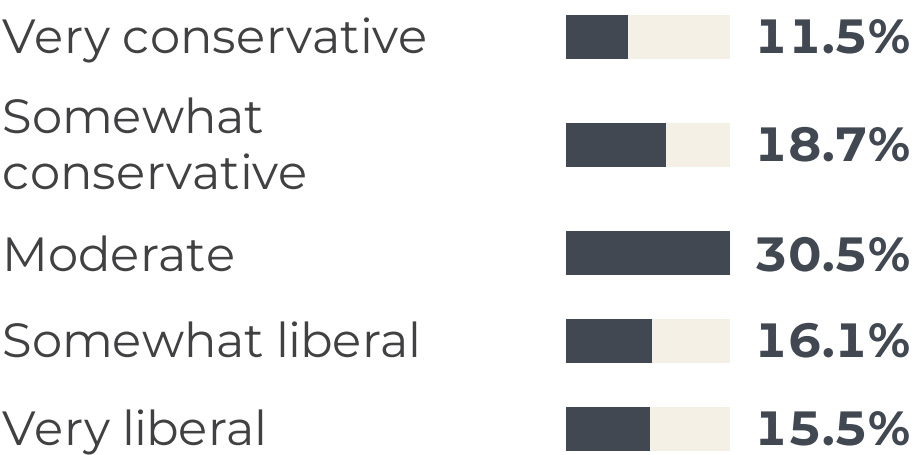
RACE / ETHNICITY



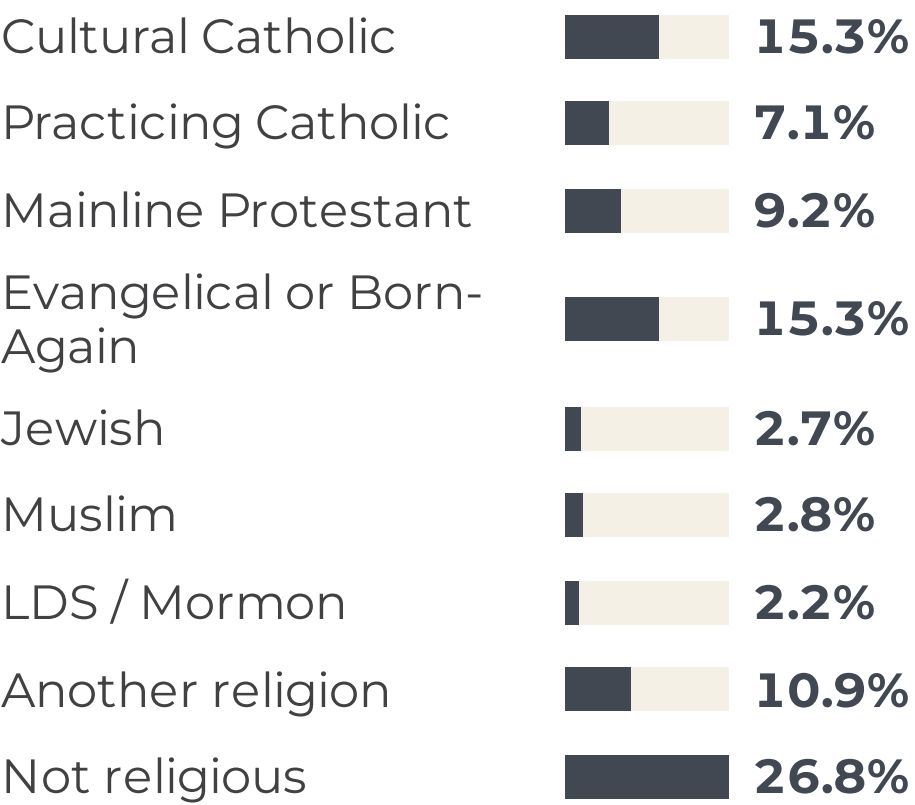
SAMPLE OF 800

DEMOGRAPHICS (3 OF 3)

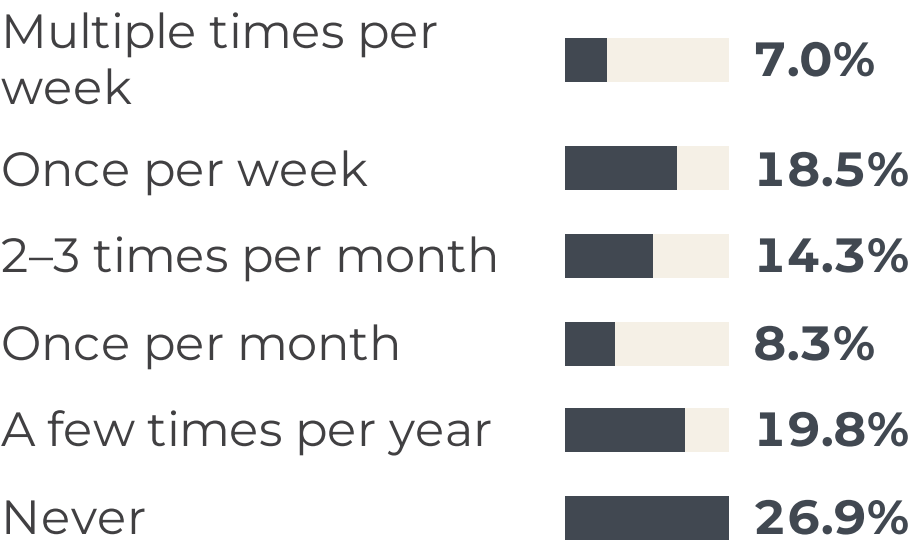
IDEOLOGY



RELIGION



RELIGIOUS SERVICE ATTENDANCE





ABOUT THE SURVEY

Commissioned by	The Lafayette Company
Fielded by	Cygnal
Field dates	September 15–18, 2026
Sample	800 registered voters, men aged 18 to 30, national
Margin of error	±3.46%
Released	September 24, 2026, at the Symposium on Young American Men
Cite as	Symposium on Young American Men, Young American Men Survey 2026, youngamericanmen.com/data/2026